



LOOKS EAST

The Newsletter of the Rotary Club of Ipswich East | 2023-24, Edition 6: 9th October 2023

Tuesday 10th of October at 12:55pm Speaker meeting: The work of the Ipswich Transit Museum Menu: Beef burger topped with bacon, cheese, tomato and iceberg lettuce served in a brioche bun with fries and corn on the cob D.R.: Geoff Watson & Lewis Tyler Tuesday 17th of October at 12:55pm Speaker meeting: TBC Menu: Chicken chasseur served with herby potatoes and seasonal vegetables D.R.: George McLellan & Robin Needham

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CLUB OFFICERS 2023-24

President George Woodward

Sen vice-president Ewan Dodds

Junior vice-president Steve Flory

Immediate past-president Steve Runnacles

Secretary Bill Robinson

Treasurer Neil Hewitt

Club service Lucy Trenchard
Community service Andy Lewis
Foundation Bob Parker
International Mark Murphy
Vocational Toby Pound
Fund raising Ray Walters



RECENT MEETINGS AND EVENTS

Nan Eshelby - Author & illustrator

By David Knights

Nan was the speaker at the 19th of September meeting. Nan lives in Haverhill – quite a distance from her native Scotland. She enjoyed a career in science, spending time in laboratories carrying out business analysis. Then in 2020 she and her husband decided to expand their interest in nature and wildlife.

Nan wanted to alter people's perspective regarding nature and decided to try and make a difference, however small, to engage and help with children's thinking. She decided to write children's books with a message, and this has resulted in 3 books aimed at young children: "Puddock's Pond" (age 4+); "Brilliant Bombus Bumblebee" (Age 2), with large colourful illustrations to interest young readers; and "Bombus & the Beeline" (Age 4+), the purpose of which is to help bees by growing flowers.

Nan initially gave away 500 books to schools and libraries. She contacted many inspiring people, including university professors, who helped her achieve her goal by making sure her material was factual and reviewed her books. She has been involved with *Get Suffolk Reading* and launched a bee trail in local shops in her town. Nan has also





contacted the local Councils in Haverhill and Bury St Edmunds and been successful in getting a weed killer ban in these towns to help nature.

Nan has just completed her fourth book, titled "Maria and the Magnificent Bee Bed," which is all about a Red Mason Solitary Bee. The books are priced at £6 or 2 for £10.

Nan has also converted her garden into a wildlife garden, attracting, among other things, 21 species of butterfly, leafcutters, grasshoppers, newts and hoverflies.

This was a really interesting and thoughtprovoking talk and it was a pity that so many members missed out on one of our best speakers for some time.

Alan Comfort - from professional footballer to parish priest

By Ian Lord

Alan Comfort, who is Vicar of Rushmere spoke to the club on October 3rd and outlined his path from professional footballer to parish priest.

Alan was born 58 years ago in Aldershot and was christened when a baby. He was always a gifted footballer and was approached by football clubs including Manchester United aged 13, but joined Queens Park Rangers - he played for England Youth team. His manager was Terry Veneables, but when he left, the new manger didn't renew his contract, so he went to Cambridge United.

It was while he was at Cambridge when cycling around he entered a church and this experience sowed the seed for his subsequent career. He continued to play football for Cambridge, Leyton Orient and Middlesbrough, playing as a winger and scoring many goals. At the age of 25 he sustained a



Alan in 1989 playing for Middlesbrough FC



severe knee injury which ended his playing career. He had played 250 games as a professional.

He had several jobs post football retirement, but over 20 years ago took up full time training for the ministry in Cambridge, and was then a priest in churches in East London and Essex. He is still chaplain at Leyton Orient and on the day he spoke to us was going to his first Ipswich Town Match.

Alan is a rare man, as there are only 3 previous footballers who have been ordained. It would be interesting to hear him speak about his work as a parish priest and how his football career has helped him in his work

It was very appropriate that Ed Nicholls gave the vote of thanks as he is one of Alan's parishioners and has a keen interest in Amateur football.

MISSING

As of the closing date for this edition of the newsletter, no information has been received about these past guest speakers:

- Sarah Stapleton, Family First 4th of July meeting
- Rob Dunger and Richie Ross on the launch of a new community radio station, Suffolk Sound -5th of September meeting (photo received)



Senior Citizens Concert at Copleston High School

By Eva Alcerreca

On Wednesday 27th of September we held the annual Senior Citizens Concert at Copleston High School, where a couple hundred attendants enjoyed the lovely - and lively - music of the Ipswich Over 50's Brass Band under the baton of Victoria Steinitz.

After a first session of tunes with some funny anecdotes and preludes by Victoria, we all enjoyed the comedy of Andy Leach, who had more than one of those present in tears of laughter.

During the intermission, coffee, tea and biscuits were served, and the raffle took place, with many presents awarded thanks to the generosity of club members.



The second half of the concert was even better, with many traditional and patriotic melodies that had everyone waving their flags merrily.

As always, a big thank you to Andy Lewis and David Knights for organising and running the event (and a special shout out for Andy who managed to leave things running smoothly despite having the worry of Julie's health after her incident earlier that evening). Thank you also to Karen Finch and her new venture *All About Hearing* for sponsoring the event.

It was a lovely evening and we had grat feedback from all the attendants. We're hoping to hold it in the same venue next year, so we'll keep you posted!







CHARITY QUIZ NIGHT

Sun 15th October 2023 (7pm)

Venue 16, Tuddenham Road, Ipswich £9pp | 4-6 players per team

Ticket price includes delicious hot snacks: pizza, chicken wings, roast potatoes, pigs in blankets etc.

GREAT PRIZES | RAFFLE | BIG SCREEN

BUY YOUR TICKETS: www.justgiving.com/ page/aahearingquiz



Event organisers:

Raising money for:

Cancer
Campaign
in Suffolk
By yourside... Before,
during and after cancer

Host venue:



Hosted by Mark Murphy MBE



Cancer
Campaign
in Suffolk
By your side_Before,
during and after cancer

www.ccisuffolk.org

Penistered Charity Number: 1073241

PRESENTS

FRIDAY 20TH OCTOBER

PUDDING CLUB NIGHT

SUPPORTING CANCER CAMPAIGN IN SUFFOLK (CCIS)



Celebrating their 25th Anniversary Hosted by Mark Murphy MBE

Doors 7.00pm • £40.00 per person • Limited availability

Bookings on-line through www.froize.co.uk

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Rotary Club of Ipswich Wolsey

District 1080
Service above Self



WOLSEY GALA EVENING

INVITATION TO CELEBRATE

WOLSEY ROTARY 34 YEARS

ROTARY IN IPSWICH 100 YEARS

THOMAS WOLSEY 550 YEARS

Monday 23rd October 2023

6.30pm for Dinner at 7.00pm

Speaker: Terry Hunt Chair Wolsey 550

Venue: Ipswich Indoor Bowls Club

136 Rushmere Road, Ipswich IP4 4JU

(this is 20 yards the town side of Colchester Road/Rushmere Road Roundabout),

Dress:Lounge Suits

Partners Invited

Cost: £20.00 pp

Please advise any dietary requirements

Please reply To:

John Wilkinson TEL; 01473 715495 Email: j.wilky@ntlworld.com

ROLLING CALENDAR

Date	Event
10th October	Speaker meeting: The work of the Ipswich Transport Museum
17th October	Speaker meeting: TBC
24th October	Business meeting
31st October	Fifth Tuesday: TBC
7th November	Speaker meeting: TBC

Date	Event
7th December	Rock 'n Roll Panto at the Wolsey Theatre - Dick Whittington and his Cat
	Contact Lucy Trenchard if interested.

DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
10th October	Geoff Watson	Beef burger topped with bacon, cheese, tomato
	Lewis Tyler	and iceberg lettuce served in a brioche bun with fries and corn on the cob.
17th October	George McLellan	Chicken Chasseur served with herby potatoes and
	Robin Needham	seasonal vegetables
24th October	Bill Pipe	Traditional Fish Pie with Salmon, cod & prawns
	Ross Lunney	in a creamy white wine sauce served with green vegetables
7th November	Toby Pound	TBC
	Michael Rudkin	

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Bill as well as Lucy Trenchard of any changes.

^{*}Vegetarian option available upon request, please contact Lucy Trenchard at $\underline{lucinda.trenchard@gmail.com}$



UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are welcome. Please contact the relevant club member and join in!

- **Survivors in Transition office refresh** date to be confirmed, contact Andy Lewis.
- Top-up shops this is an ongoing activity and

people involved should already be in the loop of what's happening. If you want to take part, contact Andy Lewis.

- Rotary literacy project at Stoke High School - contact Toby Pound for more information.

ONGOING COLECTIONS

Remember we have an ongoing collection of <u>ring</u> <u>pulls</u>, as well as <u>ink cartridges</u>, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.







John Button is still collecting <u>postage stamps</u> (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

It doesn't cost us anything to gather these items, so let's get into the habit (and tell friends and family)!

MISCELIANEOUS

Stay Connected

In this age of technology, we have no excuses to not stay in touch, so if you're a smartphone user and are, for some reason, not aware of the Club's WhatsApp groups, this message is for you.



We have two WhatsApp groups: one is called 'Keep smiling Ipswich East,' where we share light-hearted comments and jokes, and is used for general chit-chat. The other group is called 'I E Rotary Rapid Response,' which is intended to be used to organise logistics for activities, get in touch in case of emergencies, or when a request is made that requires a quick response (hence the name).

If you're interested in joining either group, or both, please get in touch with Lucy Trenchard, Alan Forsdike, or Eva Alcerreca, who can sort that out for you.

The Bröckedde Stories

By Alexander Hoffmann

Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof every Wednesday at 1:00 pm in the Salon Hindenburg.

That's where to get help

For years RC Bröckedde had experienced no problems filling its ranks with new members but no more. "We had real charisma" declared President Pröpke at a crisis meeting, "people felt honoured to be approached about membership".

The crisis meeting had been organised because the Club's charisma had somehow faded. Too many well established residents and other young hopefuls in Bröckedde had turned down the prospect of Rotary membership.

"We have to go on the offensive", responded Treasurer Knödler with the backing of Friend Weichspüler, the head of a successful advertising and recruiting agency who had already planned a campaign. Soon after, Bröckedde teemed with a series of posters and placards all with witty slogans: "Rotary – that's where to get help!" (which was a wildly successful advertising line for Germany's Yellow Pages in the late 1990's, featuring a super model who always got herself into embarrassing scrapes); also, "Rotary - Join the VIPs", "Rotary - Some like it Hot" and "Rotary – More exciting than the Bundesliga".

"I agree with the last one about the Bundesliga and

some of us do like the heat but this is not in the best possible taste" declared the Club's intellectual, Dr Krümelein. He was also very sceptical about the Treasurer's visits to the Bröckedde University Campus where new students were treated to Rotary scarves, pens and gift bottles of the Club's special Schlunzbeere schnapps. The President was even seen at the market as a sandwich man with "Come to Rotary" the front board and "Or we'll come for you!" on the back.

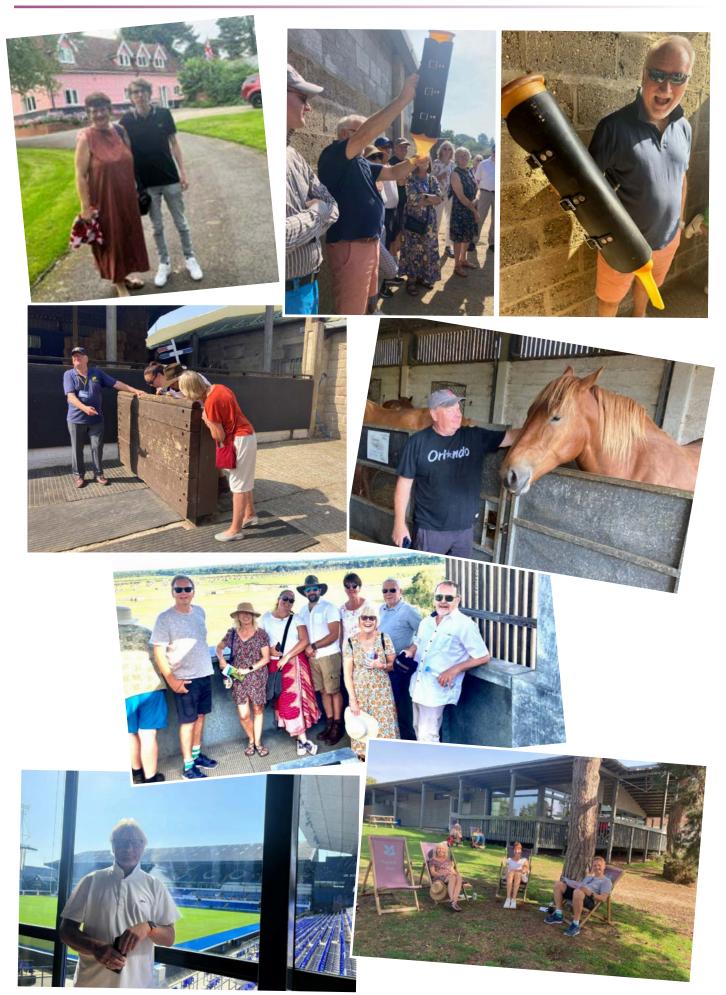
However, the campaign did prove successful, not least due to a certain lowering of criteria for new members. Dr Krümelein remained far from convinced but the Treasurer was delighted. Now there were queues to get into meetings at the Bröckedder Hof and so little space in the Salon Hindenburg that crowds spilled out into the gardens where BBQs and Bratwurst stands appeared alongside the local brewery wagon. A DJ set up his speakers and an article in the Bröckedde Mercury carried the title "Ballermann comes to Bröckedde". (Ballermann is the German nickname for Majorca's notorious party beach, Balneario 6, a huge favourite amongst young German tourists).

Dr Krümelein was aghast and even President Pröpke looked a little concerned, "Well, this may be where to get help but perhaps we should be more careful with what we wish for".

Illustrated by Marcus Schäfer. Translated by Colin Gordon, RC Uppingham



German Twinning - photos!







And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

iercnewsletter@gmail.com

The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 20th October).

Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials.

