

LOOKS EAST

The Newsletter of the Rotary Club of Ipswich East - D1080 | 2024-25, Edition 5: 27th August 2024

UPCOMING MEETINGS

Tuesday 27th of August at 12:55pm
Business meeting
Menu: Chicken skewers
D.R.: Bill Izzard & Andy Lewis

Tuesday 3rd of September at 12:55pm
Speaker meeting: Ben Brossman - charitable fundraising chip across Africa
Menu: Home-made quiche Lorraine
D.R.: Ed Nicholls & Elizabeth Hughes

Ipswich Bowls Club

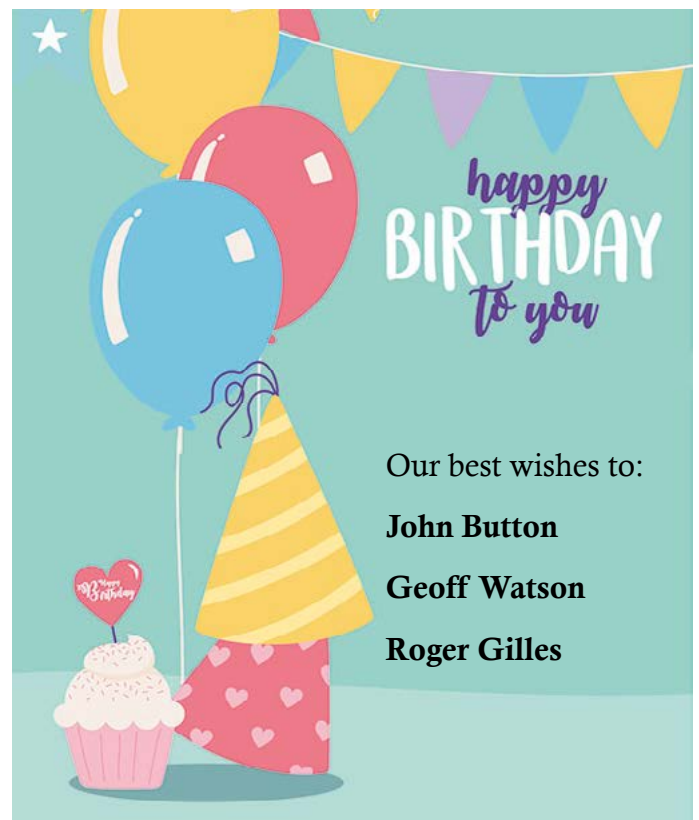
CLUB OFFICERS 2024-25

<i>President</i>	Ewan Dodds
<i>Sen vice-president</i>	Steve Flory
<i>Junior vice-president</i>	Steph Mackentyre
<i>Immediate past-president</i>	George Woodward
<i>Secretary</i>	Robin Needham
<i>Treasurer</i>	Neill Keveren
<i>Club service</i>	Steve Flory
<i>Community service</i>	Andy Lewis
<i>Foundation</i>	Bob Parker
<i>International</i>	Mark Murphy
<i>Vocational</i>	Ed Nicholls

ON THIS ISSUE...

Recent meetings and events	2
Announcements	4
Rolling calendar	5
Upcoming projects updates	5
Duty Rotarians and Lunch menu	6
Ongoing collections	6
Miscellaneous	7

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Henry Tapp - Suffolk Community Foundation

By Roger Gilles

Henry has presented the Suffolk Community Foundation to our club on at least one other occasion but, as the Foundation is celebrating its 20th year this year, it seemed very appropriate to welcome him back for an update and to introduce the Foundation to some of our newer members.

There are 46 accredited Foundations throughout the United Kingdom, with each Foundation serving the county where it's based. In total there are 2000 Foundations throughout the world. Essentially, each Foundation acts as a broker, bringing financial resources to non-profit local organisations and supporting a very wide range of local charities. Donations made to the Suffolk Foundation do not leave the county; unlike many charitable organisations, the donations received remain entirely within the county boundary and are not distributed to national organisations.

Suffolk is a generous county and last year the Suffolk Foundation was able to distribute £4.5 million pounds to a wide range of charities. As some of these have an annual budget of less than £10,000 a year, it's easy to see that the Foundation is a lifeline to many organisations that give small-scale but vital support to vulnerable and disadvantaged people.

Funds come from many sources; many local firms both large and small have made long-term commitments of support, the public sector makes regular contributions as do private philanthropists. Many of these contribute to an investment fund set up by the Foundation whereby the return on the capital provides funds for distribution. Investors can, if they wish, stipulate which area of need they wish their investment to support; Henry stressed that investments are non-returnable. The current



President Ewan and Henry Tapp, the speaker of our 13th August meeting

level of endowment of the Suffolk Foundation is around £23 million.

Although Suffolk is an affluent county, out of a population of 768,000, it is estimated that around 10% live in poverty. Problems addressed by the Grant Team at the Foundation are those of isolation, the cost of living crisis, domestic violence (1 in 3 calls to the Police involve domestic violence) and problems caused by 'county lines' drug dealing.

In response to a question, Henry agreed that the £23 million endowment could be spent immediately to try to resolve these problems but emphasised that the challenges we face are enormous and growing. In the long term, more people will benefit from the funds generated by investment which can be used to give grants to charities dealing with local problems on a day to day basis.



SUFFOLK
Community
Foundation

Professor Steven Abbot - Sticky Adhesion

By Allan Gosling

On 20th August, Professor Abbott talked of his life and of how the world is stuck together; cars, phones and all the things we now use in the world. Anything will stick to anything, as he demonstrated with the props he had with him.

He spoke of super glue and how it should be spread thinly to get the best results; he also told us about wood glue epoxy, and of the two part glue you mix together before use.

He then told us about the different types of tapes: T-Rex polymer and thin coat Teflon tapes. He then invited our President Ewan to tie him up in a seated position — hands, feet and mouth — with duct tape. I looked very secure, but the Professor escaped quite easily.

The vote of thanks was given by Norman Haines.



President Ewan and Prof. Steven Abbot

Disclaimer: No speakers were harmed in the making of this presentation

Editor's note — I must say, I had never received so many photos from a speaker's presentation before from so many sources! It is safe to say Prof. Abbot made quite an impression on the attendants (though we might have to warn future speakers that this is not how we normally treat them!).

ROTARY NIGHT AT THE P R O M S

Free concert featuring
Ipswich Over 50's Brass Band • Live comedy from Richard Whymark



Raffle and free refreshments!

Wednesday 25th September 2024
Copleston High School
7:00 - 9:15pm

Free tickets for over 60's.
To reserve, please contact:
David Knights
dknights53@sky.com
07734 456380

Rotary 
Club of Ipswich East

ROLLING CALENDAR

Date	Event
27th August	Business meeting. Details and registration via Wild Apricot.
3rd September	Speaker meeting: Ben Brossman - charitable fundraising chip across Africa. Details and registration via Wild Apricot.
4th September	Brave Futures paint project - Volunteers needed, please contact Andy Lewis.
4th September	American guests week (AGW): Welcome BBQ at Bill and Monica's in Tuddenham. Details and registration for all twinning events via Wild Apricot.
5th September	AGW: Trip to Sandringham.
6th September	AGW: Visit to The Hold and Wolsey-themed tour of Ipswich.
6th September	AGW: Orwell Lady boat trip.
7th September	AGW: Visit to Bawdsey Radar Museum.
8th September	AGW: Four Clubs BBQ at Venue 16.
9th September	AGW: Visit to Framlingham Castle and lunch at Castle Hotel.

Date	Event
10th September	AGW: Farewell dinner at Seckford Hall. Details and registration via Wild Apricot.
17th September	Speaker meeting: Kim Turner - Suffolk Accident Rescue Service. Details and registration via Wild Apricot.
18th September	Outdoor Bowling session at Bealings Bowls Club. Time to be confirmed, tea and biscuits after game. More details to follow.
21st September	Evening social at Bishop's Cafe in Holywells Park - short tour and talk on the park's history, followed by a welcome drink, buffet supper and quiz. Details and registration via Wild Apricot.
25th September	Rotary Night at the Proms - at Copleston High School. Volunteers needed, please contact Andy Lewis.
29th November - 1st December	Visit to twinned Club in Bad Salzuflen, Germany.
12th December	Rock n' Roll Pantomime at the New Wolsey Theatre - Sleeping beauty. Pre-booking via WA, approximately £25 per person.

UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are welcome. Please contact the relevant club member and join in!

- Brave Futures painting project - 4th of September, 10:00am - more volunteers needed to paint a room in their new premises. Please contact Andy Lewis if you can help.

- Rotary night at the Proms - (Formerly Senior

Citizens' Concert) 25th September, at Copleston High School. Our annual event needs more volunteers to help with transportation, raffle tickets sorting, setting up and clearing after the event, and refreshments. Gift donations needed. Please contact Andy Lewis if you can help, and please help us distribute the flyer electronically wherever you can.

DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
27th August	Bill Izzard Andy Lewis	Chicken skewers
3rd September	Ed Nicholls Elizabeth Hughes	Home-made quiche Lorraine
10th September	***	Farewell dinner for USA guests at Seckford Hall
17th September	John Hutton Liz Harsant	Sweet'n sour chicken
24th September	David Knights Neil Hewitt	Meat loaf with mushroom sauce

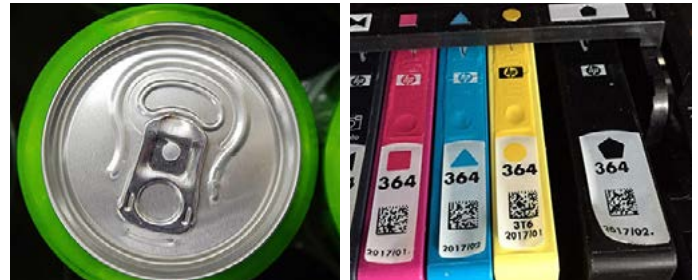
If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Robin as well as Steve Flory of any changes.

*Dietary requirements/Vegetarian option available upon request, please contact Steve Flory at steve.flory@hotmail.co.uk

ONGOING COLLECTIONS

Remember we have an ongoing collection of ring pulls, as well as ink cartridges, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.



John Button is still collecting postage stamps (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

The Ipswich Rotary Club is collecting spectacles, which get forwarded to SpecSort York. After sorting and grading them, they're taken to Africa. Please contact the Club's secretary Ian if you can help: rossiter718@btinternet.com.



MISCELLANEOUS



John Button writes:

“Our team for the Golf Day Premiership East!”

It looks like they picked a good day for it!



Friendly reminder:

Next week we'll be receiving our American guests, and as you know, there are many activities planned throughout the week, so make sure to check them out and take part in as many of them as you can!

You can find all the details on Wild Apricot, where you can also register for the events.



At a glance: If you want to get an idea of what we have going on when, make sure to check out the calendar page on our website: <https://www.ipswichestrotaryclub.co.uk/calendar/>

You will be able to see what kind of events we have coming up, and you can check against that when organising activities to avoid any clashes.

And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

iercnewsletter@gmail.com

The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 6th of September).

Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials. — Editor

STAY PAWsiTIVE!



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