



LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 20-2022 : 22nd November 2022

Tuesday 22nd November 2022 at 12.55pm Business Meeting

Duty Rotarians: Alison Baldry & John Clements
Menu: Trio of Suffolk Sausages on a Root Vegetable Mash
topped with crispy onions

CLUB OFFICERS 2022/23

President: Steve Runnacles
Sen V. President: George Woodward
Jun V President: Ewan Dodds
Immediate PP: Jo Banthorpe
Secretary: Bill Robinson
Treasurer: Neil Hewitt



November
Eric Barnett

December
Ross Lunney
David Chittick
Juliette Adams

RYLA Success

The speaker at Tuesday 16th November's lunch meeting was Jake Wilson who was reporting back from the RYLA course which Ipswich East sponsored him to do.

Jake works at Hudson Signs and it was Steve Flory who suggested the course to Jake.

Jake told us that Steve sold it as a week of canoeing - which was partly right!

He gave a summary of the aims of RYLA (Rotary Youth Leadership Awards) and then took us through the week's activities with photos.



He explained that the course was based at Grafham Water and included water sports along with land based challenges. The students were divided into groups and as well as taking on an overnight trek they had to devise a plan for a wine business. Jake told us their first week's business didn't go too well because they'd only ordered 12 bottles of wine to sell in their bar! Jake's sense of humour shone though - he mentioned a scary confrontation with a spider while sailing and showed us a video with a taste of his parkour skills!

Maybe we should invite him to give us a demonstration in the future! His final presentation summarising what he'd learnt during the week was titled 'The downfall of Manchester United through poor leadership!' When asked about the main things he'd taken away from the week were he explained that it had given him more confidence to give presentations - and said it would really help him with his project management at work.

Jake thanked the club for the opportunity and said he would definitely recommend it to other young people.

Lesley Dolphin

‘That Bloke off the Telly’

Kevin Burch, known to a number of Club members, going back as far as his schooldays gave us an amusing and entertaining talk on life after the BBC.

Kevin went to Northgate High School and after deciding not to pursue a career in the catering industry he started work as a journalist with East Anglian Daily Times before joining the BBC.

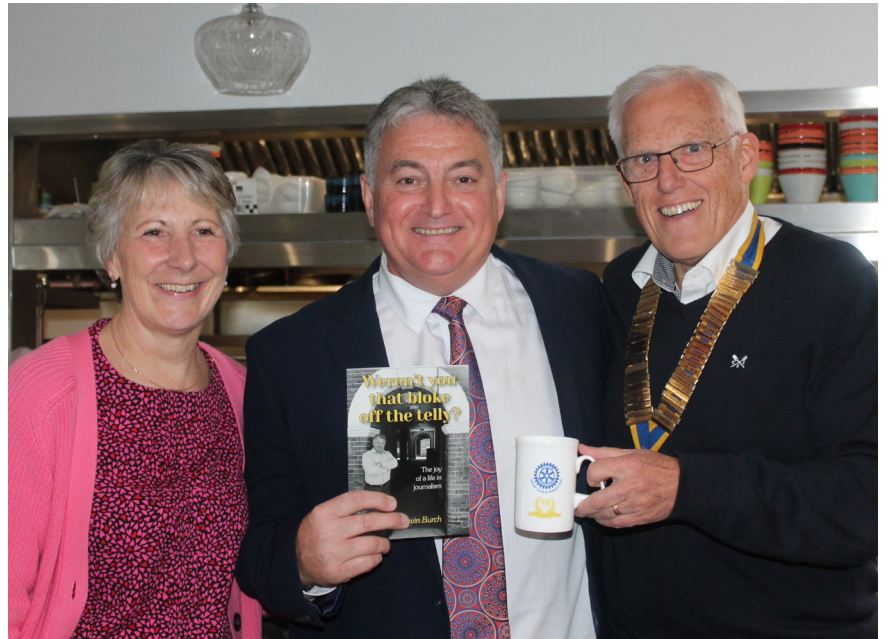
Recently he decided that there were so many stories and incidents after a life in the media that it might be a good idea to write a book. On many occasions people greeted him “with aren’t you that bloke on the telly” that he felt this was a perfect title for his book. He set about regaling the highlights of 40 years in journalism and reporting.

Kevin said it was an absolute honour for people to trust him with their stories and to be able to share them with the world at large especially as some were very sad and personal to the families concerned. One of his very first stories was about a lady who hatched a chick in her bra which reached the national papers and then sadly a few days later the chick unfortunately died. He also had the honour of meeting Joan Collins and Prince/King Charles.

Kevin obviously enjoyed his career in the media and having retired from the BBC is now working as a freelance journalist, film maker and media trainer.

Kevin’s book “WEREN’T YOU THAT BLOKE OFF THE TELLY” is available from Dial Lane bookshop priced at £10 and I am sure it would make a great stocking filler for Christmas.

David Knights



Top: Kevin and his wife Sally are pictured with President Steve (and the book)

Middle: Ewan Dodds and he were school pals and remain friends.

Bottom: Bill Izzard once shared a flat with Kevin when they were rookie journos. (another book promo picture!)

Bang!? No! Not that sort of Cannon



Ipswich East Member Alan Forsdike was made an Honorary Canon of the Cathedral in Bury St Edmunds on St Edmund's Day 20th November.

President Steve and club member (Lay Canon Emeritus) George Woodward were pleased to attend the service of Evensong at which Rev Alan and another self-supporting priest Rev Eleanor Goodison were in-stalled - literally - into their stalls (seats) in the Quire of the cathedral.

In the Church of England a member of the clergy is first ordained 'deacon' then (usually after a year) ordained 'priest'. There are two sorts of priest - equal in status - stipendiary (in receipt of a stipend (payment) and housing or non-stipendiary which speaks for itself and are known as SSMs (self-supporting ministers who receive no payment or housing allowance). Cathedral Dean Joe Hawes said that he and the Bishop are keen to recognise the contribution self-supporting ministers (about 45% of the clergy) make to the diocese and have SSMs represented amongst the Canons.

Alan was ordained to be SSM (as was his wife Catherine). Both of them worked running the parishes of Tuddenham, Westerfield and Witnesham for over 10 years and have several other roles in the (diocese) county.

Hon Member of our club Bishop Martin Seeley expressed thanks to both Alan and Catherine then introduced Alan to the congregation explaining who he is and what he does...

Alan is a Suffolk boy, born and bred of at least 10 generations. His paid career was in architecture. He was ordained deacon in 2005 in the cathedral having trained part-time for 4 years on the diocesan course while employed. He took early retirement in 2008 and was appointed as non-stipendiary priest-in-charge of the Benefice of Westerfield and Tuddenham with Witnesham in 2010 while also working four years part-time for the diocese on the property side.

For 14 years Alan taught on the diocesan Lay Reader training course. He is member of Diocesan Synod, serves on the Diocesan Parsonages Committee, the Clergy Charity Committee and the Disability & Inclusion Group. Alan is chairman of the St Lawrence Parish Hall Trust and a trustee of Inspire Counselling.

In 2019 Bishop Martin licensed Alan (and Catherine) as Chaplains to Ipswich Deanery. (They are joint Chaplains to the East Anglian Guild of Vergers). Alan is also Chaplain to the Diocesan Office. In October, Alan was also licensed as an Assistant Area Dean to Ipswich Deanery. Catherine is Diocesan Chaplain of the Mothers' Union.

Alan's stall is Baldwin, Abbot of St Edmund (most appropriate not because of his lack of hair but because this weekend the cathedral celebrated St Edmund as part of their 1,000 year celebrations).

In expressing his delight in making Alan a Canon, Bishop Martin said he wanted to rightly recognise the huge contributions both Alan and Catherine have made to the life of the church in its broadest sense over many years. He said that in a sense by honouring one, he honours both.

Alan will be appearing on *Radio Suffolk* on Sunday next in the morning to talk about his role. His official title is now *The Reverend Canon ...* but he is quite happy to be known as 'Alan'!

Ipswich East Rotary Club Member Lesley Dolphin is a Lay Canon of the Cathedral. The collective noun for a group of canons is 'a college' (not a Big Bang!).

Background to the Title

Originally, a canon was a member of the clergy living with others in a clergy house or, later, in one of the houses within the precinct of or close to a cathedral or other major church and conducting their life according to the customary discipline or rules of the church.

Nowadays, the title 'Canon' is awarded priests who have played a role in the wider life of the diocese, as a largely honorary title. It is usually awarded in recognition of long and dedicated service to the diocese.

In the Church of England, canons are either canons residentiary (working at the cathedral) or honorary canons (non-cathedral clergy given the title as a mark of honour) we may wear a violet-trimmed cassock as opposed to the regular black one. Honorary canons are members of the cathedral chapter in name but are non-residential and receive no remuneration.



Ipswich East Inner Wheel Celebrates Fifty Years

Sunday 23rd November saw the Inner Wheel Club of Ipswich East celebrate the 50th anniversary of their Charter being awarded.

A delicious Afternoon Tea and Prosecco was served at Tuddenham Village Hall. The bonus was we didn't have to wash up!

The tea was well attended. We welcomed District Chairman Hilary, members of Felixstowe, Ipswich Orwell and Woodbridge IW Clubs, Ipswich East Rotary Club President Steve Runnacles, Ipswich East IW husbands, partners, children and grandchildren.

Founding members Judith Dunnett, Joy Harris and June Porter were joined by long-serving member Beryl Dodds to light the candles.

Lewis Tyler, husband of Mitzi Tyler our first president (who sadly passed away in 2020) gave a lovely speech which was very well received.

Ruth presented Catherine with gifts for her year in office as the President of Inner Wheel 2021-2022.

All in all, a delightful afternoon of food, fun and fellowship.



*The next meeting of Inner Wheel is the Christmas Gathering
Tuesday 6th December at the Ipswich & Suffolk Club @ 7.15pm
Family friends and Rotarians are welcome to join us
for a fun filled evening and delicious food.*

Book with Catherine Forsdike by Monday 28th November.

Lunch Menu

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6th December - Salmon fillet
on crushed new potatoes with fresh
broccoli and white and cream sauce

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13th December - Braised beef and
vegetable cobbler
served on a creamy mash

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20th December
FAMILY CHRISTMAS LUNCH
Roast turkey crown, roasted potatoes,
medley of vegetables,
stuffing balls, pigs-in-blankets,
roasted root vegetables, jus
OR
Salmon & courgette en crouete,
fondant potato and a white wine &
parsley sauce with seasonal vegetables
Both followed by
Christmas Pudding with brandy sauce
OR
Cheese and Biscuits

-
27th December - NO MEETING

3rd January - NO MEETING

10th January (TBA)

17th January (TBA)

*Alternatives are available each week
but must be notified in advance unless
you have a 'standing order'.*

Duty Rotarians

*If you are unable to be the Duty Rotarian
for the week shown, please arrange your
own swaps and notify the Hon Secretary
and the Newsletter Editor.*

*As a reminder, when you receive your
invitation-to-attend email, the
information is repeated.*

29th November (no duty rotarians)

6th December - Eric Barnett &
Graham Bickers

13th December - John Button &
David Chittick

20th December - Jo Banthorpe &
Des Cunningham

27th December (Bank Holiday)

3rd January (Bank Holiday)

10th January - Ewan Dodds &
Jack Earwaker

17th January - Lesley Dolphin &
Nigel Farthing

What's On

**Tuesday 29th – Lunch with Spouses
and Jigsaw Sale**

**Tuesday 6th December – Andy Fell
Outreach Youth [TBC]**

**Tuesday 13th December –
Michael (Mick) Ruskin
My Job Talk**

**Tuesday 20th December
Christmas Lunch**

Tuesday 27th December – no meeting

Christmas & New Year Greetings

President Steve will be announcing on 22nd November the start of the Club's 'Donations in place of Christmas Cards' opportunity. In the past, members have made a financial contribution to the club's benevolent account - their names are then printed in this newsletter with a greeting to all members for Christmas and the New Year.

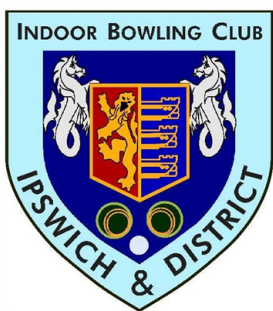
If you'd like to do so, contact Treasurer Neil (by email) and email Editor Alan so your name is included.



Do you fancy a game of Indoor Bowling (bowls)?

Allan Gosling has arranged for members to have a couple of taster sessions at Ipswich Bowling Club on Rushmere Road.

Go along on Friday 25th November 2.30pm-4.30pm.
If sufficient people take it up, we could make this a regular fixture.



The club is on Rushmere Road: coming from Colchester Road turn into Rushmere Road town bound. The club is situated a few yards up the road on the left-hand side just before the red Post Box.

Coming from the town, it is situated just before the Colchester Road roundabout on the right-hand side just past the red Post Box.



To play, you must wear flat soled shoes which have not been worn outside.
Please register your interest with our sports officer Allan Gosling a@allangosling.com