

LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 01-2022 : 11th January 2022

CLUB OFFICERS 2021/22
President: Jo Banthorpe
Sen V. President: Steve Runnacles
Jun V President: George Woodward
Secretary: Tony Baker
Asst Secretary: Bill Robinson
Treasurer: Neil Hewitt



January
John Goodship
Bill Pipe
Ray Walters
Andy Lewis
Dick Jeffery
Eva Alcerreca
Ian Lord

Club Lunchtime EG Meeting at 'Venue 16' Tuesday 11th January 2022 at 12.55pm

This will be held in the 'Ven Yew' not our usual location.
Duty Rotarians: Norman Haines & Liz Harsant

A New Year Message from Club President Jo Banthorpe



Happy New Year to you all! I trust this message finds you and your families all as well as can be expected given the circumstances, and hopefully largely virus free.

Many of you will have already heard the news that our very own Mark Murphy has been honoured with an MBE in The Queen's New Year List.

Mark has been praised for his involvement and dedication to public and charitable projects including the 'Don't be a Tosser' anti-litter campaign, being a driving force for Suffolk Day, campaigning against knife crime, scam mail and domestic violence, highlighting public toilet provision and protection of hedgehogs and of course promoting our Orwell Walk and Challenge for many years.

I'm sure you'll agree that Mark's award is extremely well-deserved and no doubt he will continue to use his public presence to continue campaigning for good causes and giving a voice to those who are in need of one.

Huge congratulations Mark! What a terrific start to '22! Onwards and upwards!

Jo

BBC Radio Suffolk presenter Mark Murphy made an MBE in New Year Honours

 Brad Jones



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BBC Radio Suffolk's Mark Murphy created Suffolk Day in 2017. He has been made an MBE for his services to radio and the community in Suffolk. - Credit: Archant

Report from the Planning Group of the EGM

As previously intended, and prompted by a couple of requests from members, the Planning Group met last week to discuss and review the frequency and format of meetings, and also the proposed changes to the lunch booking system. The Planning Group's recommendations are set out below. There will be the opportunity for Members to discuss these recommendations next Tuesday 7th December, when Steve Runnacles will also present the proposed new booking system to Club. The discussion will be instead of a speaker on this occasion.

We resumed physical Rotary meetings on the 14th September 2021 and we are now operating to a fortnightly schedule, as opposed to the previous weekly schedule. This change was agreed after club discussion and a vote encompassing all members. Ahead of any decision to resume weekly meetings a commitment was given that a review of its viability/desirability would be performed. The club has recently received several requests from members for this review to occur, and this has now been performed by the Planning Committee. I understand this is a significant issue for many members and I can reassure them that the recommendation generated was informed by the views of Central Government, Rotary Headquarters and Ipswich East club members.

The committee's recommendation to the Club Council is to stay with fortnightly meetings, this view was defined by the following considerations:

- That the level of national COVID 19 daily infections remains high, the 14-day gap between meetings remains important to allow us to manage and advise the membership of any infections reported at meetings ahead of the next meeting. This is particularly relevant with the appearance of the Omicron variant with its anticipated increased infection capability, and the heightened control measures being introduced by Central Government.
- That the commitment to fortnightly meetings (whilst reacting to the current covid challenge) is also aligned to the club council's view that this change will make the club more attractive to new members by reducing the formal meeting time commitment required by their membership.
- That in the short-term, members who want to meet on the weeks where there is no formal Rotary event, can do so by booking tables themselves directly with Venue16. They should avoid Tuesdays as the restaurant is normally closed, it currently only opens on alternate Tuesdays for Rotary.
- That the club is looking to introduce software very shortly that will automate a number of currently manual processes. One of those changes will be to allow members to directly record their attendance or apologies online for club meetings via computer or smartphone. This will also facilitate the automation of lunch booking at Venue 16 on the alternate weeks where no formal Rotary club meeting is occurring. If sufficient members take up the opportunity to participate in this arrangement, I am confident that Venue16 will be prepared to open on the Tuesday lunchtimes with no formal meeting. However, if this option is to be taken forward there will be a need for Venue16 to achieve a critical number of routine diners (likely to be between 20 and 25) on those Tuesdays.
- That it has become increasingly difficult to source interesting and relevant speakers for weekly meetings, the move to fortnightly meetings reduces demand and offers the opportunity for us to increase the quality of our speakers.

The adoption of the software mentioned above will be a significant move forward for the club. There will be a presentation of its features before any adoption decision is made to the full club, hopefully in early 2022. If the Club Council recommends adoption of the software the proposal, including the relevant costs will then be presented to the club for consideration. Presuming the software implementation was approved we should then be able to facilitate a mix of formal Rotary meetings and informal lunch meetings each month. The administrative activities required to manage these events should be performed automatically with minimal human intervention.

I hope members will accept these proposals as being in the best interest of the whole club as we plan to move into a post Covid era and develop a vibrant community-based organisation attractive to both existing and new members.

John Button

AGENDA for Extraordinary General Meeting

The EGM will be held at the lunch time meeting of the club at Venue 16 on Tuesday 11th January at 1.30 pm.

Agenda

- 1 Apologies
 - 2 Welcome by President/Chairman
 - 3 Introduction
 - Notice - To discuss the frequency of future face to face meetings
 - 4 The proposal of the 5 Year Planning Group - Nominated Club Member
 - 5 The proposal for a return to weekly meetings - Nominated Club Member
 - 6 Club Members invited to contribute to the discussion.
 - 7 Concluding arguments for the proposal set out by the Planning Group
 - 8 Concluding arguments for a return to weekly meetings - Nominated Club Member
 - 9 Proposal to the meeting for the frequency of future face to face meetings
 - 10 Any amendments to the proposal
 - Vote on any amendments before voting on the substantive motion.
 - 11 Concluding comments by the President/Chairman
-

Generous donation to Benevolent Fund

A £500 donation has been made by David Langmean of 'Green Shoots'.

This has come about because James Fosket who farmed Hams Farm for many years has finished and this has been taken over by David Langmead whose crop rotation is more geared to intensive vegetable crops. Therefore the metal detecting days are no longer compatible with this type of farming.

David was aware that this had been a good income stream for our Benevolent Farm and very generously said he would donate £500 in lieu of this event which was very generous indeed. David has been thanked on behalf of the club.

The metal detecting at Hams Farm (organised by John Barbour and Bob Parker) has now ceased because of the change in farming requirements.

It has been a good earner for the Benevolent Fund and has raised about £12k over the years.

Unfortunately like all things they can come to an end and the club should now look for other equally viable annual events.

Metal detecting has been good, but very few farmers are now keen as after such events some, what are called "Night Hawks", arrive at night to have use their equipment in an unauthorised and unsupervised manner .

We have been lucky to avoid such happenings after our events.

A 'thank you' from East Anglian Sailing Trust

From an email to Tony Baker...

Many thanks for your organisations recent donation of £500 to East Anglian Sailing Trust which as you will see from the attached letter will be put to very good use.

Kind regards,

Allistair Renton



CEO of the Anne Robson Trust, Liz Pryor was awarded MBE in The Queen's New Year's Honours List January 2022

Ipswich East supported this charity last year. this is from an email received by President Jo...



We are very excited that our CEO, Liz Pryor, Chief Executive of the Anne Robson Trust, a charity supporting people who face the end of their lives alone, has been awarded the Member of the British Empire Medal (MBE) in the Queens 2021 New Year's Honour's list, for services to end-of-life care.

The Award marks the close of a significant year for us as the focus on end-of-life care came under the spotlight during the Covid-19 pandemic.

In January 2010, Liz Pryor's mother, Anne Robson was rushed to hospital from her care home in Suffolk with a suspected broken hip. She was discharged a week later and died a matter of hours after arriving home. Her family were not aware that she was dying. This was the springboard for Liz to start working in and around the NHS. In 2018, Liz set up the Anne Robson Trust, a charity in memory of her mother, with the aim of improving care for the elderly and those alone at the end of their life.

Liz said: "I am delighted and honoured to be recognised in the Queen's New Year's Honours List. This is an important milestone in recognising how vital it is to offer emotional support to people who are dying and their loved ones.

I'm so grateful to everyone for their unwavering support for and commitment to the Anne Robson Trust, from our network of staff, Trustees and Patrons to our donors, volunteers and hospital partners. It takes a committed team to tackle this challenging subject, and I would like to dedicate this award to every one of those people, in recognition of their amazing contribution and work, not just mine."

Local Choir on BBC Radio 4

Choral Matins will be broadcast live from St Mary le Tower following the 8am news on Sunday 16th January .

This a real boost for Tower Church and Rev Tom Mumford the new vicar and the choir and Christopher Borrett, the Director of Music.

[Ian Lord]

A 'thank you' from Kids Out

Dear Rtn Jo,

On behalf of us all at KidsOut, I would like to say a huge thank you for the £300 donation, to go towards the Rotary Christmas Toy Box Initiative. This is a wonderful contribution and I would ask you to pass on our sincere thanks to all those involved for their generosity and support.

Christmas is always tough for families in refuge, with this year harder than usual. Most children arrive at refuge with only the clothes on their back, restricted to a single room with their mother and siblings. Mothers struggle to provide basic essentials, let alone toys for their children at Christmas.

The Rotary Christmas Toy Boxes provided 5435 children in Refuge with brand-new toys to support mental health and make the world a little kinder.

“Refuge life can be difficult, especially for families, and the added pressure for parents to ensure their children have presents to open on Christmas morning causes a lot of stress and upset for our mums - especially if finances are tight. However, your toys mean we can provide our amazing families with the opportunity to have a lovely Christmas Day... please know your toys will be put towards making a child smile this Christmas.” - Refuge support worker

KidsOut is the fun and happiness charity and we believe every child deserves to build happy memories. If you would like further details on what we do, please visit our web page www.kidsout.org.uk.

Thank you once again - your support makes a real difference.

Best,

[Signed]

Sandra Doherty
Head of Children's Services

An Invitation from Ipswich Wolsey Rotary Club

Talk By Dr. Carly Howlett "Lucy in the Sky with Asteroids"

Some years ago we had Dr Howlett give a presentation at Kesgrave High School, on what she was doing at NASA.

She again is working with the NASA's project to send a mission to Jupiter's Trojan Asteroids. Carly has agreed to give a presentation at Suffolk University's Lecture Theatre 1 on Saturday 29th January at 3.15pm. (Please see the attached flyer). Tickets are £12.50 each. Available from <https://buytickets.at/lucy>

She was very well attended at her last presentation and we hope that this will be as well attended and as interesting as her last showing.

Thank you for your assistance.

Alan Gent

President Ipswich Wolsey Rotary.

Twinning visit to Rotary Club of Ipswich, Massachusetts

While the above twinning is still quite a few months off, both Martha, the US side organiser, and I have started putting some thoughts down and they need to know who and how many are committed to take part in joining the exchange this time round.

Please let me know now if you would like to go. We currently have 14 signed up and it would be nice to be nearer 20.

If you've never participated in the US twinning you might like to know that, in theory, it happens every two years so we host every four years. The event itself lasts for a week and we are accommodated in individual Rotarians homes, and vice versa. This arrangement works well and keeps the cost down when your visiting but it does imply that one would reciprocate in two years time. Usually hosts and guests form good relationships which develop as in our case, where we have become extremely good friends with our hosts, Bob and Kathy Gravino. Sometimes of course the pairings don't quite work out so we change it for next time. No problem.

In times where we, Ipswich East, travel to Ipswich Massachusetts most of us tag on an additional holiday having committed to airfares etc and in 2022, I understand that some Rotarians are traveling to the US on the Queen Mary.

We do hope you will consider joining and I look forward to answering and questions you may have in the meantime. *George McLellan*

RESPONSES ARE NEEDED NOW - PLEASE CONTACT GEORGE

Notifying non-attendance [or extra meals] at Lunchtime Meetings
(until the new electronic system is introduced)

You must opt out of lunch (in-person) meetings.
The club will **assume you will attend** when placing their order for lunch.

If you cannot attend, you must give your apologies via email to Dave Atkins by the Sunday midnight before the physical lunch meeting.

Email:
rcieattendance@gmail.com

If you don't opt out, **you will be charged** the full cost of the meal.
The Club pays for all lunches ordered regardless of the number who attend.

If you need an additional places at lunch (for a guest or a speaker) the same rules apply: you must notify Dave using this email



Assuming we will be meeting the plan is...

11th January - Honey Roast Gammon

25th January - Chicken Breast

8th February - Lasagne

22nd February - Roast Topside of Beef

Alternatives are available but must be notified in advance unless you have a 'standing order'.

Ipswich East Rotary Club Meetings Programme

(Subject to the outcome of the EGM - I will provide details of 'Duty Rotarians' when we know but please let me know if you are going to attend should your name appear as I cannot always tie this up with the 'attendance list'.

Tuesday 25th January - Business Meeting
Tuesday 8th February - Speaker Meeting
Tuesday 22nd February - Speaker Meeting
Tuesday 8th March - Speaker meeting
Tuesday 22nd March - Business Meeting
Tuesday 12th April - Speaker Meeting
Tuesday 26th April - Speaker Meeting
Tuesday 10th May - Speaker Meeting
Tuesday 24th May - Business Meeting

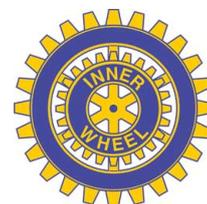


Inner Wheel Club of Ipswich East

President: Catherine Forsdike

Secretary: Margaret Woodward

Treasurer: Rosey Watson



Club Correspondent: Anne Riches - International Service Organiser: Monica Pipe

Membership and Welfare: Ruth Goodship - Social: Karen Finch

Fund Raising: Judi Walters - Community Service: Anne NG

PROGRAMME

(All subject to change)

Tuesday 1st February 12:15pm - Frugal Lunch at Hill House, 2 Henley Road

Friday 25th February - Trivia Quiz - Tuddenham Village Hall
PLEASE KEEP THE DATE!

Tuesday 1st March 7:15pm - Business Meeting at Ipswich & Suffolk Club

Wednesday 16th March - District Committee Meeting: Honington and Sapiston Village Hall

Tuesday 5th April 12:15 - Speaker Meeting (tba)

5th - 7th April - Inner Wheel Conference Bournemouth - CANCELLED

Tuesday 3rd May 7:15pm - AGM and District Chairman's Visit

Wednesday 18th May - District International Rally - Ely

Tuesday 7th June 7:15pm - Speaker Meeting (tba)

Tuesday 21st June - District Committee Meeting and AGM - Brome Grange

Tuesday 5th July 7:15pm - Handover meeting - Prosecco and Strawberries