



LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 01-2023 : 10th January 2023

CLUB OFFICERS 2022/23

President: Steve Runnacles
Sen V. President: George Woodward
Jun V President: Ewan Dodds
Immediate PP: Jo Banthorpe
Secretary: Bill Robinson
Treasurer: Neil Hewitt



January
John Goodship
Bill Pipe
Ray Walters
Andy Lewis
Dick Jeffery (a big one!)
Eva Alcerreca
Ian Lord

Tuesday 10th January 2023 at 12.55pm

Rotary Lunch

John Claxton (HSE Inspector and Hedgehog saver)

Duty Rotarians: Ewan Dodds and Jack Earwaker

“My Job” - “My Life”!

Mick Rudkin gave his ‘my job’ talk by a brief life history. Brought up in Bocking (Braintree, Essex) on leaving school he became an apprentice at *Evens E6* in electrical engineering/electronics.

The company produced light meters. After his apprenticeship, Mick did a two-year management course and returned to work at *Corning Medical* (CIBA) who by then had taken over *Evens E6* and were not producing medical analysers. They in turn were taken over by *Siemens* and the product range expanded into blood gas analysers which gave results in 90 seconds from minute specks of blood. Products went into diabetic care and urine analysis.

Mick then stepped sideways into new product development and that included getting married in 2014.

However, he contracted cancer and although his treatment proved successful, he now spends time on charity work and is registered on the *Norfolk and Suffolk 4X4 Response* organisation.

Mick’s hobbies include walking, golf, sailing (he has a nice boat on the Thames), DIY and playing music in groups.

After a few questions by members, the President gave the vote of thanks.

Jack Earwaker.



Ipswich Churches now run nine weekly 'Top-Up' Shops

Here are pictures of the St Helen's Top-up Shop set-up two weeks before Christmas.

This was a bumper week as Andy Lewis and Dave Atkins had collected 4 car loads of tinned and non-perishable food supplied by the government.

Andy writes, "This Top-up-Shop routinely has 50 customers and sadly we are seeing a marked decline in fresh food donations from the supermarkets."



Rotary Family Christmas Lunch - 20th December 2022



The Rotary Family Christmas Lunch 2022 was a very jolly affair.

We were joined by several representatives of the many charities we supported in the year.

Karen Finch put together a fun quiz which was presented by Question Master Alan Forsdike.

The Winning team who appropriately named themselves “Charity is not just for Christmas” was led by Andy Lewis and comprised, Carrie Baker (Fresh Start New Beginnings), Kay Mead (Children’s Physiotherapist), Julia Hancock (Selig Suffolk), Jon Neal (Suffolk Mind).

Thanks go to Bill Izzard and Lucy Trenchard for organising it, and to Catherine Forsdike who made the table decorations.

Oh, and there was a sale of yet more jigsaw puzzles!

Club Photographer Richard Porter cruised the room and took these pictures.





The Intern



Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof - every Wednesday at 1 pm in the Salon Hindenburg.

Alexander Hoffmann

01.01.2023

“I’ll soon have him all sorted out”, said President Pröpke to Treasurer Knödler at the Club’s committee meeting. He was talking about a prospective member called Dr Mulmensee, a dynamic young director of Bröckedde’s successful dentistry clinic. The whole club was delighted at the prospect, knowing that fresh new blood was urgently needed.

However, at their initial interview Dr Mulmensee seemed rather reticent, “I am very interested, Herr Pröpke”, he confirmed, “but I have heard some quite strange things”.

“And what would they be?” asked the concerned President.

“Well, that new members have to serve out a hard admission period, a sort of internship doing all sort of rather lowly tasks such as washing the President’s car or chauffeuring his wife to the beauty salon. I really don’t like the sound of it.”

Dear old Pröpke was aghast, “Dr Mulmensee, nothing could be further from the truth; we go to great lengths to welcome our new members and make them feel at home in our Club.”

This was indeed very much the case. Over the past few years, RC Bröckedde had put together a special Wellness Welcome Programme for new members. They were allocated the only comfortable seat amongst Salon Hindenburg’s ageing chairs. A shuttle service drove them to and from meetings. On Club trips, they were pampered with business class deals and each had a Rotary Personal Assistant to call on day and night, in case of any problems. New members were also asked to rate their experience on a 1 to 10 scale. To date the Club had excelled itself.

President Pröpke presented Dr Mulmensee with a flyer, explaining the whole service package. Quite rightly, he was hugely impressed and four weeks later, the President pinned the Rotary badge to the young man’s lapel.

At home, Pröpke regaled his wife with the rumours he had contended with and the idea that the Club had some sort of initiation rite. The ever patient Frau Pröpke tutted appropriately but did think that a chauffeur to take her to her favourite salon was not such a bad idea at all.

Lunch Menu

3rd January - NO MEETING

10th January

Honey roasted gammon served on colcannon with braised cabbage, baby carrots & tender stem broccoli

17th January

Chunky beef lasagne served with garlic bread, topped with grated cheese and served with fresh salad

24th January

Trio of Suffolk sausages on a root vegetable mash topped with crispy onions

Alternatives are available each week but must be notified in advance unless you have a 'standing order'.

What's On

Tuesday 17th January
Gavin Stone CEO of '4YP'

Tuesday 24th January - tba

Tuesday 31st January - Fifth Tuesday

Tuesday 7th February

Tuesday 14th February

Tuesday 21st February

Tuesday 28th February

Duty Rotarians

If you are unable to be the Duty Rotarian for the week shown, please arrange your own swaps and notify the Hon Secretary and the Newsletter Editor.

As a reminder, when you receive your invitation-to-attend email, the information is repeated.

10th January

Ewan Dodds & Jack Earwaker

17th January

Lesley Dolphin & Nigel Farthing

24th January

Karen Finch & Steve Flory

31st January

'Fifth Tuesday'

7th February

Roger Gilles & John Goodship

14th February

Allan Gosling & Norman Haines

21st February

Liz Harsant & John Hutton

The John Riches Race Night

Sunday 12th March
Ipswich Golf Club

Time and ticket price to be confirmed.





Inner Wheel Annual Walk & Brunch Sunday 8th January 2023

Ipswich East Inner Wheel will be celebrating Inner Wheel Day with a walk and brunch. The walk will start from Bill and Monica Pipe's home (Hill Farm, Tuddenham St Martin). Bill will lead a walk starting at 9.30am (maps will be available for shorter walks when people arrive) followed by brunch at the farmhouse.

You don't have to walk, just come in time for the brunch.
£7.50 a head with bacon rolls and hot dogs available from 11am.



Inner Wheel Quiz Friday 27th January 2023

Our ever-popular quiz at Tuddenham Village Hall will feature fiendish questions set by Monica to tease your brains.

Both **The Walk & Brunch** and the **Quiz** will be in aid of the charities that Ipswich East Inner Wheel are supporting this year. We'll have tables of up to six contestants at £12 per head. Supper is included in the price but bring your own drinks and nibbles to keep you going.

There will be a raffle!

To book your place(s), contact Club Secretary, Catherine Forsdike by emailing her at catherineforsdike2@gmail.com

We look forward to Rotarian friends and families joining in the fun and fellowship we share.