

LOOKS EAST

The Newsletter of the Rotary Club of Ipswich East | 2023-24, Edition 5: 25th September 2023

UPCOMING MEETINGS

Tuesday 26th of September at 12:55pm

Business meeting

*Menu: Large Yorkshire filled with sausages,
served with mashed potato, seasonal vegetables
and onion gravy*

D.R.: Steph Mackentyre & Ed Nicholls

Tuesday 3rd of October at 12:55pm

Speaker meeting: Alan Comfort - Footballer turned Vicar of Rushmere

*Menu: Beef casserole with dumplings and
seasonal vegetables*

D.R.: Lesley Murphy & Ian Lord

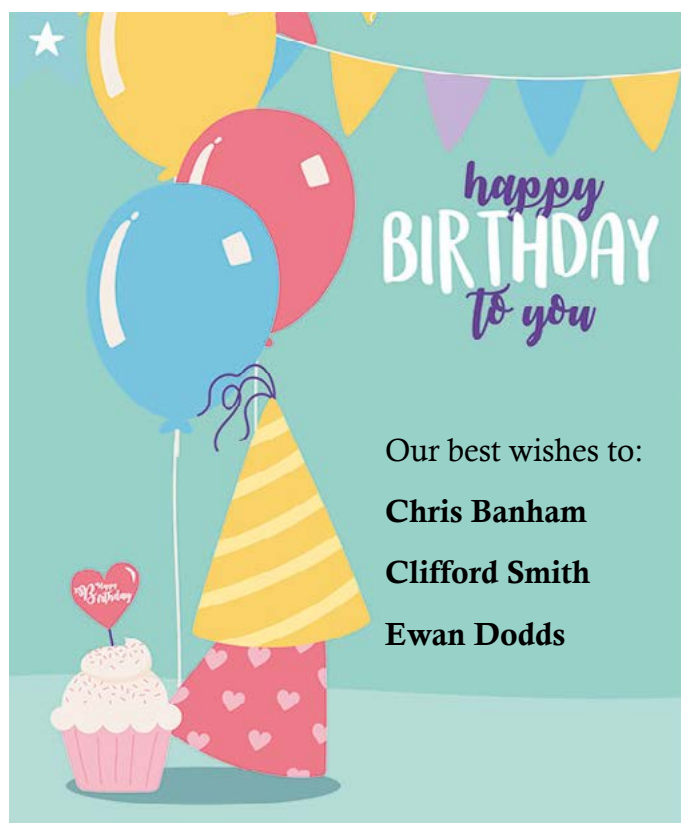
Venue 16, Tuddenham Road

CLUB OFFICERS 2023-24

<i>President</i>	George Woodward
<i>Sen vice-president</i>	Ewan Dodds
<i>Junior vice-president</i>	Steve Flory
<i>Immediate past-president</i>	Steve Runnacles
<i>Secretary</i>	Bill Robinson
<i>Treasurer</i>	Neil Hewitt
<i>Club service</i>	Lucy Trenchard
<i>Community service</i>	Andy Lewis
<i>Foundation</i>	Bob Parker
<i>International</i>	Mark Murphy
<i>Vocational</i>	Toby Pound
<i>Fund raising</i>	Ray Walters

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RECENT MEETINGS AND EVENTS

MISSING

As of the closing date for this edition of the newsletter, no information has been received about these past guest speakers:

- Sarah Stapleton, Family First - 4th of July meeting
- Rob Dunger and Richie Ross on the launch of a new community radio station, Suffolk Sound - 5th of September meeting
- Nan Eshelby, children's author, on being passionate about saving bees (photo received) - 19th of September meeting

The editor would like to remind everyone that the timely delivery of material for the newsletter is crucial not only for its success, but to keep every member and friend of the Club up to date with all the activities we do and the speakers who kindly



give up their time and effort to come and talk to us.

Remember, the deadline for each edition is the Friday prior to its due date (usually a Monday). If, for any reason, you're not able to do the write up, try to make arrangements with your other duty Rotarian (or with another member who attended the meeting, wherever possible).

Thank you for your support.

Eva Alcerreca - Overview of the German Twin Club visit

By Neill Keveren

Unfortunately, the advertised speaker for the 12th of September, Kat Mead, was forced to withdraw at very short notice, so Immediate Past President Steve called upon the not inconsiderable talents of Eva to come up with an alternative.

Despite the fact that Eva was not planning to attend this Tuesday's meeting, and with about 24 hours notice, she duly obliged with an excellent slide presentation comprising a selection of photographs from the recent twinning visit from our friends in Bad Salzuflen.

It was clear from the pictures and Eva's entertaining commentary that the visit was a tremendous success and a wonderful time was had by all. As many will know, the twinning arrangements with Bad Salzuflen RC date back

50 years, so it is tremendously heartening to see that the relationship has stood the test of time and continues to thrive to this very day. Eva is planning to publish the presentation in a later edition of the Newsletter, so no spoilers here (well, perhaps just the one!), other than to say that for those of us unable to participate in the programme of events, the presentation will engender a feeling of inclusion and a sense of the excellent fellowship enjoyed by all those involved.

Now, to that spoiler. One particular picture stood out for me, taken during the visit to the Suffolk Punch Trust. It showed Steve Flory taking perhaps too close an interest in the equipment used in what I shall refer to as the breeding process for these magnificent animals. Look out for that one in the Newsletter!

Eva concluded the presentation with a plea to any Rotarians who participated in the twinning visit to share any photographs with her please. Immediate Past President Steve gave the vote of thanks to Eva for an entertaining presentation, warmly endorsed by those in attendance.

Visit from German Twin Club from Bad Salzuflen

By Eva Alcerreca

The hottest weekend of the year coincided with the visit from our German friends from the Rotary Club of Bad Salzuflen, who I dare say that despite suffering a little bit with the heat, had a great time, as did those of us who joined them at the activities planned by Mark Murphy.

We kicked off on Friday with a BBQ and Monica and Bill Pipe's lovely house, where we welcomed our guests and enjoyed great food grilled by Toby Pound, as well as salads and desserts provided by several other members and wives. Presidents George on our part, and Thomas on the German side, said a few words and exchanged presents as is the tradition, and then Jack Earwaker regaled us with his memories of the very first twinning visit 50 years ago! Thomas' dad was involved in that first twinning, and many other names were mentioned that were very significant to many of the attending party.



Jack Earwaker telling us about the first twinning with Bad Salzuflen 50 years ago



As you could expect, Saturday was a full-on day. We started by going to the Suffolk Punch Trust, where we had a bespoke tour guided by Barry Bloomfield. We learned a lot about the work they do there, and especially memorable (as you may have read from Neil Keveren's account of my talk at the following meeting) was Steve Flory's job as a 'prop' manager for a very important piece of equipment for the mating process of a Suffolk punch stallion and a mare. We had a lunch of sandwiches on site, and Andrew Fane OBE, a trustee of the Suffolk Punch Trust, thanked us for our support and our visit.

President Thomas Kortfunke and President George Woodward

After that, we went to Sutton Hoo, the most important Anglo-Saxon royal burial site in Europe, where, in 1939, the interment of a ship was discovered along with a central chamber of treasures. A lot of imagination is needed to visualise the discoveries, but thanks to our guide Freddy (who luckily also spoke German), we managed to get immersed in the history of the place. One thing I found particularly impressive, given the nature of the soil which makes it very difficult to preserve any archaeological finds, was the tomb of an unknown man, whose remains (or the rough shape of them) were salvaged by making a mold of them, much in the fashion of the famous Pompeii ruins. The site museum, as well as Tranmer House (home of Edith Pretty, who hired Basil Brown to excavate the mounds in her land, who, in turn, found the ship) were also of note.



Besides Prince Philip (the horse, above), and the gorgeous stallion to the right, the Suffolk Punch Trust also keeps donkeys and Shetland ponies. There's also a Heritage museum on site, as well as an exhibition of carts and wagons. Well worth a visit if you haven't been!





After being in the sun most of the day, everyone welcomed a break from activities to get refreshed before the home dinners, where our German guests and their hosts were treated to a delicious meal at the homes of several other members. Matt and I joined Liz Hughes, Horst, and Catherine and Alan Forsdike at the Forsdike's place, where we had a lovely evening, as I am sure so did everyone else.

Sunday was a short day, so after breakfast, we took our visitors to the rendezvous point outside the Transport Museum, where we bid them farewell and saw them off to Stansted airport to catch their flight home.

It was a fantastic weekend of activities and friendship for everyone involved, and remember, next year it is our turn to visit Bad Salzufen, so stay tuned for the dates!



Steve being really helpful with one of the most important implements for the mating procedure



Matt taking a break on the cow-ch.



Supporters of the Suffolk Punch Trust



A reconstruction of the helmet found in the ship-burial, believed to have belonged to King Raedwald



The view of the mounds from the observation tower at Sutton Hoo

*Got any photos to share of our German friends during their visit?
Did you go anywhere interesting?
Did you take photos during the home dinners?*

*Send them to
iercnewsletter@gmail.com
to be published on the next issue
of this newsletter!*

Line dancing!

By Eva Alcerreca

Steve Flory has come up with the brilliant idea of trying random fun things every couple of months to encourage fellowship and to meet in a more casual environment. The first of such activities was a session of line dancing at the Ipswich School of Dancing on Bond Street, which about 18 of us attended.

For one hour, we practiced and practiced a few sequences and, despite some of those present having issues with the distinction between left and right, we managed to look like we knew what we were doing by the end of the session. Needless to say, it was great fun, so keep an eye out for the next one of Flory's Outings!



ANNOUNCEMENTS

EARLY BIRD FEE: £45 available until 31st August 2023. After 1st September: £50

District 1080 Conference 2023

Rotary 

Friday 20th and Saturday 21st October

at The Cambridge Belfry, Back Lane,
Cambourne, Cambridge CB23 6BW

Programme

Friday evening:

Informal meeting in the Hotel Bar

Conference commences:

Saturday 0930 for 1000 Finish: 1630

Gala Dinner £40, black tie:

1830 for 1900 followed by a disco



Bob Maskall
District Governor
D1080

I invite you to
join me at the
District 1080
Conference

Programme include speakers from:

- Royal Air Force Aerobatic Team, the Red Arrows
- Bipolar Partnership
- Rotary Young Musicians



Rooms are available via
the Hotel **0330 107 1599**
Single £119 and Double £131
quoting 'Rotary Function'

BOOK YOUR ATTENDANCE AT: rotaryeastanglia.co.uk/conference-2023

ROTARY CLUB OF IPSWICH EAST
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SENIOR CITIZENS CONCERT



WEDS 27TH SEPTEMBER
2023 7.00PM-9.30PM

COPELSTON HIGH SCHOOL, IPSWICH

FEATURING:

- Ipswich Over 50's Brass Band
- Live comedy from local comedian Andy Leach
- Free refreshments & raffle

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KNIGHTS: 07734 456380 DKNIGHTS53@SKY.COM**

All About Hearing is proud to present it's

CHARITY QUIZ NIGHT

Sun 15th October 2023 (7pm)

Venue 16, Tuddenham Road, Ipswich

£9pp | 4-6 players per team

Ticket price includes delicious hot snacks:
pizza, chicken wings, roast potatoes, pigs in blankets etc.

GREAT PRIZES | RAFFLE | BIG SCREEN

BUY YOUR TICKETS:
**[www.justgiving.com/
page/aahearingquiz](http://www.justgiving.com/page/aahearingquiz)**

Event organisers:



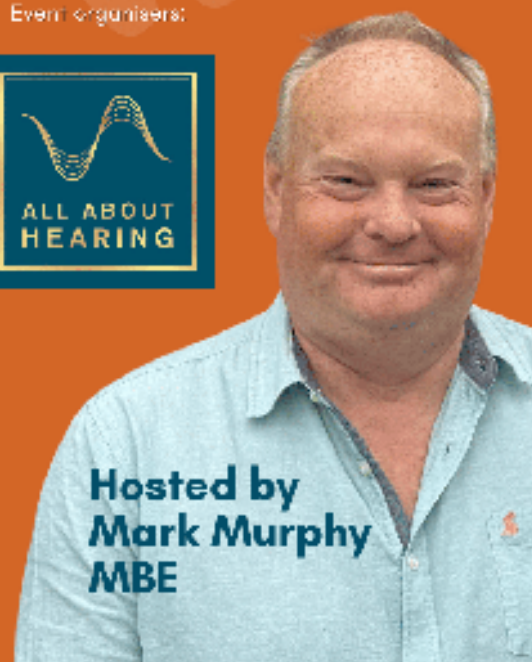
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MBE





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FRIDAY
20TH
OCTOBER

PRESENTS

PUDDING CLUB NIGHT

SUPPORTING CANCER CAMPAIGN
IN SUFFOLK (CCIS)



*Celebrating their 25th Anniversary
Hosted by Mark Murphy MBE*

Doors 7.00pm • £40.00 per person • Limited availability

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WOLSEY GALA EVENING

INVITATION TO CELEBRATE

WOLSEY ROTARY 34 YEARS

ROTARY IN IPSWICH 100 YEARS

THOMAS WOLSEY 550 YEARS

Monday 23rd October 2023

6.30pm for Dinner at 7.00pm

Speaker: Terry Hunt Chair Wolsey 550

Venue: Ipswich Indoor Bowls Club

136 Rushmere Road, Ipswich IP4 4JU

(this is 20 yards the town side of Colchester Road/Rushmere Road Roundabout),

Dress:Lounge Suits

Partners Invited

Cost: £20.00 pp

Please advise any dietary requirements

Please reply To:

John Wilkinson TEL; 01473 715495 Email: j.wilky@ntlworld.com

ROLLING CALENDAR

Date	Event
26th September	Business meeting
27th September	Senior Citizen's Concert Volunteers needed, please contact Andy Lewis.
3rd October	Speaker meeting: Alan Comfort - Footballer turned Vicar of Rushmere
10th October	Speaker meeting: Ed Nicholls - The work of the Ipswich Transport Museum

Date	Event
17th October	Speaker meeting: TBC
24th October	Business meeting
7th December	Rock 'n Roll Panto at the Wolsey Theatre - Dick Whittington and his Cat Contact Lucy Trenchard if interested.

DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
26th September	Steph Mackentyre Ed Nicholls	Large Yorkshire filled with sausages, served with mashed potato, seasonal vegetables and onion gravy
3rd October	Lesley Murphy Ian Lord	Beef Casserole with dumplings and seasonal vegetables
10th October	Peter Moss Mark Murphy	Beef burger topped with bacon, cheese, tomato and iceberg lettuce served in a brioche bun with fries and corn on the cob.
17th October	George McLellan Robin Needham	Chicken Chasseur served with herby potatoes and seasonal vegetables
24th October	Bill Pipe Ross Lunney	Traditional Fish Pie with Salmon, cod & prawns in a creamy white wine sauce served with green vegetables

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Bill as well as Lucy Trenchard of any changes.

*Vegetarian option available upon request, please contact Lucy Trenchard at lucinda.trenchard@gmail.com

UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are welcome. Please contact the relevant club member and join in!

- Senior Citizens' Concert - 27th September, 7:00pm, Copleston High School. Members are asked to circulate the advert for the event to suitable audience members. On the day, help will be needed to offer transportation and/or to be on refreshments duty. Please contact Andy Lewis.

- Survivors in Transition office refresh - date to be confirmed, contact Andy Lewis.

- Top-up shops - this is an ongoing activity and people involved should already be in the loop of what's happening. If you want to take part, contact Andy Lewis.

- Rotary literacy project at Stoke High School - contact Toby Pound for more information.

Sports Update

By Allan Gosling

The winner of this year's golf knockout, in which 16 players took part, was Bill Izzard, and the runner up was Martin Whitworth. The two semi-final players were George Woodward and Peter Shepherd.

On Friday 22nd of September we restarted our indoor bowling sessions at the Rushmere Road Club. If you are interested in taking part, please contact me.

Des Cunningham is organising a trial session of croquet for us. More information coming soon.

We are still awaiting dates for clay pigeon shooting for the rest of the year, so we'll keep you updated.

We are trying to organise a beginner's golf session, so please contact me if you wish to take part.

ONGOING COLLECTIONS

Remember we have an ongoing collection of ring pulls, as well as ink cartridges, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.



John Button is still collecting postage stamps (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

It doesn't cost us anything to gather these items, so let's get into the habit (and tell friends and family)!

Almoner report August 2023

By Elizabeth Hughes

Dear Members,

I sincerely hope that this report finds you and your families in good health and good form.

I have had a busy month since being appointed Almoner of the Club and I am indebted to Liz and Tony Baker, who very kindly ran through our membership list with me, letting me know who was unwell, who had moved, and which members might appreciate a direct contact and an offer of help or assistance.

My first contact with those members has been in writing. Cards were sent this past weekend (late August) and should be dropping onto doorsteps from today.

One of the overwhelming truths of our membership is we are inevitably ageing (we have two 90th birthdays coming up soon). The joy of our Club is

that there are three generations working together and I believe it is in the spirit of Rotary to support each other when help is needed.

Social Isolation is a theme that I would like to challenge in my year as Almoner and I propose that we ask members to 'pair' to ensure that no one member feels isolated or left out of Club activities. We have a lovely group for our weekly lunches, but there are others who are housebound, or who we don't see regularly, for all sorts of reasons, including bereavement and poor health.

Thank you all for your ongoing support.



Stay Connected



In this age of technology, we have no excuses to not stay in touch, so if you're a smartphone user and are, for some reason, not aware of the Club's WhatsApp groups, this message is for you.

We have two WhatsApp groups: one is called 'Keep smiling Ipswich East,' where we share light-hearted comments and jokes, and is used for general chit-chat.

The other group is called 'I E Rotary Rapid Response,' which is intended to be used to organise logistics for activities, get in touch in case of emergencies, or when a request is made that requires a quick response (hence the name).

If you're interested in joining either group, or both, please get in touch with Lucy Trenchard, Alan Forsdike, or Eva Alcerrecas, who can sort that out for you.

The 90 Plus Club

By Bob Parker

We had the annual cruise event for this body of exclusive members of our club lead by our Chairman Jack Earwaker, and his partner, assisted by Lewis Tyler (who also fancies himself a Captain), accompanied by our catering supremo Zena Steward and assisted by Lewis Tyler's sister-in-law.

The weather, for the third-year running, was excellent, with hardly a ripple on the water and brilliant sunshine. The trip this year took us to Felixstowe Ferry then back into the Orwell and up the Stour, anchoring near Wrabness for lunch and returning to Levington Marina. This really has become an annual event and they have all booked for next year, so any members nearing the qualifying age book now for cruise number four!

[Note from Editor: I was very recently made aware of the existence of this mini Club within our club, and I have to say I'm really impressed, and a bit jealous! But give it time, I'll join it one day. I want to thank Bob Parker for bringing this to my attention, and I must whole-heartedly agree with him when he says: 'This group is clearly remarkable and put some of the youngsters to shame.' I hope to get more information about what they're up to, so I'll try to pester Jack so he keeps me posted.]



'Captain' Lewis Tyler at the helm



I was there

By Lewis Tyler

This is by way of a post-script to the talk given in August by Jean McPherson, who took as her subject “1953 – Felixstowe Floods,” which occurred on the night of 31 st January.

She talked about the Pier Pavilion (now the site of the Felixstowe Leisure Centre at the entrance to the Pier) – and I was there on that occasion!

This was a popular venue on Saturday evenings at that time – alternating with the Ballrooms at the two Trust House Forte Hotels in Ipswich – the Great White Horse and the Crown & Anchor.

The Pier boasted a full-size semi-professional band by the name of the Premier Dance Orchestra, who played every Saturday evening. Once a month, they supported one of the famous many large bands of the time – led by such names as Ted Heath, Joe Loss, Johnny Dankworth, and Vic Lewis, to mention a few – also the Pier hosted a number of smaller outfits including Sid Philips and His Band and Harry Gold and his Pieces of Eight.

This particular evening featured just the Premier Band – memory notes that there was nothing particularly different about this occasion – it was wet and windy, typical of a mid-winter evening. The first indication of a problem was the announcement, soon after 11.00pm that the dance would finish early and not at the normal time of 11.45pm – we were advised that the route out of Felixstowe via the Ordinance Hotel and Garrison

Lane was flooded, which meant the only two escape routes were up South Hill and Bent Hill.

The car park, just outside the Pier Pavilion, was flooded to the extent of some six or more inches – which meant wading to my car, my father’s old Flying Standard Twelve. South Hill was safely negotiated and the effect of the flooding became apparent when I tried to brake at the first cross-roads and nothing happened – soaked brake pads! Progress back home to Ipswich, slow and steady, was succeeded – it was only next morning that we became aware of the disaster and that we had made a lucky escape.



The corollary is that the following Sunday, normal braking having restored to OK, found myself with three friends filling sandbags at Ramsholt on the River Deben restoring the flood barrier – an early example of Community Service!

A final comment is that many years later, I discovered that my girlfriend at that time was an associate of our Zena Steward, who were working in the Ipswich Health Office on Elm Street!

And that’s it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

iercnewsletter@gmail.com

The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 6th October).

Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials.

STAY PAWsiTIVE!



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