

# LOOKS EAST



The Newsletter of the Rotary Club of Ipswich East | 2023-24, Edition 4: 4th September 2023

## UPCOMING MEETINGS

Tuesday 5th of September at 12:55pm  
Speaker meeting:

**Rob Dunger and Richie Ross on the  
launch of a new community  
radio station, Suffolk Sound**

*Menu: Breaded cod fillet served with chunky  
chips and drizzled pea puree.*

*D.R.: John Hutton & Bill Izzard*

Tuesday 12th of September at 12:55pm  
Speaker meeting:

**Kat Mead, independent children's  
physiotherapist - Update on monies  
received from Rotary**

*Menu: Pork medallion with grilled tomato,  
mushroom, fat chips and peppercorn sauce*

*D.R.: Dick Jeffery & Neil Keveren*

Venue 16, Tuddenham Road

## CLUB OFFICERS 2023-24

<i>President</i>	George Woodward
<i>Sen vice-president</i>	Ewan Dodds
<i>Junior vice-president</i>	Steve Flory
<i>Immediate past-president</i>	Steve Runnacles
<i>Secretary</i>	Bill Robinson
<i>Treasurer</i>	Neil Hewitt
<i>Club service</i>	Lucy Trenchard
<i>Community service</i>	Andy Lewis
<i>Foundation</i>	Bob Parker
<i>International</i>	Mark Murphy
<i>Vocational</i>	Toby Pound
<i>Fund raising</i>	Ray Walters

## ON THIS ISSUE...

Message from Editor	2
Recent meetings and events	3
Around Ipswich	5
Announcements	6
Rolling calendar	12
Duty Rotarians and Lunch menu	12
Upcoming projects updates	13
Ongoing collections	13
Miscellaneous	13





# MESSAGE FROM EDITOR

We're finally back home after a much anticipated holiday in rural Ireland with friends. It was both Matt's and my first time in Ireland, and although we were basically in the middle of nowhere (about an hour-and-a-half drive southwest from Cork, near Skibbereen), we definitely got a feel for the peace and quiet of life in the small towns in the area.

The highlights of the trip included visits to Skibbereen, Ballydehob, Bantry, Schull, and Cork. We also visited an incredible sculpture garden and nature trail called The Ewe Experience, which I cannot recommend highly enough.

In Cork, we visited Blarney Castle, a definite must if you're ever in the area, and saw the famous Blarney Stone (did we kiss it, you may ask... well, I'm not telling, but if our 'eloquence' seems to have improved next time you see us...).

We had a lovely time, and believe it or not, the weather played nice all week long! What more can one ask for, uh?

— Editor Eva



*Some of the views near Schull*



*Eva and Matt feeling lofty at The Ewe Experience*

A stone in the highest part of the castle wall is pointed out to visitors, which is supposed to give whoever kisses it the peculiar knowledge of deviating from veracity with unblushing countenance whenever it may be convenient. The tradition became increasingly popular.



*Bantry House*



*Spot anything interesting in this news clipping from 1988 at Blarney Castle?*



## RECENT MEETINGS AND EVENTS

### Jean McPherson: 1953 Felixstowe Floods

By Ewan Dodds

Jean advised us she was born in '53 and had been fascinated by the floods of that year which so devastated Felixstowe and much of the East as a tidal surge swept down the Eastern coast, with the town suffering the greatest loss of life of any in the UK and the largest peacetime disaster in the region, in which 41 people lost their lives.

That day, the sea reached a record 4.5m above mean sea level. My own later research suggested over 2,100 died (of whom 1,800 were in the Netherlands). 31 January 2023 marked the 70th Anniversary of these floods.

In Jean's new book, *Never to be Forgotten – The Felixstowe Floods of 1953* (launched on 28 January in Felixstowe Library), she recounts the testimonies of over 50 people to create an account of how the storm surge affected Felixstowe.

Jean's talk concentrated on one family and how the floods affected them. This tidal surge had broken through the town's sea wall, causing mass flooding, and most of the victims were living in prefabricated homes on Orford Road and Langer Road. Those that did not drown, died after shivering with hypothermia on their rooftops. The nearby forces camp had seen what was coming and cleared out in plenty of time.



Jean, whose own father saw the tidal surge in his rear view mirror while driving, before rushing home to usher the family into the upstairs rooms, then took us through the devastating impact the flood had on the family she told us about and passed around numerous photographs of them. All very normal people about to have their lives and futures affected greatly. Jean went on to teach children about the disaster during her 37-year-long career at secondary schools.

On a national scale, as the hours wore on, "the met men watched the depression move east and then swing south into the North Sea with winds gusting up to 140mph, 15 billion cubic feet of water was sucked from the Atlantic into the North Sea to be driven south as a 'sea surge,' a ten feet wall of water ahead of the incoming tide – and set for a head-on collision with the tide from the other direction. With nowhere else to go in the narrow funnel of the North Sea, the enormous wall of water came thundering ashore... It was unseen, unheard and unexpected."

The flood memorial in the town indicates the 7ft 2in (2.1m) height of the tidal surge. Chilling and all very close to home, even if over 70 years ago. Jean brought the account to life with her presentation from a single family's perspective. Liz Harsant gave the vote of thanks from the Club.

*PS: Having only been seconded to Duty Officer duty the night before, the author must apologise for his more vague than usual account of this fascinating presentation. After so many years, he had overlooked the "duty" of the duty officer to take notes, and he promises to practice and get better.*





# Bowling!

By Lesley Dolphin

Thanks to those who came along to our 5th Tuesday 10-pin bowling evening. It was great fun!

The only injury was a broken finger nail during what was a fairly competitive event. The winner of the valuable trophy was Neil Hewitt, who arrived late having totally forgotten the event was on! He went home to finish his tea after scoring 157!

I'll be organising another event for the 5th Tuesday in October which will be for partners too. Watch this space!



*A very (rightfully) smug Neil after his victory*





# VP Gong



Ewan Dodds finally receiving his VP regalia last 22nd August from President George.  
Photo: Alan Forsdike

## AROUND IPSWICH

### Ipswich Club news

By Eva Alcerreca

As you will have seen in the previous issue of this newsletter, Rotarian John Norman is currently undertaking the challenge of cycling every day for 100 days to raise funds for the Ipswich Rotary Club and to mark the 100th anniversary of Rotary in Ipswich.

As you may also remember, this is a very personal and significant challenge for John, who is currently battling terminal cancer but determined to fight it. If you want to contribute to his fundraising efforts, please go to:

<https://www.justgiving.com/page/john-norman-1690141007208>

John recently posted an update on his fundraiser page, which you can see below. We just want to say: keep it up, John!



*John Norman, who's taken up the challenge of cycling every day for 100 days to fundraise for the Rotary Club of Ipswich*



John Norman

17 August 2023 at 21:01

One month in and I'm doing well, cycling to the gym everyday, swimming (most days, self inflicted injury prevents occasional immersion in the pool) together with some longer rides. Alton Water a couple of times, Woodbridge and Felixstowe (each by devious routes which increase the distance) and rides along with various supporters (thank you). I am gobsmacked and amazed at the amount raised, so very grateful for the generosity shown. Thank you, I'm cycling on..... John

# Rotary Centennary activities

By Bill Robinson

## Service of Thanksgiving for Rotary in Ipswich

We have had a note from the Ipswich Club that there will be a Service of Thanksgiving for 100 years of Rotary in Ipswich on Sunday 24 September at 3:30pm to be held at St Mary le Tower Church.

Please see the text of an email from their Secretary below. If you would like to attend please let me know by 18th September so that I can give him an idea of numbers for the refreshments.

“As part of our ongoing Centenary celebrations we have organised a service of celebration at the town’s civic church, St Mary le Tower, on Sunday 24th September 2023 at 3:30pm.

The service will involve all four clubs and civic

dignitaries will be in attendance. After the service, light refreshments will be served at the back of the church, giving an opportunity to meet friends and acquaintances.

Whilst there is no formal ‘sign-up,’ we would appreciate an indication of whether you are attending and numbers in your party to assist with the catering.”

## Civic Reception for Rotary in Ipswich

You may recall when we had a visit from the Ipswich Club at lunch a couple of weeks ago, where they mentioned the Civic Reception that was being planned for early November in order to celebrate 100 years of Rotary in Ipswich.

It was subsequently decided to postpone this event until next year, and it will now take place on 15th April 2024. Further details will be issued nearer the time, but it will take place in the Town Hall.

## ANNOUNCEMENTS

**EARLY BIRD FEE: £45 available until 31st August 2023. After 1st September: £50**

### District 1080 Conference 2023

Rotary 

Friday 20th and Saturday 21st October

at The Cambridge Belfry, Back Lane,  
Cambourne, Cambridge CB23 6BW

#### Programme

Friday evening:

Informal meeting in the Hotel Bar

Conference commences:

Saturday 0930 for 1000 Finish: 1630

Gala Dinner £40, black tie:

1830 for 1900 followed by a disco



Bob Maskall  
District Governor  
D1080

I invite you to  
join me at the  
District 1080  
Conference

Programme include speakers from:

- Royal Air Force Aerobatic Team, the Red Arrows
- Bipolar Partnership
- Rotary Young Musicians



Rooms are available via  
the Hotel **0330 107 1599**  
Single £119 and Double £131  
quoting ‘Rotary Function’

**BOOK YOUR ATTENDANCE AT: [rotaryeastanglia.co.uk/conference-2023](http://rotaryeastanglia.co.uk/conference-2023)**





ROTARY CLUB OF IPSWICH EAST  
PROUDLY PRESENTS THEIR ANNUAL

# SENIOR CITIZENS CONCERT



WEDS 27TH SEPTEMBER  
2023 7.00PM-9.30PM

COPELSTON HIGH SCHOOL, IPSWICH

## FEATURING:

- Ipswich Over 50's Brass Band
- Live comedy from local comedian Andy Leach
- Free refreshments & raffle

**FREE  
TICKETS  
FOR THE  
OVER 60'S**

**TO RESERVE TICKETS PLEASE CONTACT DAVID  
KNIGHTS: 07734 456380 DKNIGHTS53@SKY.COM**



# Cancer Campaign in Suffolk

Mark Murphy has just started a new job as CEO of Cancer Campaign in Suffolk. The charity is celebrating its 25th anniversary and is organising lots of fundraising events. The first two are a quiz

night and a pudding club night. Mark says he'd love to see some Rotarians at the events. Check out the posters for full details.

**All About Hearing is proud to present it's**

# CHARITY QUIZ NIGHT

**Sun 15th October 2023 (7pm)**  
**Venue 16, Tuddenham Road, Ipswich**  
**£9pp | 4-6 players per team**

Ticket price includes delicious hot snacks:  
pizza, chicken wings, roast potatoes, pigs in blankets etc.

**GREAT PRIZES | RAFFLE | BIG SCREEN**

**BUY YOUR TICKETS:**  
[www.justgiving.com/page/aahearingquiz](http://www.justgiving.com/page/aahearingquiz)

Event organiser:



Hosted by  
**Mark Murphy**  
**MBE**

Raising money for:



By your side... Before, during and after cancer

Host venue:



MCZMV 16  
Venue 16, Tuddenham Road, Ipswich





# Froize RESTAURANT

IN ASSOCIATION WITH ...

**Cancer  
Campaign  
in Suffolk**

By your side... Before,  
during and after cancer

[www.ccisuffolk.org](http://www.ccisuffolk.org)

Registered Charity Number: 1073241

FRIDAY  
**20<sup>TH</sup>**  
OCTOBER

PRESENTS

# PUDDING CLUB NIGHT

SUPPORTING CANCER CAMPAIGN  
IN SUFFOLK (CCIS)



*Celebrating their 25th Anniversary  
Hosted by Mark Murphy MBE*

Doors 7.00pm • £40.00 per person • Limited availability

Bookings on-line through [www.froize.co.uk](http://www.froize.co.uk)

THE FROIZE RESTAURANT • CHILLESFORD • WOODBRIDGE • SUFFOLK • IP12 3PU





**Rotary Club of Ipswich Wolsey**

*Registered Charity No. 1109613*

**District 1080**

**Service above Self**



## **WOLSEY GALA EVENING**

**INVITATION TO CELEBRATE**

**WOLSEY ROTARY 34 YEARS**

**ROTARY IN IPSWICH 100 YEARS**

**THOMAS WOLSEY 550 YEARS**

**Monday 23<sup>rd</sup> October 2023**

**6.30pm for Dinner at 7.00pm**

**Speaker: Terry Hunt Chair Wolsey 550**

**Venue: Ipswich Indoor Bowls Club**

**136 Rushmere Road, Ipswich IP4 4JU**

**(this is 20 yards the town side of Colchester Road/Rushmere Road Roundabout).**

**Dress:Lounge Suits**

**Partners Invited**

**Cost: £20.00 pp**

**Please advise any dietary requirements**

**Please reply To:**

**John Wilkinson TEL; 01473 715495 Email: [j.wilky@ntlworld.com](mailto:j.wilky@ntlworld.com)**





# Boxted Methodist Silver Band

## 125th Anniversary Concert

Principal Cornet Anne Ruddock

Conducted by Victoria Steinitz plus special guests

**Saturday 23 September, 6pm**

**Littlegarth School**

**Park Road, Colchester CO6 4JR**

An evening celebrating the remarkable history and glorious music making of Boxted's unique Methodist Silver Band - a night not to be missed, featuring massed bands and a specially-commissioned world premiere!

**Tickets £10 from [stagestubs.com](https://www.stagestubs.com)**





## ROLLING CALENDAR

Date	Event	Date	Event
5th September	Speaker meeting: <b>Rob Dunger and Richie Ross on the launch of a new community radio station, Suffolk Sound.</b>	12th September	Speaker meeting: <b>Kat Mead, independent children's physiotherapist - Update on monies received from Rotary</b>
8th September	German twinning: <b>BBQ at Bill and Monica's</b>  Welcome event for our German guests, from 6:30pm. Info and registration via Wild Apricot.	19th September	Speaker meeting: <b>Nan Eshelby</b> , Children's author on being passionate about saving bees
9th September	German twinning: <b>Visit to Suffolk Punch Trust</b>  Free guided tour by Barry Bloomfield at 10:30am. Info and registration via Wild Apricot.	24th September	Church service to celebrate 100 years of Rotary in Ipswich  3:30pm at St Mary le Tower. If you're interested in attending, please let Bill Robinson know.
9th September	German twinning: <b>Visit to Sutton Hoo</b>  Visit starts at 1:30pm, with a bespoke tour of the burial mounds at 3:00pm. Info and registration via Wild Apricot.	26th September	Business meeting
11th September	<b>Line Dancing</b> evening at the Ipswich School of Dancing!  Simple fun evening, £5 per person, contact Steve Flory.	27th September	<b>Senior Citizen's Concert</b>  Volunteers needed, please contact Andy Lewis.
		7th December	<b>Rock 'n Roll Panto</b> at the Wolsey Theatre - Dick Whittington and his Cat  Contact Lucy Trenchard if interested.

## DUTY ROTARIANS AND LUNCH MENU

Date	Duty Rotarians	Menu*
5th September	John Hutton Bill Izzard	Breaded Cod Fillet served with chunky chips and drizzled pea puree
12th September	Dick Jeffery Neil Keveren	Pork Medallion with grilled tomato, mushroom, fat chips and peppercorn sauce
19th September	David Knights Andy Lewis	Pasta bolognese served with bowls of grated cheese and red onion and rosemary bread

If you're unable to be a duty Rotarian, remember it is your responsibility to look for a replacement, and please notify our Secretary Bill as well as Lucy Trenchard of any changes.

\*Vegetarian option available upon request, please contact Lucy Trenchard at [lucinda.trenchard@gmail.com](mailto:lucinda.trenchard@gmail.com)

## UPCOMING PROJECTS UPDATES

We have a few projects and activities coming up, and volunteers are welcome. Please contact the relevant club member and join in!

**- Senior Citizens' Concert - 27th September, 7:00pm, Copleston High School.** Members are asked to circulate the advert for the event to suitable audience members. On the day, help will be needed to offer transportation and/or to be on refreshments duty. Please contact Andy Lewis.

**- Survivors in Transition office refresh -** date to be confirmed, contact Andy Lewis.

**- Top-up shops -** this is an ongoing activity and people involved should already be in the loop of what's happening. If you want to take part, contact Andy Lewis.

**- Rotary literacy project at Stoke High School -** contact Toby Pound for more information.

## ONGOING COLLECTIONS

Remember we have an ongoing collection of ring pulls, as well as ink cartridges, which you can give to **Andy Lewis**.

The ring pulls are sent to the Philippines so that people there can make crafts to be sold, which helps them support their families.



**John Button** is still collecting postage stamps (they can be used ones), so if you're lucky enough to still receive any post with those, keep them and make sure to give them to him.

It doesn't cost us anything to gather these items, so let's get into the habit (and tell friends and family)!

## MISCELLANEOUS

### David Hutchinson RIP

By Jo Banthorpe

Former member Rev David Hutchinson died peacefully at home in Woodbridge on 16th August, approaching his 96th year.

There will be a private cremation in September, but Members are welcome to join the celebration

of his life at 2:00 pm on 14th October at St Mary's Church in Woodbridge.

David's daughter Rosie was my best friend growing up and she rang me to let me know. I'm sure there are folk in the club who will remember him.



# Thank you from PCF

By Andy Lewis

Below is an email from Purple Community Fund thanking the Club for the shoebox of 'drinks can ring pulls' I sent them recently.

Dear Andy,

Thank you so much for sending ring pulls to PCF, which we have received, collected by the Rotary Club of Ipswich East.

Each ring pull provides employment for unemployed young people and fathers. They separate the ring pulls into shapes and colours, smooth the rough edges with a hammer, polish and sanitise them. The ring pulls are then given to mothers who crochet them into beautiful handbags and jewellery which are sold to commercial customers and through our online shop. Your ring pulls have changed their lives!

Please visit our new website and online shop [p-c-f.org/shop](http://p-c-f.org/shop) to view the beautiful products made with your ring pulls. 100% of the profit from each purchase goes back into our programmes.

Kind regards

Hannah

## Jem's Sponsored Haircut

By Jem Doncaster

My sponsored haircut took place at my work place, on 14th July, at Wattisham flying station, arranged by my work colleagues, much to the delight of onlookers and donators as my luscious locks disappeared.

My target was £600 for three chosen charities: Sjogren's (my wife is a sufferer), Mind, and the Vivo chosen charity for July, The Lighthouse Construction Charity.

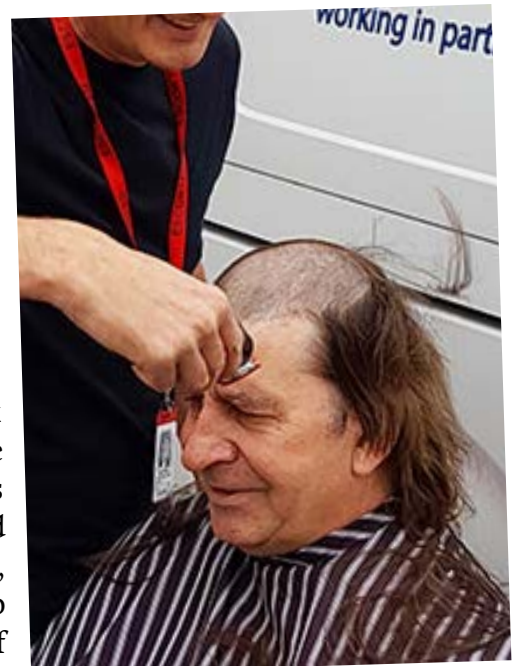
Much to everyone's delight, the haircut fundraising far exceeded all expectations, with online donations received via GiveWheel. We also received offline donations in the form of three generous cheques from the Suffolk region of the Institute of the Motor Industry.

As a result, Sjogren's received £761.54 plus gift aid and an additional £1,000 cheque from the Suffolk region of the institute of the Motor industry, totalling £1,761.54.

Mind received £709.73 plus gift aid and an additional £1,000 cheque to Suffolk Mind from the Suffolk region of the institute of the Motor industry, totalling £1,709.73.

Lighthouse Construction Charity received £709.73 plus gift aid. Lighthouse Women's Aid Charity received a £1,000 cheque from the Suffolk region of the institute of the Motor industry. Both similar names with offices in Ipswich, but different charities.

I just want to add a big **thank you** to all the club members who supported my fundraiser, contributing to a grand total of **£5,181!**





# The Bröckedde Stories

By Alexander Hoffmann

*Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof every Wednesday at 1:00 pm in the Salon Hindenburg.*

## Action Sawmill

The election of RC Bröckedde's new membership committee came as something of a surprise with hardliners, headed by Friend Schleifenstein, taking control. "We are going back to our roots," he announced, "when considering new members, we are looking for quality, not quantity."

Friend Wiedehopf, the last progressive on the committee, was concerned. Undaunted, however, he continued to recommend Florentine Z., the deputy head of Bröckedde's Anthropology Museum, as a potential member. Schleifenstein didn't agree, stating "We only take number ones of each professional group." To which Wiedehopf countered, "Florentine Z. is eminently well qualified and will definitely take over as Director within three years at the latest." The argument continued!

Schleifenstein remained unmoved and over the next few weeks proudly introduced three leading CEOs to the Club as new members. However, their commitment to Rotary turned out to be extremely limited, to such an extent that Schleifenstein had something of a change of heart and called Friend Wiedehopf, "I think we can compromise, my dear chap, and I've thought of a codeword, Action Sawmill."

"What?" came the puzzled response.

(For international readers, the German expression "am Chefstuhl sägen" or sawing the boss' chair, might not mean much. It's a saying that refers to an ambitious junior colleague wanting to take over.)

"Well, I think we can now consider deputies who will have sawn through their bosses' chairs within three years," replied Schleifenstein with newfound flexibility.

Wiedehopf was delighted but Florentine Z. proved less enthusiastic. The long wait for membership of RC Bröckedde had left her rather disillusioned but a quick welcome into the Bröckedde Lions Club cheered her up. Wiedehopf was left downhearted, there didn't seem be much action at the sawmill after all.

Meanwhile, Schleifenstein continued to pursue the top dogs, or number ones, as he referred to them, and with some success. Not long after he introduced Herr Machtheimer, CEO of a leading German global player and a well-known figure in German industry. Machtheimer was a tremendous boost to RC Bröckedde's profile and his membership was quickly agreed to.

A couple of weeks later, he introduced himself to the Club with a Fellowship talk. His business success was such common knowledge, he modestly concentrated on other topics and family life.



"Number one in our household is Count Bismarck, a cat who appeared about eight years ago and just took up residence. Then comes my wife, who runs the household finances and all our social affairs. In fact, when I do get home, I'm very much a lowly number three!"

*Illustrated by Marcus Schäfer.  
Translated by Colin Gordon, RC Uppingham*





**SHOW US YOUR  
PETS**

**Brag about your trusty companions, be they big or small!  
Send me a photo with your pet's name and anything else you want to add to  
[iercnewsletter@gmail.com](mailto:iercnewsletter@gmail.com)**



And that's it for today!

Just the usual reminder: to send photos, news, articles, stories, announcements, or any material (yes, even jokes) for publication in the newsletter, please address them to:

**[iercnewsletter@gmail.com](mailto:iercnewsletter@gmail.com)**

*The deadline to receive items for publication will be the Friday prior to the next issue (so for the next issue, that will be 15th September).*

*Needless to say, I would be very grateful if members kept the deadline in mind for a timely publication of materials.*

STAY PAWsiTIVE!



LINGVISTOV.COM