

LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 09-2022 : 24th May 2022

CLUB OFFICERS 2021/22

President: Jo Banthorpe
Sen V. President: Steve Runnacles
Jun V President: George Woodward
Secretary: Tony Baker
Asst Secretary: Bill Robinson
Treasurer: Neil Hewitt



May
Catherine Forsdike

June
Dave Atkins
Norman Haines
Jeremy Doncaster
Graham Bickers
John Hutton

Club Lunchtime Meeting at 'Venue 16' Tuesday 24th May 2022 at 12.55pm Business Meeting

Duty Rotarians: Alison Baldry & Chris Banham

[NB: no meeting Fifth Tuesday, 31st May]

Jeremy Doncaster, our newest member, treated us to his My Job Talk at our meeting on Tuesday 10th May.

Jeremy, or Jem as he's more commonly known, for many years had the "job" of being, World-famous motorcycle speedway rider.

While he spent most of his career with the Ipswich Witches speedway team, he also rode for Reading Racers and in the Swedish league for Bysarna.

Jeremy won the European Grass track Championship in 1982 but his presentation concentrated on the prestigious Golden Helmet of Pardubice speedway competition, hosted annually in Pardubice, the Czech Republic. It is one of the oldest motorcycle speedway races in the world. Competing against German, Polish and other Western European riders through qualifying and elimination rounds to get to the final, a gruelling six lap race. It would have been a fantastic achievement to have won this competition, but Jeremy won the "Golden Helmet" on two occasions in 1989 and again in 1990.

We were journeyed through the trials and tribulations of participating in international speedway, where you often compete in three or four different countries in the same week. Bikes being transported across borders with the correct paperwork and UK tax authorities' compliance, where apparently photo opportunities and autographs had to be part of this procedure. Sleepless, arduous journeys grabbing sustenance where you could and often not what you'd like. Making it to deadlines, often with police escorts and be expected to perform at the highest level, fatigued and aching all over. It was all worth it though as Jeremy proudly displayed on screen his trophies and of course, both Golden Helmets. Congratulations again Jem. [cont'd]



Eventually, and towards the end of this first career Jem decided I needed a skill trade so trained as an electrician in the last few seasons and qualified in 2000. However, having broken his leg while still racing meant he worked in the office while recuperating. He never left it but carried on learning.

Jeremy now works on the FDIS (Future Defence Infrastructure Services) contract based at Wattisham Flying Station, covering Rock Barracks Woodbridge and MCTC (Military correction training centre) Colchester. His responsibility is heading up the maintenance team to achieve Mandatory and Statutory compliance for the sites.

Following Jeremy's presentation, his sister, our President Jo Banthorpe, gave a very emotional vote of thanks where she shared how proud she was of Jeremy and his achievements.

George McLellan



This year's Orwell Challenge on Sunday 19th June is rapidly approaching, we need to give the numbers a real boost. One of the ways you can help to do that is for those of you on 'socials' to give the social media posts on Facebook, Twitter and Instagram a like and or a share to your followers. Just search for /OrwellChallenge on FB and /theorwellchallenge on Insta(gram) and @OrwellChallenge on Twitter - if you can also follow those accounts from your own individual accounts that will also help.

We still have leaflets and posters you can hand out and banners if you have a great place to put them. So let's do what we as a club do brilliantly and spread the word to have another awesome fundraiser for 2022. (*Steph Mackentyre*)

Numbers as of 13th May:

Marathon: 42 Half-marathon: 28

Adult walkers: 252 Child walkers: 8

Duty Rotarians

If you are unable to be the Duty Rotarian for the week shown, please arrange your own swaps and notify the Hon Secretary and the Newsletter Editor.

As a reminder, when you receive your invitation-to-attend email, the information is repeated.

7th June - Michelle Bevan-Margetts & Graham Bickers
(evening meeting at I&SC)

14th June - John Button & David Chittick

21st June - John Clements & Stuart Cooper

28th June - Des Cunningham & Ewan Dodds

5th July - Jeremy Doncaster & Jack Earwaker

12th July - Nigel Farthing & Karen Finch

19th July - Steve Flory & Francis Fobbie

Remembrance of Things Pasta

She blew her fusilli,
my pretty penne,
when she found me watching
daytime tagliatelle.

Je ne spaghetti rien,
I responded in song,
but she did not linguini
for long,

just walked out
without further retort:
a hard lesson to be tortellini,
orzo I thought.

And so here I am,
on my macaroni,
and now my days feel
cannelloni.

Brian Bilston

What's On

24th May - Business Meeting

*[There is no Fifth Tuesday on meeting
Tuesday 31st May]*

**7th June (7.30pm!!)
Club Assembly**

The Ipswich & Suffolk Club

**14th June - Graham Miles,
Agricultural Chaplain**

**21st June - Hannah Bloom,
St Elizabeth Hospice**

12th July - Handover

Lunch Menu

24th May - Fresh salmon infused
with soya sauce & honey, served
with a lime and coriander crab cake
and an Asian slaw

14th June - Chunky beef lasagne
served with garlic bread, topped
with grated cheese and served with
fresh salad

21st June - Minted lamb steak
served with ratatouille, fat chips and
a rocket and mozzarella salad

28th June - Shepherd's Pie topped
with cheesy mash.

*Alternatives are available each week
but must be notified in advance*

Congratulations Mark Murphy MBE

Lovely pictures of Mark, accompanied by Lesley receiving his honour at Buckingham Palace. In the lower picture we see fellow broadcaster Simon Mayo receiving from the Duke of Cambridge with Mark standing in line to be next.

Have we ever seen Mark so smart and smiley?!



The broadcaster Simon Mayo said William described himself as a "secret clubber" while appointing him MBE
YUI MOK/PA

Yarnbombing in Aldeburgh

The knitted seagulls which have been decorating the Saxmundham Road Post Box in Aldeburgh have been replaced with Morris dancing mice for the May Bank Holiday weekend and the box outside the Library has a May Pole dancers. There is another in Linden Road but I didn't have time to go there. It's nothing to do with Rotary but they are such fun and I had a corner to fill so I thought I would share the joy.



TMS

diary@thetimes.co.uk | [@timesdiary](https://twitter.com/timesdiary)

GOING WITH THE GRAIN

Martin Seeley, the Bishop of St Edmundsbury and Ipswich, made his maiden speech in the Lords on Monday and said he is growing 478 trees from seed, one for each church in his diocese, as part of the Jubilee celebrations. Seeley is also a carpenter and tells *The House* magazine that working at his lathe is a kind of therapy. As a boy, he took woodwork for O-level but tried to switch to religious education midway through. "My father very swiftly said no," he says. "Woodwork would be more useful."

The bishop's first outing was welcomed by Lord Callanan, a business minister, who said he always liked to look up the football affiliations of new peers. When he realised that the nickname of Ipswich Town was Tractor Boys, however, he decided it was best not to go there in light of recent browsing habits in the Commons.

Honorary Rotary Member Bishop Martin gave his maiden speech in The House of Lords last week (Mon 16th). I contacted him to josh about this and he replied that he was really talking about climate change - we can see the link. (Editor)

above: screenshot from *The Times*

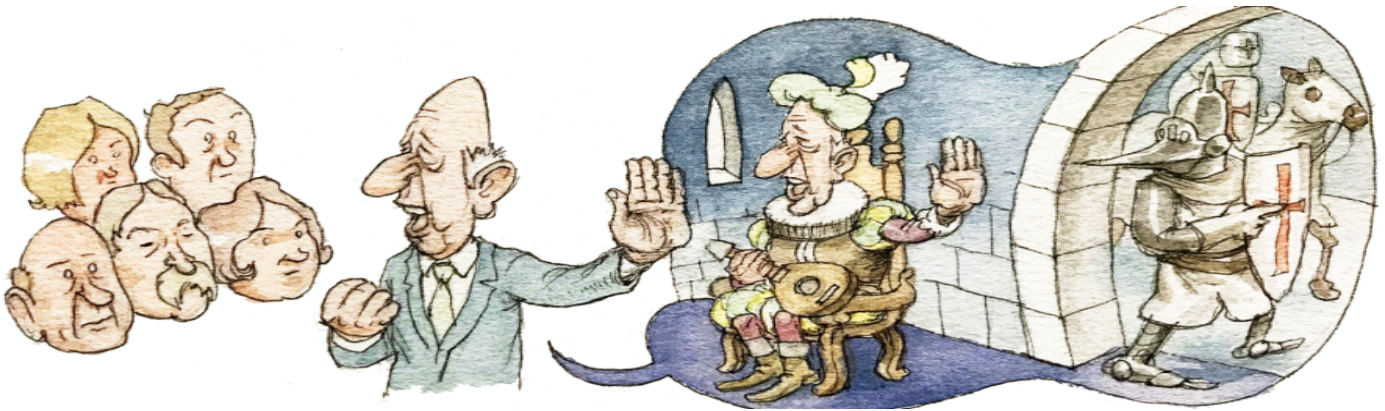


Rotary Aristocracy

Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof - every Wednesday at 1 pm in the Salon Hindenburg.

Alexander Hoffmann

01.05.2022



Recently, genealogy has become ever more popular amongst the members of RC Bröckedde, particularly as the internet makes research so much easier. The whole topic of family trees has also become quite competitive, with Count von Wolkenklau-Oderbruch enjoying both huge advantage and prestige by being able to trace his lineage back to the crusades.

That rather irritated the Club's intellectual and committed republican, Professor Dr Krümelein. He had recently given a talk on the fourth crusade, whose nadir in 1204 was the sacking of Constantinople by the so-called Christian knights. The good Count claimed historical proof that his ancestor at the time had suffered something like burnout syndrome and remained at home in Bröckedde's castle becoming a great patron of medieval German love poetry now famous as "Minnesang". However, the remainder of the Club seemed rather sceptical.

Taking the sting out of the atmosphere as ever, President Pröpke suggested a different tack, "Let's concentrate on Rotarian aristocracy; who amongst us can look back on a family tradition of Rotary membership?"

Several members were second generation Rotarians but Club Treasurer Knödler's father and grandfather had been members of RC Bröckedde, "On my tenth birthday, I remember my grandfather making me promise that one day I would also take over as treasurer. I don't think any other club could claim a similar pedigree!"

That sparked further interest amongst the family tree fans, to the extent the Professor formed a historical commission to research the Club's history. In fact, compared to the earliest German speaking clubs such as RC Vienna 1925 or RC Hamburg 1927, RC Bröckedde was really quite "nouveau". The Professor seemed disappointed until President Pröpke made an aside "Well one year in RC Bröckedde should count as five years in a normal club and I should know."

Professor Dr Krümelein went off feeling rather happier and drafted the foreword to the Club's next chronicle; "Ideally, RC Bröckedde could be regarded as the oldest Rotary Club in Germany if not the whole of Europe".

"Isn't that rather audacious?" asked President Pröpke.

"Not a bit" replied the Professor, "it's an enhanced historical view - remember those long lost Chicago minutes from February 1905!"

Collections for Good Causes that cost you (virtually) nothing

Ray Walters is collecting unwanted mobile **mobile telephones** in aid of Water Aid. Contact Ray is happy to help you dispose of any old phones 'mobiles' that are sitting in drawers or cupboards gathering dust.



John Button is collecting used **postage stamps** in aid of St Elizabeth Hospice.

Contact John to hand over your used stamps.



Andy Lewis has a good home for your used **printer ink cartridges** please (raising money for Rotary funds)

Andy will also take any **drinks can ring pulls** for jewellery making by Philippino families in poverty.



Des Cunningham is no longer collecting used spectacles for use overseas.

It appears that such collections are no longer sought, unless you know better.

***Do you collect items for a charity or good cause?
If so, send the details to the Newsletter Editor Alan Forsdike
and he'll advertise it here.***



Inner Wheel Club of Ipswich East



President: Catherine Forsdike
Secretary: Margaret Woodward
Treasurer: Rosey Watson

Club Correspondent: Anne Riches - International Service Organiser: Monica Pipe
Membership and Welfare: Ruth Goodship - Social: VACANT
Fund Raising: Judi Walters - Community Service: Anne NG

PROGRAMME

(All subject to change)

Tuesday 7th June 7:15pm - Speaker Meeting (tba)

Tuesday 21st June - District Committee Meeting and AGM - Brome Grange

Tuesday 5th July 7:15pm - Handover meeting - Prosecco and Strawberries



Visit of District Chairman Coral - a very happy evening was spent around a long table in President Catherine's garden room at our 3rd May meeting.

Catherine presented Coral with a book of local interest.

Catherine's Alan was kept busy in the kitchen.



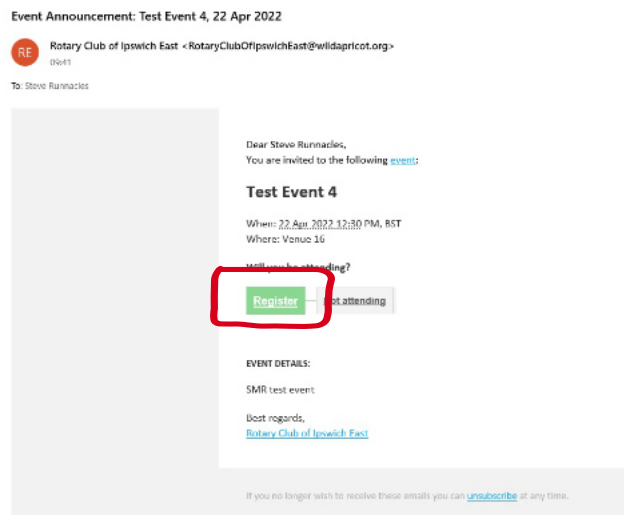
Paying for events using WildApricot

As members now know, the Club uses software which belongs to a Company called Wild Apricot. This software allows us to schedule meetings and send emails to all members that can be responded to by clicking on the email responses boxes.

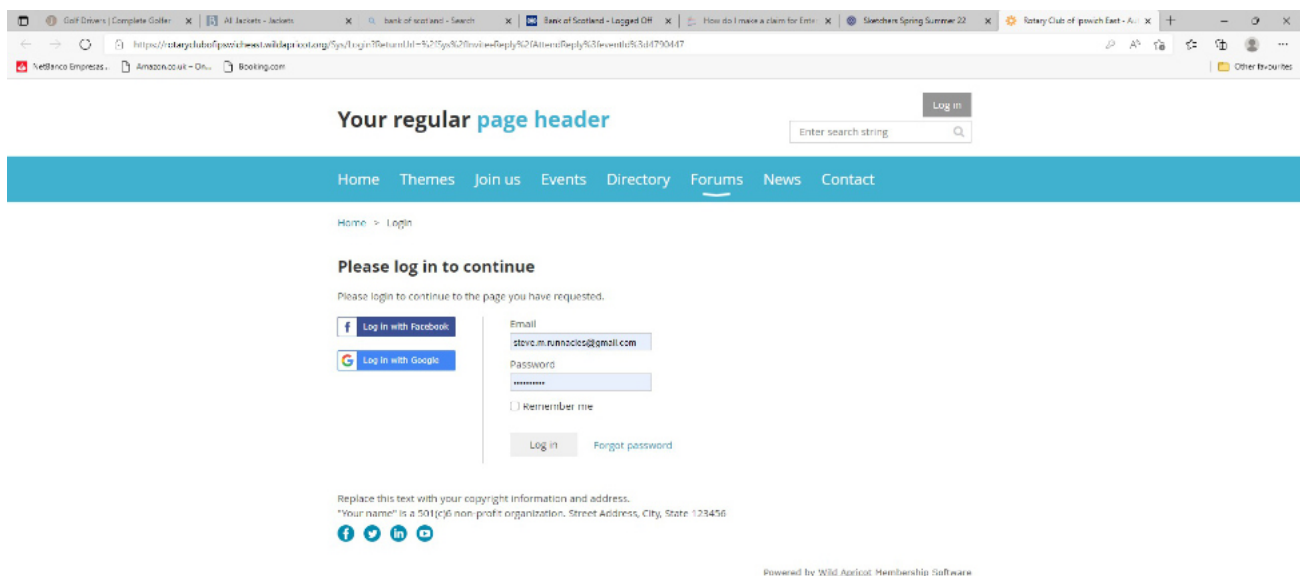
The software has many more features and this instruction sheet sets out to show you how you can log on to your member section of the website and both register and pay for forthcoming events and lunches.

How do you log onto the website?

Using the email you received inviting you to the relevant event just click on the green button outlined in red as shown here:



That will bring a screen which looks like this:



If you haven't logged in before just type your usual email address into the box marked "Email" followed by a password into the box marked "Password*" - also make sure you click in the box that says "Remember me"

Contd./

Once you've logged in, a screen will come up looking like the one below (but obviously showing the relevant event that you are logging into...)

The screenshot shows a web browser with multiple tabs. The active tab is 'Bank of Scotland - Logged Off'. The URL bar shows 'st.wildapricot.org/event-4790447/Registration'. The page has a header with 'Your regular page header' and a search bar. Below the header is a navigation menu with links: Home, Themes, Join us, Events, Directory, Forums, News, Contact. The main content area is titled 'Test Event 4' with a sub-header 'Add to my calendar'. Below this is a box containing event details: 'Event: Test Event 4', '22 Apr 2022 12:30 PM', and 'Location: Venue 16'. Underneath is a registration form with a label 'Enter registrant email' and a 'Mandatory fields' indicator. The email field contains 'steve.m.runnacles@gmail.com'. At the bottom of the form are 'Cancel' and 'Next' buttons. Below the form is a placeholder text: 'Replace this text with your copyright information and address. "Your name" is a 501(c)(6) non-profit organization. Street Address, City, State 123456' followed by social media icons for Facebook, Twitter, LinkedIn, and YouTube.

If you want register, hit “Next”. The screen that next appears will give you the option to add any guests that you may wish to bring.

[Please remember that if you are bringing a potential member, you do not register a guest. Instead, email rcieattendance@gmail.com and inform the attendance officer who is coming as a potential member.]

The screen that appears looks like this:

The screenshot shows the same web browser as the previous image. The URL bar shows 'st.wildapricot.org/event-4790447/Registration'. The page displays event details in a box: 'Event: Test Event 4', '22 Apr 2022 12:30 PM', 'Location: Venue 16', 'Registration type: simple - £2.00', and 'Total amount: £2.00 (GBP)'. Below this is a registration form with a label 'Enter registration information' and a 'Mandatory fields' indicator. The form fields are: 'First name: Steve', 'Last name: Runnacles', 'Email: steve.m.runnacles@gmail.com', 'Phone: 07715160415', and 'Home Phone: 01473 287715'. Below the form is a section titled 'Public list of event registrants' with a checkbox 'Include name in list of event registrants' and a note 'You may wish to exclude your name for privacy or security reasons'. Below this is a section titled 'Guests registration' with a dropdown menu 'Include: 0' and a note 'additional guests, each £2.00 (GBP)'.

If you wish to bring a guest (not a potential new member) please add the relevant number of guest by clicking on the box under “Guests Registration”.

When you are happy with this page click “Next” which will bring up the payment screen that looks like this...

Steve Runnacles Change password Log out

Enter search string Q

Home Themes Join us Events Directory Forums News Contact

Home > Test Event 4 > Registration

Test Event 4 ➔ Add to my calendar

Review and confirm

Event: Test Event 4
22 Apr 2022 12:30 PM
Location: Venue 15

Registration type: simple - £2.00

Guest (1): £2.00 (GBP)

Total amount: £4.00 (GBP)

Payment instructions: Please pay using a valid debit or credit card

Cancel Back Invoice me Pay online

Registration Information

First name: Steve

If you added a guest(s), the total amount due will include their fee. If you are unhappy with this screen (ie the total amount due) then press “Back” to go to the previous screen and make the adjustment.

Once you are happy to carry on, lick the “Pay Online” button which will take you through to the payment screen which looks like this:

Rotary Club of Ipswich East

Invoice #00035

£4.00

Registration for "Test Event 4" (22 Apr 2022 12:30 PM, Venue 16), simple; Guests - 1

Powered by **stripe** | Terms Privacy

Pay with card

Email: steve.m.runnacles@gmail.com

Card information

1234 1234 1234 1234 VISA

MM / YY CVC

Name on card

Country or region: United Kingdom

Postal code

☐ Save my info for secure 1-click checkout
Pay faster on Rotary Club of Ipswich East and thousands of sites.

Pay

Check the amount due and fill in the card details requested which are:

- 1) Card Number
- 2) Card Expiry Date
- 3) CVC Number (*the 3 digit security number on the signature strip on the back of the card*)
- 4) The Name on the card
- 5) Postcode

[You can elect click the box to retain your card details - this a personal choice.]

Click the Blue Box marked “Pay”.

The process will then go through and you will see a screen like this:

Steve Runnacles Change password Log out

Your regular page header

Enter search string

Home Themes Join us Events Directory Forums News Contact

Home > Test Event 4 > My profile > Event registration details

Test Event 4

Add to my calendar

Payment successful

Registration confirmed (view invoice). To change, contact administrator.

Event	Test Event 4
	22 Apr 2022 12:30 PM
	Location: Venue 16
Registration type	simple - £2.00
Guest (1)	£2.00 (GBP)
Total amount	£4.00 (GBP)

Cancel registration

Registration form

First name Steve

Last name Runnacles

You have then registered and paid for the event. Result!

How to cancel a registration for an event using the website

First log into the website as before, then click on the “Events” item in the Blue Bar towards the top of the screen.

The screen will look like this:

Upcoming events

Switch to Calendar View

Test event 3

When 22 Apr 2022 12:30 PM Just a trial run

Location Venue 16

Registered Be the first

Register

Show details >>

Test Event 4

When 22 Apr 2022 12:30 PM SMR test event

Location Venue 16

Registered 2 registrants

Register

Already registered

Show details >>

Business Meeting

In this instance a registration for Test Event 4 will be cancelled.

Looking at the entries for the Event, you will see that it says “Already Registered” in light blue - Click on this link and the following screen will appear:

The screenshot shows a web page for 'Test Event 4'. At the top, there's a header with 'Your regular page header', user 'Steve Runnacles', and links for 'Change password' and 'Log out'. A search bar is also present. Below the header is a navigation menu with 'Home', 'Themes', 'Join us', 'Events', 'Directory', 'Forums', 'News', and 'Contact'. The breadcrumb trail is 'Home > Test Event 4 > My profile > Event registration details'. The event title 'Test Event 4' is followed by an 'Add to my calendar' button. A blue message box states: 'Registration confirmed (view invoice). To change, contact administrator.' Below this is a table with registration details:

Event	Test Event 4
	22 Apr 2022 12:30 PM
	Location: Venue 16
Registration type	simple - £2.00
Guest (1)	£2.00 (GBP)
Total amount	£4.00 (GBP)

Below the table is a 'Cancel registration' button. At the bottom, the 'Registration form' section shows the user's details: First name: Steve, Last name: Runnacles, Email: steve.m.runnacles@gmail.com, and Phone: 07715160415.

If this is the event you've registered for and you now wish to cancel, hit the “Cancel registration” link in grey.

You'll then see a screen that looks like this:

The screenshot shows the same 'Test Event 4' page, but the registration has been cancelled. A green message box at the top says: 'Your registration has been canceled successfully.' The registration details table remains the same. The 'Cancel registration' button is no longer visible. The 'Registration form' section at the bottom still shows the user's details: First name: Steve, Last name: Runnacles, Email: steve.m.runnacles@gmail.com, and Phone: 07715160415.

All that's left to do is to email the attendance office [rcieattendance@gmail.com] and ask him for a refund.

(it won't be immediate so don't panic!)

Please remember, if you get stuck or need help, contact:

Steve Runnacles : steve.m.runnacles@gmail.com

Alan Forsdike : alan.forsdike@gmail.com

Bill Izzard : rcieattendance@gmail.com

Dave Atkins : atcofam@ntlworld.com