

# LOOKS EAST

The Newsletter of the Rotary Club of Ipswich East - D1080 | 2025-26, Edition 3: 4th August 2025

## UPCOMING MEETINGS

Tuesday 5th August at 12:55pm  
**Speaker meeting: Penny Tottle -  
26 years in the Navy**  
*Menu: Cumberland ring  
D.R.: Catherine & Alan Forsdike*

Tuesday 12th August at 12:55pm  
**Speaker meeting: Sandra Cole -  
Community fundraiser for Kids Inspire**  
*Menu: Braised steak  
D.R.: Michelle Bevan-Margetts &  
Alison Baldry*

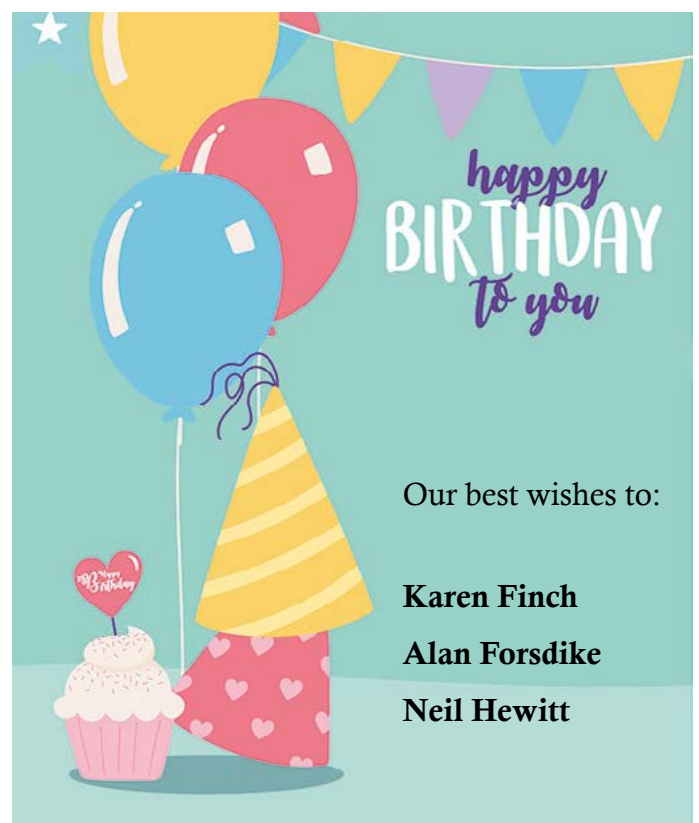
Ipswich Bowls Club

## CLUB OFFICERS 2024-25

<i>President</i>	Steve Flory
<i>Senior vice-president</i>	Steph Mackentyre
<i>Junior vice-president</i>	Eva Alcerreca
<i>Immediate past-president</i>	George Woodward
<i>Secretary</i>	Robin Needham
<i>Treasurer</i>	Neill Keveren
<i>Club service</i>	Steve Flory
<i>Community service</i>	Andy Lewis
<i>Foundation</i>	Bob Parker
<i>International</i>	Mark Murphy
<i>Vocational</i>	Ed Nicholls
<i>Almoner</i>	Alan Forsdike
<i>Environmental</i>	Lucy Trenchard

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## Mark Murphy - On Membership

By Mark Murphy

We've all agreed as a club that we need to be attracting more younger members, and this should not fall on one person but be a joint effort from all of us. We are one of the most successful Rotary Clubs in the UK, but to maintain that we must continue to recruit people; this has always been our policy.

The most successful way to recruit is to simply ask people we know, friends, colleagues, family members and anyone who you may think would make a great Rotarian.

To make it a bit more of an appealing prospect for new members, the club told me they wanted more things going on and not just lunches. We have good lunchtime meetings and good speakers but we could do with a few more bums on seats.

We already have a full programme of special projects which offer plenty of volunteering opportunities. You said you'd like more social events, but ones that don't necessarily cost a lot... plus more fun things.

We hope that by getting the committee system back up and running, we can address this with more varied sports events, vocational visits and social events like pub visits. This is nothing new, but has fallen by the wayside recently. We're not reinventing the wheel.

You mentioned we needed to look like Rotarians when we're out and about: Des is looking after any orders for polo shirts, fleeces, etc, so please contact him. It's important if we're out and about we can be easily identified if anything goes wrong, plus it's great PR.

Prospective new members will be looking at our website and socials to see a variety of things on offer. If you are helping at an event, please take some photographs or better still a little video, then Eva and Steph have plenty of material to showcase the variety of things we do.



*Mark Murphy. Photo: Cancer Support Suffolk*

We are exploring corporate membership, which is being pushed hard by RI. I'm hoping we can trial this with Karen and All About Hearing.

We'll be holding a new member's lunch event on September 23rd. New members can of course be brought along anytime, but preferably not business meetings. We'll aim to showcase what we do to anyone who may be interested on that day. Please let me know if you are bringing anyone along; you can book them in on Wild Apricot as non-paying guests. Prospective members don't have to pay (nor does the person introducing them).

We expect potential members to come along at least three times before joining. We also circulate their details to the club with a 7-day notice before joining.

We talked at Club Council about inviting Inner Wheel and partners to our lunches and events. Inner Wheel should have a standing invite to our events and the widows too. We're looking at getting them all on Wild Apricot. I personally think we have potential Rotarians amongst them. This will help with numbers particularly at lunches and will help those who can't attend lunches.

You also said you'd like to see some variety and

not just meet for lunch every week. In my year as President, we agreed to host the odd evening and breakfast meeting occasionally so that those who can't attend lunch can enjoy some fellowship.

Regarding new members, we have several people in the pipeline, but we should always be on the lookout for more good Rotarians to join the number one club in town, Ipswich East.

Please think about bringing someone into the club. It's the responsibility of all of us to see the club thrive.

Being a Rotarian has enriched my life in so many ways, and I know there are lots of people who'd feel the same if only they knew what we do.

I'm always grateful to hear your thoughts on membership and how we can improve the numbers and what we do to attract new Rotarians. You can reach me via phone or email. *[Editor's note: Mark's mobile number was not included due to GDPR reasons, as this newsletter is not limited to Club members only. Every member has access to it via the directory, so please check that for Mark's full contact details if needed.]*

## Sam Brook - Happiness Club

By Jack Earwaker

On Tuesday 15th July, our speaker was Sam Brook, who gave us some of her experiences when she lived for three years in Egypt, hoping for a good time!

She converted to Islam and had many jobs, including teaching English and starting a recruitment agency, but she was ripped off by her partner. Some of her comments caused much amusement - particularly for putting on weight because Egyptian men like plump ladies.

She was there in times of much public protesting against the dictator ruler whose troops responded with dense tear gas, which gave her considerable

pain. After Angry Friday, she became a vigilante, but when prisoners were released and they formed into armed groups causing the public more problems, she decided it was time to return to England in 2011.

She then decided to write and publish a book of her experiences. A few members bought a copy.

"In Egypt, there is very good and very bad, but little in between."

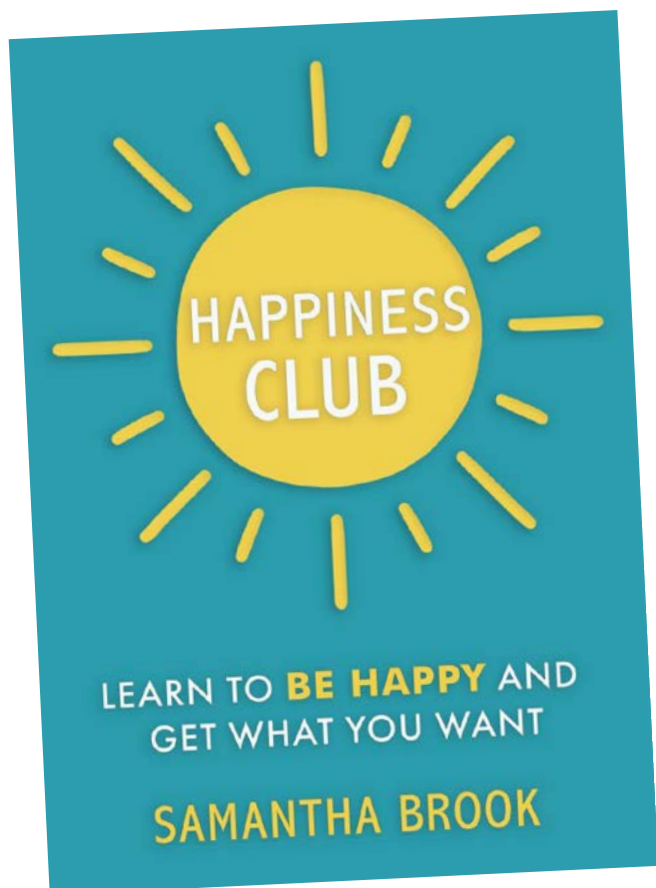
Bill Robinson gave the vote of thanks on behalf of the Club.

For anyone interested in checking out Sam's book, you can get it from Amazon.

Sam's website is: <https://happiness-club.co.uk/>



Sam Brook. Photo: Chris Grover



# Annual President's BBQ

By Eva Alcerreca

Another wonderful evening was enjoyed at Bill and Monica's farm in Tuddenham last Friday 25th July, when we had our Annual President's BBQ.

We had perfect weather, excellent food and, of course, wonderful company, as always. President Steve had a few words of thanks, first of all, to our hosts, but also to everyone who contributed with a salad or dessert, to the chefs Bob and Toby, and of course to John Hutton, the stalwart barman of every event.







# A Celebration of Ipswich East Rotary Club

By Steve Flory

[Intro by Editor: Last Tuesday 29th July, instead of a normal fifth Tuesday event, the Club held 'A Celebration of Ipswich East Rotary Club' at La Loca Restaurant in Felixstowe. President Steve was kind enough to send his speech to this newsletter so that those of us who couldn't attend the event still got to find out what the evening was about - minus the speeches from other people, because I don't have those!]

Welcome everyone to a night of celebration of Ipswich East Rotary club! This Club was chartered in 1971 and John Mitson was the first President.

What else happened in 1971?

- The first email was sent by Ray Tomlinson
- Ibrox Disaster: On January 2, a tragic crowd crush at Ibrox Stadium in Glasgow
- Apollo 14 landed on the moon
- Joe Frazier Defeats Muhammad Ali at Madison Square Garden
- Elon Musk and Snoop Dogg were born



- Jim Morrison and Louis Armstrong died
  - A gallon of petrol cost 34p, a Ford Cortina car £968, a pint of beer 16p, a bag of crisps 3p, and a Vesta beef curry with rice was 20p for 2 people!
- I will let thank sink in for a minute!

On your tables is a list of all those founder members who set up what we all happily call Ipswich East Rotary Club as it stands today. Some have sadly passed away, and any connection to them remains in our memories. Some are still ever present and indeed some are here tonight, either in the flesh or with the help of technology.

We wouldn't be here tonight without them, and to honour that achievement, I would like to ask the following people to stand: Lewis Tyler, Jack Earwaker, Bill Pipe, along with Jo and Jem on behalf of Tony Doncaster, Catherine Forsdike on behalf of Dick Jeffery, Ed Nicholls on behalf of his Dad Arthur Nicholls, and Joy on behalf of Keith Harris, as well as Zena Steward for Mike, so we can present them with these awards. We now have hopefully a similar presentation happening at Richard Porter's care home, ably assisted by Mandy. Plus, we have a similar thank you to go to Bob Dunnett. Can I ask you all to



stand for a round of applause for the Founders?

Two things have remained a constant for most of the journey from 1971 to today: one, the Orwell Challenge and, two, our work in the community. These two themes are currently headed up by John Button and Andy Lewis, who are now going to give us a reminder of what has been achieved over the years. *[John Button and Andy Lewis' speeches]*



As you well know, we have made a huge difference to our community and local charities over many years, and I thank you all for that.



We have a very special treat to finish off the night. Tonight has been a celebration of our long standing achievements, but now I feel it is time to cast our memories back to the achievement of one of our senior members who has been heavily involved with our Club since its early days. This man only agreed to come tonight after much persuasion and cajoling!



He was our Sports Officer for many years and arranged all our Sporting activities including golf and shooting – both of which he is pretty good at... although I did beat him in the golf a few years ago. In addition, he managed all aspects of producing the club membership card, from scheduling all the multitude of yearly changes to instructing the printer and then distributing the final product



to the club members, including those who rarely attended club meetings. He has always been a mainstay in supporting the activities of the club. To many, he has been a friendly face - but to those who know him and are lucky enough to consider him a friend, whenever they've had any issues - health or otherwise - he has been and is the best and most faithful and trustworthy friend: from visiting the poorly to helping with transport for hospital appointments, to giving honest advice, the list is endless, though he never asks for help himself.

This man is Allan Gosling.

Many of our older members may know that Allan lost his wife to Leukaemia well over 50 years ago, and at that time there was very little treatment and no hope of a cure. Shortly after her passing, he set up the Ipswich branch of Leukaemia UK and his biggest hope is to see a cure before he dies. With his team of fund raisers, back in the day they organised many events, from full evening balls (which many of you may remember) to raffles, quiz nights and anything else you can imagine. They have managed to raise a considerable amount of money for the charity over the years, which is now known as Blood Cancer UK.

Tonight, we are lucky to have Helen Causer, the Senior Regional Relationships Manager of Blood Cancer UK with us, and she is going to say a few words on the work Allan and his team have done and what it means to many people still suffering now.

*[Helen Causer's speech]*

Thank you, Helen. And now, a very special moment for the Club. Allan, would you join me please? I am honoured to present you with a Paul Harris Emerald award for your commitment to Rotary, Leukaemia research and for being an all-round good egg !



You are not under any obligation to say a few words, but the floor is yours should you wish.

*[Allan's speech]*


Let's end the night with a special round of applause for Allan.



## From the vault

Via Bill Pipe

Bill had a dig through some old Club items, and came across this, so have a look!

<p style="text-align: center;"><b>Officers</b></p> <p><i>Interim President</i> JOHN D. MITSON  <i>Interim Vice-President</i> JOHN L. PALMER  <i>Interim Second Vice-President</i> DONALD SIMPSON  <i>Interim Hon. Treasurer</i> W. HOLLIS DRAKE  <i>Interim Hon. Secretary</i> ARTHUR H. NICHOLLS</p> <p style="text-align: center;"><b>Members</b></p> <p>GERALD WILLIAM BARNES  ERIC ARTHUR BEER  KEITH ROBERTSON BROWN  DAVID GEORGE ROBERTSON CAMPBELL  DOUGLAS BARRETT CAMPBELL  DONALD JOE LUM CHANWAI  ROBERT ANTHONY DONCASTER  WILFRED HOLLIS DRAKE  ROBERT J. DUNNETT  JACK FARWAKER  PETER JOHN ELSOM  ROBERT J. EVERETT  PETER L. GRAY  KEITH HARRIS  DAVID HUTCHINSON  DEREK GEORGE JARMAN  RICHARD H. JEFFERY  H. DENNIS JONES  JOHN DANE MITSON  ARTHUR HERBERT NICHOLLS  JOHN ARTHUR PALMER  MICHAEL ARTHUR PHILPOT  WILLIAM L. PIPE  RICHARD ARTHUR PORTER  DAVID K. REAVELL  DONALD SIMPSON  GORDON HOWARD SMITH  MICHAEL STEWARD  LEWIS J. TYLER  HILARY UPWARD</p>	<div style="text-align: center;">  <p>Rotary International in Great Britain and Ireland</p> </div> <p style="text-align: center;"><b>Interim Rotary Club of Ipswich East</b> DISTRICT 108</p> <p style="text-align: center;"><b>Inaugural Meeting</b></p> <p style="text-align: center;">GOLDEN LION HOTEL IPSWICH</p> <p style="text-align: center;">Tuesday 29 June 1971</p> <p style="text-align: center;">7.00 pm for 7.30 pm</p>
<p style="text-align: center;"><b>Menu</b></p> <p>PÂTÉ MAISON</p> <p>ENTRECÔTE STEAK GARNI</p> <p>FRUIT SALAD OR CHEESE</p> <p>COFFEE</p>	<p style="text-align: center;"><b>Order of Proceedings</b></p> <p><i>Chairman</i> Rotarian FRANK RILSTONE District Governor 108</p> <p>THE LOYAL TOAST</p> <p><i>Roll Call of Clubs Represented</i> Rotarian BERT BUTLER District Extension Officer Past District Officer 108</p> <p><i>Introduction of Prospective Members</i> Rotarian BUDGE BURGESS Past District Governor 108</p> <p><i>Address to the proposed Founder Members</i> THE DISTRICT GOVERNOR</p> <p><i>Resolution to form the Interim Club of Ipswich East</i> Proposed by JOHN MITSON Seconded by JOHN PALMER</p> <p><i>Declaration by the Chairman of the due Formation of the Interim Club</i></p> <p><i>Presentation of Club Officers</i> Rotarian JACK ANNIS</p> <p><i>Toast to the Interim Club</i> Proposed by Rotarian R. H. I. JACKSON President of the Rotary Club of Ipswich</p> <p><i>Response by Interim President</i> JOHN MITSON</p> <p><i>Final Toast</i> Rotary the World Over</p>

## Upcoming event: RC Ipswich Wolsey - Europa Clipper Talk



**A Voyage of Discovery:  
Europa Clipper's Search For Life**

*A talk by Professor Carly Howett (Oxford)  
and Jon Pineau (Stellar Solutions).*

- **Saturday 6th September 2025 at 2.30pm**
- **Suffolk One, Scrivener Drive, Ipswich IP8 5SU**
- *Free Parking*

**Tickets £15**



Scan Here To Purchase

Image courtesy of NASA/JPL

**All net proceeds will benefit local charities of the Rotary club of Ipswich Wolsey**

The Rotary club of Ipswich Wolsey is proud to announce and welcome you to the third in a series of space-related talks.

The subject will be the mission of the Europa Clipper and its search for the building blocks of life on Europa, a moon of Jupiter.

Our speakers, both eminent in their respective fields are: Professor Carly Howett of Oxford University and Jon Pineau of Stellar Solutions. Both have worked on a number of previous space missions, and Carly frequently appears on television and radio.

The aim of this talk, as previously, is to present information in an understandable and visual format and in that aim we are greatly assisted by the use of

Suffolk One and their main lecture theatre.

The talk will be given at 2:30pm on Saturday 6th September 2025 and there is free parking at the venue, which is Suffolk One, Scrivener Drive, Ipswich IP8 5SU. Doors open at 2:15pm.

This is a ticket-only event with tickets at £15 each being available from Ticket Tailor on the following link:

<https://buytickets.at/europaclipper/1734338>

The proceeds of this event will go to charity, as the Rotary club of Ipswich Wolsey is proud to support community activities and local charities.

We look forward to seeing you there!

## ONGOING COLLECTIONS

Remember we have an ongoing collection of ring pulls, as well as ink cartridges, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.



**John Button** is still collecting postage stamps (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

**The Ipswich Rotary Club** is collecting spectacles, which get forwarded to SpecSort York. After sorting and grading them, they're taken to Africa. Please contact Peter Rogers at: [peterrogers327515@gmail.com](mailto:peterrogers327515@gmail.com).



## DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
5th August	Alan Forsdike Catherine Forsdike	Cumberland ring
12th August	Michelle Bevan-Margetts Alison Baldry	Braised steak
19th August	Elizabeth Hughes Ray Walters	Lasagne, chips and salad
26th August	Eva Alcerreca Nigel Farthing	Chicken Chasseur
2nd September	Roger Gilles Peter Shepherd	TBC

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Robin as well as Steph Mackentyre of any changes.

\*Dietary requirements/Vegetarian option available upon request, please contact Steve Flory at [info@inviewpublicity.co.uk](mailto:info@inviewpublicity.co.uk)

# ANNOUNCEMENTS

If anyone is feeling charitable, then please could you consider helping a good friend of mine, ex Speedway rider John Curtis for a fantastic charity, East Anglia's Children Hospice?

He has done some amazing things for charities before, but this one, he must be barking mad. From Riga, Latvia, to Ipswich - over 12,000 miles - he must be absolutely nuts! And without any back-up support, purely on his Todd!

- Jem Doncaster



**each**

East Anglia's  
Children's Hospices

**RIDE HOME FROM  
RIGA**

Please support John Curtis as he cycles from Riga, Latvia to Foxhall Stadium, Ipswich to raise money for East Anglia's Children's Hospices.

The challenge will see him leave the day after the Latvian Speedway Grand Prix on the 3rd of August and cycle more than 1,200 miles, to arrive home in time to see the Ipswich Tru7 Group Witches race against the Belle Vue Aces 12 days later.

To find out more, donate and to show your support, please visit the Just Giving Page using the link below or by scanning the QR Code.

[www.justgiving.com/page/ridehomefromriga](http://www.justgiving.com/page/ridehomefromriga)



 [ridehomefromriga@gmail.com](mailto:ridehomefromriga@gmail.com)  [ridehomefromriga](https://www.instagram.com/ridehomefromriga)



# Rotary



## Rotary Club of Felixstowe

### Charity Golf Day

Friday 29th August 2025

18 Hole Stableford Competition

Handicap limits: Gentlemen 24 and Ladies 36

Entry Fee per Team of Four £300

Sponsorship - £30 per hole playing teams

£50 per Hole nonplaying Sponsors

— Prizes —

Best individual Stableford points 1st 2nd 3rd

Best Team's Stableford points - 3 out of 4 on each hole to count

Longest drive on 2nd - Nearest the pin on 12th

Fee includes Coffee and Bacon Baps on arrival  
plus a Fish & Chip Supper on completion



# A Voyage of Discovery: Europa Clipper's Search For Life

*A talk by Professor Carly Howett (Oxford)  
and Jon Pineau (Stellar Solutions).*

- **Saturday 6th September  
2025 at 2.30pm**
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- *Free Parking*

**Tickets £15**



*Scan Here To Purchase*

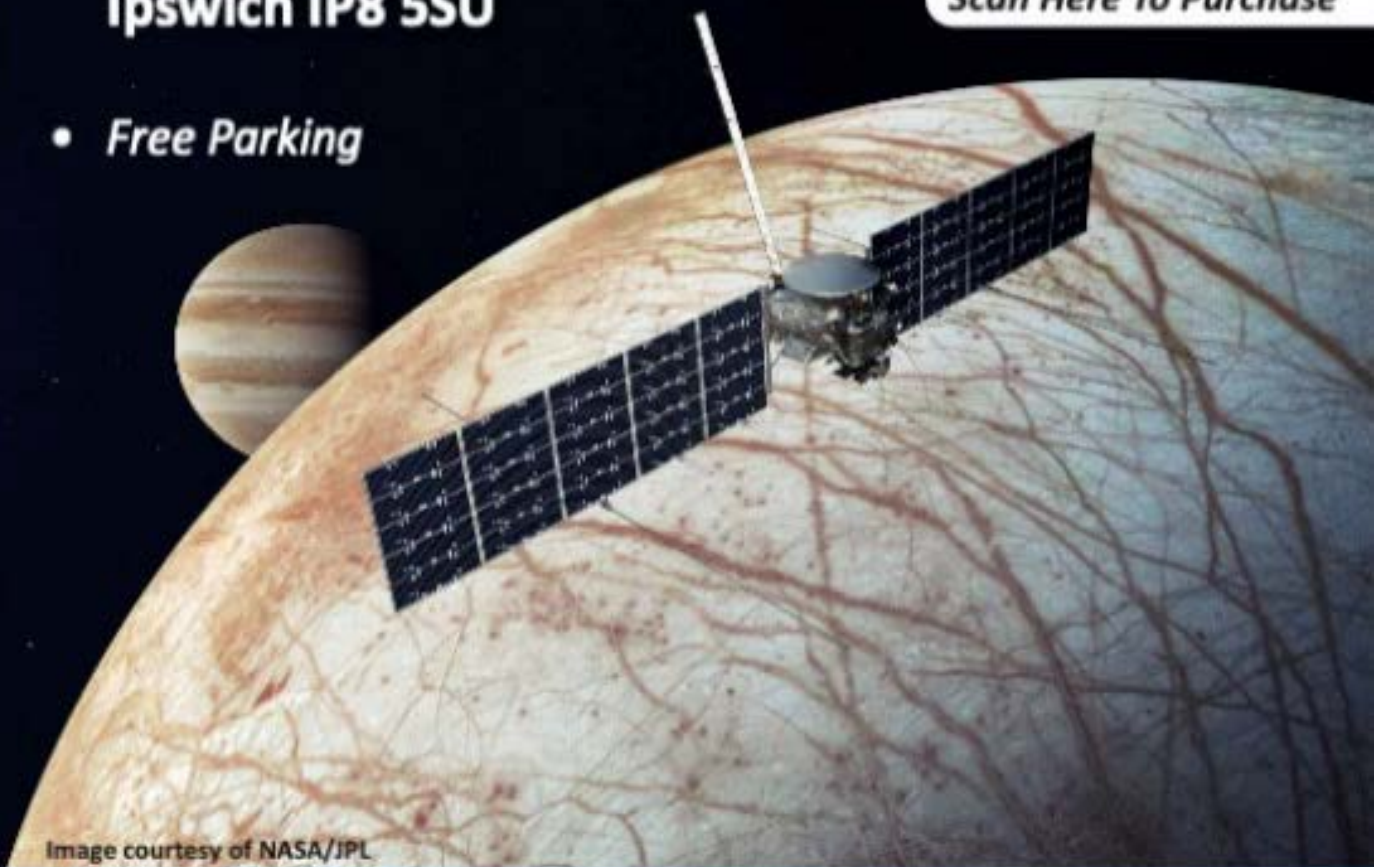


Image courtesy of NASA/JPL



**All net proceeds will benefit local charities  
of the Rotary club of Ipswich Wolsey**

# IPSWICH ROUND TABLE HALLOWEEN BALL

FUNDRAISING FOR THE IPSWICH TOWN FOUNDATION



## 31<sup>ST</sup> OCTOBER 2025

THE HANGAR - MILSOMS KESGRAVE HALL

## TICKETS AVAILABLE NOW

[IPSWICHRoundTable.co.uk](http://IPSWICHRoundTable.co.uk)



**IPSWICH TOWN  
FOUNDATION**



**ROUND  
TABLE**  
GREAT BRITAIN & IRELAND

PLATINUM SPONSOR



GOLD SPONSORS

Azpects  
The Home of *EASYJoint*



IJYI






THE  
**St Edmund's Day**  
 DINNER  
THE ROTARY CLUB OF BURY ST EDMUNDS ABBEY

**Join us for our third annual  
 black tie dinner**

In the superb venue of  
**St Edmundsbury Cathedral**  
**Wednesday 19<sup>th</sup> November 2025**

With guest speaker  
**MARK MURPHY MBE**

It shouldn't happen to a radio presenter !  
 Celebrate our town's patron saint with an auction &  
 entertainment and great networking opportunities  
 📧 [stedmundsdinner@gmail.com](mailto:stedmundsdinner@gmail.com)



**BUSINESS LEADERS LUNCH FOUNDERS**





## UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are (usually) welcome. Please contact the relevant club member and join in!

- **Cancer Support Suffolk Classic Car Show** - Monday 25th August 2025. Following the success of last year, your help is needed once again. If you can spare some time from 8:00am to midday or from 11:30am to 4:00pm please contact Pippa Graham email: [volunteermanager@cancersupportsuffolk.co.uk](mailto:volunteermanager@cancersupportsuffolk.co.uk) or call on 01473 211884.

- **One Big Multicultural Festival** - BSC Multicultural Services are looking for volunteers to help with their annual festival on Sunday 31st August in Alexandra Park, Ipswich. Volunteers are needed to help to marshall the stand-holders when they arrive. There will be no need to lift anything or put up marquees as that will have all been done the day before by IBC. The volunteers are needed from 8:30am - 11:30am (2 hours only) and are welcome to stay for the afternoon. Refreshments will be provided for them along with a high vis jacket for the morning. Please contact Andy Lewis if you can help.

- **Rotary night at the Proms (Senior Citizens**

**Concert)** - The concert will take place as usual at Copleston School, on the 24th of September. Planning is underway, volunteers are needed to help with transportation, refreshments and raffle. Please contact Andy Lewis if you can help.

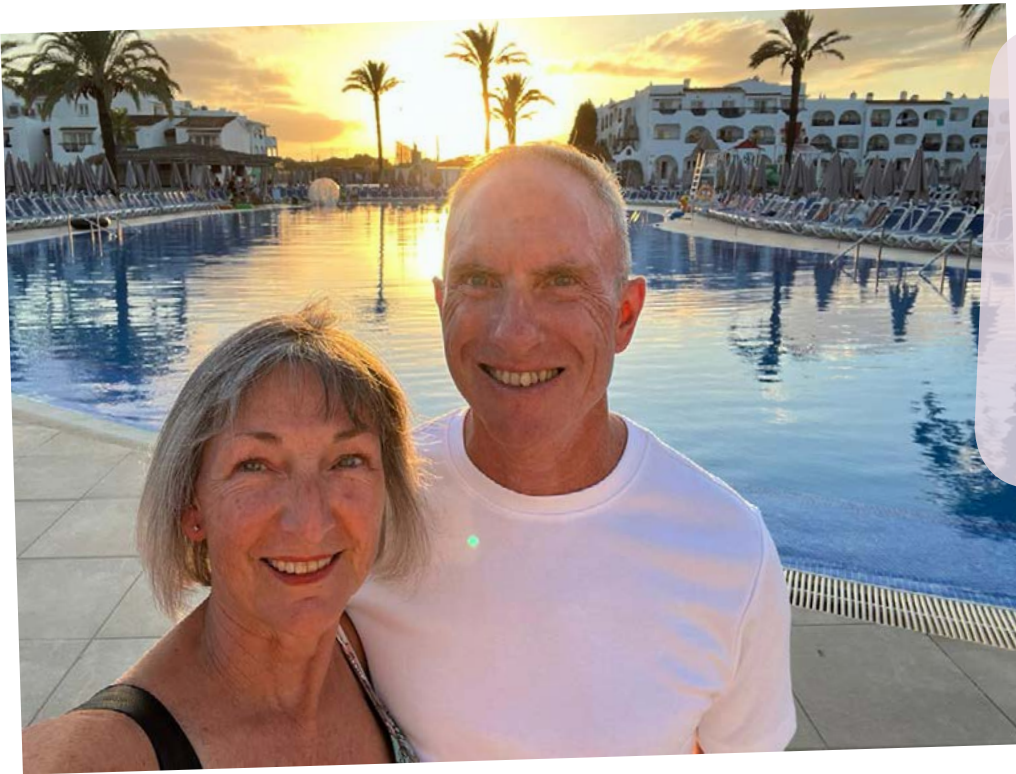
- **East Anglian Air Ambulance Open Day** - 21st September, Thetford. Volunteers needed, two shifts available: 7:00am to 1:00pm or 1:00pm to 5:00pm. Please contact Andy Lewis if you can help.

- **Greener Ipswich** has created a series of planters in Ipswich TC which need watering. The plan is to get rehabilitated prisoners to do this work in the longer term. Help is needed to drive a van with a tank of water in the back around the town to do the watering. Please contact Andy Lewis if you can help.

- **FareShare** - are in need of van drivers and stores people 2 hours per week or per month. Please contact Andy Lewis if you can help.

- **Community Action Suffolk** are looking for volunteers and to come to our Club to talk about the work they do. Please contact Andy Lewis if you can help.

## WHERE HAVE ROTARIANS BEEN?



Neil and Helen recently enjoyed a holiday in Majorca. Neil said: "Greetings from sunny, hot Majorca. Enjoying a week with the grandchildren and not missing the floods or the Orwell Bridge issues!"

In case you didn't know, Mick Rudkin and Dave Atkins play in their own covers band, and those eagle-eyed among us might spot a smiling George McLellan on the drums! He's the new addition to the band, and I have to say, he's very good! The photo was taken at Mick and Carol's annual bbq.



Welcome all again! Today, we dedicate this section to Liz Harsant, so without further ado, here it is.

- Editor Eva

## Liz Harsant: In Profile

1. *Name:* Elizabeth Harsant (known as Liz).

2. *Where are you from?*

I was born in Oxford and moved to just outside Leamington Spa and then came to Ipswich in the 1960's so I guess I am considered almost a native of Suffolk.

3. *Occupation (current or previous if retired):*

I worked most of my life in the Law but most recently I worked as a Caseworker for Tom Hunt, the MP for Ipswich.

4. *Member of Rotary since:* 2009/2010.

5. *Do you currently hold a position within the Club? If so, what is it?*

Yes, I'm the International Committee chairman.

6. *Tell us a bit about your personal life:*

I lived with my parents and sister in Bishop's Itchington, Warwickshire, had a wonderful free childhood with lots of animals, with our house being on a farm although we were not farmers. My father's job brought us to Ipswich when I was only 15 years of age, so it was a big wrench to leave my school and all my friends.

7. *What was your dream job when you were a kid?*

Veterinarian.

8. *What was your first job?*

My first job was with Hare & Pert Architects on Elm Street, Ipswich.

9. *A bit about your career or occupation:*

I trained as a shorthand typist at Miss Holme's Secretarial College and had a variety of jobs when I first left there, working for Hare & Pert, The Red Poll Cattle Society, The Newmarket Bloodstock Agency (to make up for not becoming a vet!) and then finally Gotelee &

Goldsmith, where I became secretary to Allan Gotelee, the Head Partner.

10. *Favourite tippie?* A large glass of white wine.

11. *Radio or TV?* I love the radio - R4 and R5 Live.

12. *What kind of music do you like?*

Classics and modern jazz... oh, and I like ABBA!

13. *What are your hobbies?*

I would say politics first, travelling, reading and my charity work.

14. *What is the thing you are most proud of?*

3 things: becoming Leader of Ipswich Borough Council, becoming President of the Rotary Club and becoming Chairman of Suffolk County Council.

15. *If you could travel back in time, what piece of advice would you give to 20-year-old you?*

**Don't underestimate what you can achieve through sheer hard work and determination.**



# ROLLING CALENDAR

Date	Event
5th August	<b>Speaker meeting: Penny Tottle - 26 years in the Navy.</b> Details and registration via Wild Apricot.
8th August	<b>Ipswich Club 2025 Golf Trophy.</b> Tee off 1:30pm, followed by evening meal. Open to all golfers, please contact Des Cunningham.
12th August	<b>Speaker meeting: Sandra Cole - Community fundraiser Kids Inspire.</b> Details and registration via Wild Apricot.
19th August	<b>Speaker meeting: Julie Johnson - History of Ipswich.</b> Details and registration via Wild Apricot.
24th August	<b>Cancer Support Suffolk Classic Car Show</b> - more information on page 17.
29th August	<b>RC Felixstowe Charity Golf Day</b> - more information on page 14.
31st August	<b>One Big Multicultural Festival</b> - BSC Multicultural Services are looking for volunteers. More information on page 17.

Date	Event
6th September	<b>Ipswich Wolsey RC organises the talk "A Voyage of Discovery".</b> More information on page 15.
16th September	<b>District Golf Day - Ely Golf Course.</b> Contact Des Cunningham if interested.
19th - 21st September	<b>Visit from German Twin Club of Bad Salzflun.</b> More details to follow.
21st September	<b>East Anglian Air Ambulance Open Day.</b> Please check page 17 for more information.
24th September	<b>Rotary Night at the Proms (Senior Citizens Concert).</b> Copleston School. Volunteers needed, please check page 17.
19th November	<b>Bury St Edmunds RC Black Tie Dinner.</b> See page 17 for more information.
11th December	<b>Rock 'n' Roll Panto - Beauty and the Beast.</b> More details to follow.

**At a glance:** If you want to get an idea of what we have going on when, make sure to check out the calendar page on our website: <https://www.ipswicheastrotyaryclub.co.uk/calendar/>

You will be able to see what kind of events we have coming up, and you can also check against that when organising activities to avoid any clashes.

And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

**iercnewsletter@gmail.com**

*The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 15th of August. Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials.*

— Editor

STAY PAWSITIVE!



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