



LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 05-2023 : 14th March 2023

CLUB OFFICERS 2022/23

President: Steve Runnacles
Sen V. President: George Woodward
Jun V President: Ewan Dodds
Immediate PP: Jo Banthorpe
Secretary: Bill Robinson
Treasurer: Neil Hewitt



MARCH

Steve Runnacles
Allan Gosling
Elizabeth Hughes

Tuesday 14th March at 12.55pm

John Cook - 'My Year as Mayor'

Duty Rotarians: Peter Moss & Mark Murphy



Visit to Copleston High School

Pictured above at the lunch following the visit to the school are (left) David Leach, Head of Sixth Form, President Steve and Andrew Green, Head of the high School.

The John Riches Race Night

President Steve has the microphone as he thanks Ray Walters and Ann Riches for organising the evening.

Pictured right are Lindsey and Graham Bickers, the Winning Owners of the final race of the night at the Race Night held Friday 10th March.

More pictures overleaf...





Ali Baldry writes:

'One of my oldest friends was diagnosed with stage 3 breast cancer just before Christmas and has been undergoing treatment at Ipswich Hospital so we are trying to raise some funds for the hospital.

'We set out to raise £2,000 but have already been pledged £4,000!'

If you'd like to help,, go to:
<https://gofund.me/84d4a94e>
Thank you!

Ipswich Hospital Oncology



Alison Baldry is organising this fundraiser on behalf of East Suffolk and North Essex NHS Foundation Trust Charitable Funds. ✓

Bury Abbey Rotary Club - Classic Car Show Sunday 16th July 2023

As the evenings draw out and summer gets ever nearer, we have once again turned our attention to our annual Classic Car Show. Last year we enlisted the help of over 80 volunteers from outside our own Club and, frankly, we couldn't have run the event without them. We are therefore looking again for help from Rotarians across the District and at the same time help with your own Club's fundraising.

We have run The Classic Car Show for eight years now, and since we moved to the new venue at Culford School, a few miles north of Bury St Edmunds, we have more than doubled the size of the Show. Last year we raised over £28,000 on the day.

The bigger venue means that we need more Marshals both to help park Exhibitors as they arrive in the early morning, and for Visitor Parking throughout the day. We split the day into three four hour shifts, roughly 6-10, 8-12, and 11-3, (actual timings to be confirmed). A volunteer rest and refreshment room is provided in the school.

We are offering to pay £50 per person per complete four hour shift to your Club Charity Account, the full day counting as 2 shifts (only for the hardy!)

If you feel able to help, we would like your Club to commit to a number of folks (members, their partners, friends) who can attend on the day, rather than asking for individuals to contact us. The commitment is important to enable us to plan carefully and offer a safe event for all concerned - and put some money in your fundraising coffers! We would therefore recommend you maintain a reserve list of volunteers to replace any last-minute drop-outs. Please note, there are no sitting-down jobs!

We look forward to hearing from you (by 14th April please) with your pledge to help and to seeing your Club colleagues and supporters on the day.

Incidentally, visitor tickets will go on sale around Easter, but our 500+ Exhibitor spaces are already sold out!

Phil Peters and The Team at The Classic Car Show

www.theclassiccarshow.org.uk <<http://www.theclassiccarshow.org.uk>>
<https://www.facebook.com/Rotaryclassiccarshow>



Ipswich East Rotary Golf Day
Purdis- Ipswich Golf Club
In aid of FIND - Families in Need

• Top 50 Course in the UK
• James Braid design
• 1895-1995 centenary

Thursday 11th May, 2023
£310 per team of 4
Bacon rolls on arrival and lunch

For further details please contact Chris Harrall
at Chrish@charrallassoc.com
Sponsorship of holes is available at £100



Ten members of Ipswich East Inner Wheel met at Secretary Catherine's home Tuesday 7th March for supper and the visit of District Chairman Hilary Farrell. 'Head Girl' (President) Ruth Goodship presented Hilary with a hamper of delicious Suffolk produce.

Hilary enthralled and amazed members as she described how she got into Inner Wheel (she is also a Rotarian) and went on to talk about the charity work she does in Africa.

Catherine's badly injured right arm is healing but daughter and husband were on hand to organise and serve the meal along with Ruth. Unfortunately their dishwasher had broken down (and that day had been declared as beyond economic repair) but there was plenty of help on hand for the washing up following a very happy evening together.

[Husband Alan took the photographs and the one on the right proves the need to think about composition before pressing the button!]



What's On

21st March

**Sergeant Brian Calver, Suffolk Police
talking about Rural Crime**

28th March

Business Meeting

4th April

Sacha Watson - Trading Standards

11th April

**Philip Ainsworth - Chief Exec,
Suffolk Agricultural Association**

18th April

**Jean McPherson – 70th Anniversary
of the Felixstowe Floods author**

25th April

Business Meeting

2nd May

Speaker - tba

9th May

Fellowship Lunch

**Felixstowe Rotary Club 96th Charter
Night**

**Felixstowe Ferry Sailing Club -
Thursday 20th April 2023**

Felixstowe Rotary Club extend an invitation to members of our club, to attend their 96th Charter Anniversary. Guest Speaker is Mark Chapman who will talk about Potemkin's village - an interesting take on modern Russia.

Contact our club Secretary Bill Robinson if you would like to attend.

Duty Rotarians

If you are unable to be the Duty Rotarian for the week shown, please arrange your own swaps and notify the Hon Secretary and the Newsletter Editor.

As a reminder, when you receive your 'Wild Apricot' invitation-to-attend email, the information is repeated.

21st March

Ed Nichols & Bob Parker

28th March

Bill Pipe & Toby Pound

4th April

**Michael Rudkin & Peter
Shepherd**

11th April

Lucy Trenchard & Ray Walters

18th April

Martin Westlake & Russell Wiles

Lunch Menu

14th March

Honey roasted gammon served on colcannon with braised cabbage, baby carrots & tender stem broccoli

21st March

Traditional Fish Pie (salmon, cod and prawns in a creamy white wine sauce) served with green vegetables

28th March

Roast topside of beef with Yorkshire pudding, roast potatoes, and a selection of fresh vegetables

Alternatives are available each week but must be notified in advance unless you have a 'standing order'.