



LOCKS EAST

The Newsletter of the Rotary Club of Ipswich East | 2023-24, Edition 14: 12th February 2024



ON THIS ISSUE...

Recent meetings and events	2
Announcements	2
Rolling calendar	6
Duty Rotarians and Lunch menu	6
Upcoming projects updates	7
Ongoing collections	7
Miscellaneous	7

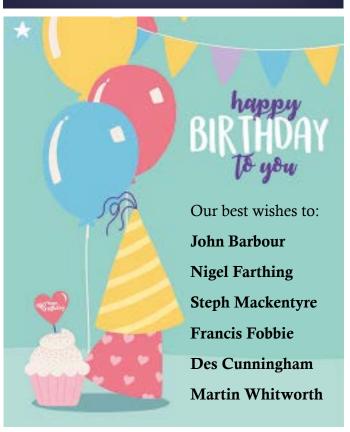
CLUB OFFICERS 2023-24

President George Woodward
Sen vice-president Ewan Dodds

Junior vice-president Steve Flory
Immediate past-president Steve Runnacles

Secretary Bill Robinson
Treasurer Neil Hewitt

Club service Lucy Trenchard
Community service Andy Lewis
Foundation Bob Parker
International Mark Murphy
Vocational Toby Pound
Fund raising Ray Walters



RECENT MEETINGS AND EVENTS



ANNOUNCEMENTS

Message from Secretary Bill about upcoming meeting By Bill Robinson

Dear Members

This is to give you advance notice of a really excellent speaker that SVP Ewan Dodds has recommended to us and has now been booked by Steph for our lunch on Tuesday, 20 February.

The speaker is Phil Bigley, the brother of civil engineer Ken Bigley, who was kidnapped and beheaded by Islamic extremists in Iraq, Phil now works closely with Sir Terry Waite and they give their time to Hostage International, a charity that fills a much needed gap in helping people to cope with the day-to-day emotional and practical difficulties caused by kidnapping and illegal detention.

Please try and make it to lunch that day so that we can ensure a good size audience for this particular speaker.

I appreciate that this meeting is still three weeks away but if you can have a look at your diaries and fit this lunch in, it will be appreciated.

The event is already posted on Wild Apricot.



Phil Bigley OBE (right), photographed with Sir Terry Waite





Saturday 16th March, 2024 @ 6pm

CHARITY QUIZ NIGHT

with Quizmaster Simon Jay at Seckford Golf Club, Seckford Hall Road, Great Bealings, Woodbridge IP13 6NT

- 4 people to a team
- £20 a head
- · Includes a hot main course dinner (+ Vegetarian option)
- Arrival and food 6pm
- First part quiz starts 7.30pm Second part starts 9pm
- Licensed bar.

Payments required ahead of event to secure your team

For payment, booking, information and questions
Contact David Wilson email: wilsonfamily19@ntlworld.com
who will reply with information
Or phone 07743 282728 for additional information

Proceeds of the evening (including a Raffle) will be split equally between these 2 charities:



Specialist therapeutic support for abused children. 'Giving abused children their lives back'



Temporary refuge and emotional support to wome and their children experiencing domestic abuse.



You are invited to the Mayor's fundraising ball

To Steve.

Every year the Mayor of Ipswich hosts a special charity event – a glamorous ball – and this year I am raising funds for Inspire and Brave Futures.

Inspire: We believe in youth

Vision: For every young person to be empowered to raise their ambitions and realise their potential.

Brave Futures: Be believed; be empowered.

Vision: To provide a specialist support service for children and young people who have experienced sexual abuse.

These are local charities that are focused on supporting young people and I am committed to raising awareness of and funds for their vital work.

I would like to invite you to the Mayor's Ball and help make it a night to remember. As a valued member of the community, I would be delighted if you could join me there.

Ticket prices are £75 per person or £700 for a table of 10 and this includes a delicious, three course meal prepared by top chef Jamie Lee Smith, owner of Venue 16; live music on arrival from professional string ensemble Champagne Quartet and later in the evening from the popular and critically-acclaimed JS and the Lockerbillies.

There will also be an auction with a selection of highly desirable lots, conducted by local auctioneer Sharna Simmons.

I would love you to be a part of making this event the best ever. If you have any questions or require any further information, do not hesitate to get in touch with me at mayor@ipswich.gov.uk

I greatly appreciate your support and very much hope to see you at the ball. To secure your tickets, please follow the link below.

With my sincere thanks and warmest regards

Lynne

Cllr Lynne Mortimer Mayor of Ipswich



23rd June 2024 47th year

- Walk or run along the beautiful Orwell estuary
- Support our charity work and, if you like, raise funds for your chosen charity or good cause
- Walk between 3 and 25 miles
- Run a validated trail marathon, half marathon or ultra marathon

www.orwellchallenge.co.uk

Main sponsor

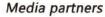
MCP plo

Port Community Systems









BBG RADIO SUFFOLK

EAST ANGLIAN

DAILY TIMES

Ipswich East Rotary Club Registered Charity No. 1088961





ROLLING CAIENDAR

Date	Event
13th February	Speaker meeting: Tim Pennick from Sound On (Ipswich & District Talking Newspaper) - information and booking via Wild Apricot
20th February	Speaker meeting: Phil Bigley OBE, from Hostage International - information on page XXX, and booking via Wild Apricot
27th February	Business meeting - information and booking via Wild Apricot

Date	Event
16th March	Wolsey Rotary Club Quiz Night (see details on page 8)
22nd March	John Riches Race Night - Ipswich Golf Club, information and booking via Wild Apricot
23rd May	Annual golf day, in aid of Ipswich Child Care Center - Ipswich Golf Club, volunteers needed on the day. Please contact Chris Harrall
23rd June	Orwell Challenge

DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
13th February	Alan Forsdike	Scampi, chips and salad
	Roger Gillies	
20th February	Allan Gosling	Chicken and gammon pie with seasonal vegetables
	TBA	
27th February	Liz Harsant	Lasagne, chips and salad
	Norman Haines	

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Bill as Well as Lucy Trenchard of any changes.

^{*}Dietary requirements/Vegetarian option available upon request, please contact Lucy Trenchard at lucinda.trenchard@gmail.com

UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are welcome. Please contact the relevant club member and join in!

- **Top-up shops** this is an ongoing activity and people involved should already be in the loop of what's happening. If you want to take part, contact Andy Lewis.
- Rotary literacy project at Stoke High School contact Toby Pound for more information.
- Annual Golf Day our annual event will take place on 23rd May at the Ipswich Golf Club. Volunteers are needed to help with sign-in, raffle, and general hospitality chores. Please contact Chris Harrall if you can help.

ONGOING COLECTIONS

Remember we have an ongoing collection of <u>ring</u> <u>pulls</u>, as well as <u>ink cartridges</u>, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.







John Button is still collecting <u>postage stamps</u> (they can be used ones), so if you're lucky enough to still receive anyv post with those, keep them and make sure to give them to him.

It doesn't cost us anything to gather these items, so let's get into the habit (and tell friends and family)!

MISCELIANEOUS

The Bröckedde Stories

By Alexander Hoffmann

Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof every Wednesday at 1:00 pm in the Salon Hindenburg.

Five stars

Friend Gotthardt was very old school, had great style, was also extremely generous and very much a pillar of the Club. As his 70th birthday approached, he invited all RC Bröckedde's members plus partners to the town's most exclusive gourmet restaurant, Chez Max. It was renowned well beyond Bröckedde for its haut cuisine.

As expected, everyone accepted; an unheard Club attendance rate of 100%, with all looking forward to the opulent menu. Furthermore, their host had already announced there would only be one short speech and that would be his own.

At the entrance to the grand reception, the head waiter handed each guest a smart card with either one, two, three, four or five stars on it. Then elegant waitresses started serving drinks according to the cards. Those with five stars got glasses of the finest champagne, four were served excellent German sekt, three a reasonable Riesling, two an apple spritzer and one had to make do with Bröckedde's own sparkling mineral water. There was an air of puzzled bafflement as the host tapped his glass to start his speech.

Gotthardt welcomed his guests and explained the logic; "Dear Guests, those of you that took the trouble to use a fountain pen and classic handmade

paper to send their birthday wishes get five stars. Those who made a personal telephone call have four. I have given three for an emailed greetings card, two for a WhatsApp message and one for no greeting at all."

With that, Friend Gotthardt raised his glass to his assembled guests and wished them "Bon Appetit".

Illustrated by Marcus Schäfer. Translated by Colin Gordon, RC Uppingham



And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

iercnewsletter@gmail.com

The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 9th February.

Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials. — Editor

