



LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 21-2021 : 23rd November 2021

**Club Lunchtime Meeting at 'Venue 16'
Tuesday 23rd November at 12.55pm**

Business Meeting and SGM

Duty Rotarians: Des Cunningham & Janet Dillaway

CLUB OFFICERS 2021/22

President: Jo Banthorpe
Sen V. President: Steve Runnacles
Jun V President: George Woodward
Secretary: Tony Baker
Asst Secretary: Bill Robinson
Treasurer: Neil Hewitt



November
Eric Barnett

December
Ross Lunney
David Chittick
John Riches
Juliette Adams

The mystery of Foundation: Speaker Jonathan King, Team Leader, District 1080 Foundation Cttee

Jonathan introduced himself as a member of Wroxham & Bure Rotary Club which was created 17 years ago. He has been a Rotarian for 15 years and been District Governor for two of them.

We were treated to an eloquent appeal to support Foundation which is Rotary's Charity. 91% of Funds are spent on Program awards and operations. The charity headquarters is in Evanston Illinois, USA. He assured us that Ipswich East has qualified to apply for grants for projects, however when looking at applications, preference is given to the clubs who have made donations to Foundation.

When he reported that donations from Ipswich East to the Annual fund, End Polio and Endowment Funds have declined to almost zero, while noting that we are the largest club in District, he was challenging us to review how we distribute the funds we raise for charities.

The amount Rotary International would like us to achieve in donations to Foundation is the equivalent of \$100 per person in the club. He gave an example of how the two Rotary clubs in Felixstowe have applied for received a grant for Felixstowe Landguard Fort Project. World Polio Day was held on 24th October.

Rotary International is committed to raising \$50 million this year for *End Polio Now* which the *Bill and Melinda Gates Foundation* will then triple to \$150 million. Notable buildings in Norwich were flooded in purple lighting to celebrate the success of the End Polio campaign. (There have only been 2 cases so far this year of wild polio causing paralysis, one in Pakistan and one in Afghanistan). Wroxham & Bure Rotary took the opportunity to successfully fund raise funds for the charity.

Projects that have already been completed with a Rotary grant and those still in progress can be viewed through My Rotary. They form a valuable resource to help when planning and completing a project.

In his vote of thanks, David Chittick acknowledge his was a novice when it came to Foundation but was blessed with being the Chairman of an able and experienced committee who have supported a change in objectives. He described the report as to how we were performing as a club as 'a kick up the backside'. Foundation, he pointed out is at the heart of Rotary and we as members could gain from the experience of working with clubs internationally on projects that make a difference to people's lives.

George Woodward, acting President assured Jonathan that we as a club are donating to *End Polio Now*, District and International Foundation this year. In the past we have given the funding for projects promoted by other clubs in the District in order to receive matching grants. The funds set aside for End Polio Now have been used to provide boxes of purple crocus corms for schools to grow the flowers to remind pupils about the need to vaccinate to eradicate polio.

David Chittick



Important Message from Club President Jo Banthorpe

In view of the worrying reporting of increased infection rates by the BBC and ZOE app, myself and Club Council feel it would be wise at this point to review our current lunch arrangements.

With your personal safety in mind and also that of our more vulnerable members, please would members strongly consider wearing a mask on entering V16 and whilst standing at the bar. Please then proceed to your seats as soon as you have purchased your drinks. Please also consider wearing a mask when moving around the venue and on leaving the building.

I am personally very concerned about the risk of infection at our 'large' lunch gatherings, and as such will be withdrawing from such events for at least the next three meetings.

I cannot risk the possibility of bringing infection into my house due to my caring responsibilities, not only for my elderly father-in-law but also for my sister-in-law who is due to have spinal surgery in early November and will be convalescing at my house.

I don't wish to shirk on my duties as President but I feel we have a duty of care to ourselves, our families and especially our members, many of whom will be classed as 'vulnerable'.

I would like to thank SVP Steve and JVP George for being willing to step in on my behalf for the foreseeable future. I will of course chair any meetings on Zoom as usual.

Although I won't be visible in person, I will be keeping a watchful eye on proceedings and will fulfil my presidential duties remotely.



23rd November - Fresh Salmon infused with soya sauce and honey, served with a lime and coriander crab cake and an Asian slaw

7th December - Minted Lamb steak served with ratatouille, fat chips and a rocket and mozzarella salad

21st December - Christmas Lunch (see next page)

Alternatives are available but must be notified in advance unless you have a 'standing order'.

Christmas Lunch, Tuesday 21st December 2021

**Venue16's Restaurant can seat a maximum of 60 people
(the bigger 'VenYew' room isn't available.)**

The event is open to members only until the 30th November then any remaining places can be booked for family and friends. David Atkins will advise how many are available.

Both booking sequences will be open on a first-come first-served basis.

YOU MUST OPT-IN

Bookings in both instances should be made via email to me at rciattendance@gmail.com clearly stating in the message header that it is a Christmas meal request please.

Venue16 are offering individual choices from the menu below, so when you book Dave needs to know your preference.

**1 - Turkey escalope with a cranberry and sausage meat stuffing,
served with roasted potatoes, a vegetable parcel,
thyme roasted Brussel sprouts and a turkey jus
(can be adapted for GF - please order now)**

**2 - Roasted fillet of haddock topped with a creamy mussel
and prawn sauce served with roasted potatoes
and a vegetable parcel (GF)**

**3 - Traditional vegetable moussaka
served with a Greek salad and tzatziki dip
(GF, V and can be adapted for Vegan - please order now)**

followed by

**Traditional Christmas pudding
with brandy sauce
(vegan version available - please order now)
and coffee**

The meal will be the normal cost for two courses, £15.50

PLEASE REMEMBER TO OPT-IN





Click here for details of Carol services throughout Ipswich this Christmas so you too can hear the angels' message of good news and great joy.

Bring joy to Ipswich this Christmas!
www.inspiringangels.org.uk



Appearing somewhere near you soon!

Ipswich is going to 'angel bombed' this year with angels everywhere and anywhere! Large wings (on the right above) will be appearing on churches and buildings around Ipswich to get people to engage with what Christmas is about. The challenge has been thrown down to everyone to do their bit too. They can be made out of anything- paper, wood, metal or material.

Scan the QR code to find out more.

English - a difficult language?

*I take it you already know
 Of tough and bough and cough and dough
 Others may stumble, but not you
 On hiccough, thorough, laugh, and through.*

*And cork and work and card and ward
 And font and front and word and sword
 Well done! And now if you wish, perhaps
 To learn of less familiar traps,*

*Beware of heard, a dreadful word
 That looks like beard and sounds like bird.
 And dead: it's said like bed, not bead-
 For goodness sakes don't call it deed.*

*Watch out for meat and great and threat,
 They rhyme with suite and straight and
 debt.*

*A moth is not a moth in mother,
 Nor both in bother, broth in brother.*

*And here is not a match for there,
 And dear and fear for bear and pear.
 And then there's dose and rose and lose-
 Just look them up-and goose and choose,*

*And do and go, then thwart and cart.
 Come, come, I've hardly made a start!
 A dreadful language? Man alive!
 I'd mastered it when I was five.*

IPSWICH EAST ROTARY SPORTS

Interested in winter time
 indoor bowling at the
 Rushmere Road, Ipswich Club?

Once a week 2-hour slot, time
 and day to suit majority, I
 think we need a minimum of
 four participants to get
 started.

Replies direct back to Allan
 Gosling please.
a@allangosling.com



Twinning visit to Rotary Club of Ipswich, Massachusetts

While the above twinning is still quite a few months off, both Martha, the US side organiser, and I have started putting some thoughts down and they need to know who and how many are committed to take part in joining the exchange this time round.

Please let me know now if you would like to go. We currently have 14 signed up and it would be nice to be nearer 20.

If you've never participated in the US twinning you might like to know that, in theory, it happens every two years so we host every four years. The event itself lasts for a week and we are accommodated in individual Rotarians homes, and vice versa. This arrangement works well and keeps the cost down when your visiting but it does imply that one would reciprocate in two years time. Usually hosts and guests form good relationships which develop as in our case, where we have become extremely good friends with our hosts, Bob and Kathy Gravino. Sometimes of course the pairings don't quite work out so we change it for next time. No problem.

In times where we, Ipswich East, travel to Ipswich Massachusetts most of us tag on an additional holiday having committed to airfares etc and in 2022, I understand that some Rotarians are traveling to the US on the Queen Mary.

We do hope you will consider joining and I look forward to answering and questions you may have in the meantime. *George McLellan*

RESPONSES ARE NEEDED NOW - PLEASE CONTACT GEORGE

Notifying non-attendance [or extra meals] at Lunchtime Meetings

You must **opt out of lunch** (in-person) meetings.

The club will **assume you will attend** when placing their order for lunch.

If you cannot attend, you must give your apologies via email to Dave Atkins by the Sunday midnight before the physical lunch meeting.

Email:

rcieattendance@gmail.com

If you don't opt out, you will be **charged the full cost of the meal.** The Club pays for all lunches ordered regardless of the number who attend.

If you need an **additional places at lunch** (for a guest or a speaker) the same rules apply: you must notify Dave using this email address by midnight of the Sunday ahead of the meeting.

St Mary le Tower Christmas Tree Festival 1st - 8th December 2021

Member Ian Lord writes:

Our Rotary Club has voted to place a Christmas Tree in this year's event.

It's two years since the event was last held and the organising team are keen to hold this year's festival which is part of the town Christmas scene.

I wondered if there are any Rotarians or their companies or professional organisations who would like to sponsor a tree.

If you would like to get in touch with me I will send you further details.

It is a wonderful opportunity for the whole town to see what a wide variety of organisations are in the town.



Agenda for Special General Meeting 23rd November 2021

1. To receive and approve the Club Accounts for Rotary Year ended 30th June 2021.
2. To appoint the following officers for the Rotary year 2022/23

Position	Recommendation
□ President-Elect (SVP) (President 2023/24)	George Woodward
□ President-Nominee (JVP) (President 2024/25)	Ewan Dodds
□ Planning Chairman (President 2025/26)	Steve Flory
□ Secretary	Bill Robinson
□ Assistant Secretary	Jo Banthorpe
□ Treasurer	Neil Hewitt
□ Assistant Treasurer	Ed Nichols
□ Foundation Chairman	David Chittick
□ Club Service Chairman	David Atkins
□ Club Almoners	John Riches and Jo Banthorpe
□ Club Health and Safety Officer	Andy Lewis
□ Club Insurance Advisor	Steve Runnacles
□ Club Safeguarding Officer	Catherine Forsdike
□ Club Sports Officer	Allan Gosling
□ Club Newsletter Editor	Alan Forsdike
□ Club Photographer	Richard Porter
□ Speaker Finder	Nigel Farthing
□ Keeper of Club Diary	Eva Alcerreca

3. To appoint Voting Delegates to attend the ensuing Annual Conference of the Association.
Delegates: President President-Elect President-Nominee Planning Chairman
Substitutes: Immediate Past President Secretary Treasurer Chairman of Foundation
4. Any other business appropriate to the meeting.

Ipswich East Rotary Club Meetings Programme

**Tuesday 7th December - Guest Speaker
(speaker to be announced) 12.55pm at 'Venue 16'**

Duty Rotarians: Ewan Dodds & Nigel Farthing

**Tuesday 21st December - Christmas Lunch
12.55pm at 'Venue 16'**

Duty Rotarians: Karen Finch & John Goodship

Tuesday 11th January 2022 - Speaker Meeting

Tuesday 25th January - Business Meeting

Tuesday 8th February - Speaker Meeting

Tuesday 22nd February - Speaker Meeting

Tuesday 8th March - Speaker meeting

Tuesday 22nd March - Business Meeting

Tuesday 12th April - Speaker Meeting

Tuesday 26th April - Speaker Meeting

Tuesday 10th May - Speaker Meeting

Tuesday 24th May - Business Meeting

(Duty Rotarians, please confirm to the Hon Sec and Editor that you are going to be available.)



Inner Wheel Club of Ipswich East

President: Catherine Forsdike

Secretary: Margaret Woodward

Treasurer: Rosey Watson

Club Correspondent: Anne Riches

International Service Organiser: Monica Pipe

Membership and Welfare: Ruth Goodship

Social: Karen Finch

Fund Raising: Judi Walters

Community Service: Anne NG

PROGRAMME

Tuesday 7th December 7:15pm - Christmas Music Quiz - Ipswich & Suffolk Club

Tuesday 4th January 2022 12:15pm - New Year Social Pub Lunch
(at a venue to be arranged)

Sunday 9th January - Walk and Tea - Hill Farm Tuddenham

hosted by Bill and Monica Pipe at Hill Farm, Tuddenham. Walkers to start at 1.30pm for the longer walk and the short walk will start from about 2.30pm. A wonderful afternoon tea will be served from 3.30pm.

Tickets £5 per person, all proceeds to The Stoke Association. Please get in touch with Judi by email: judiwalters@btconnect.com



Tuesday 1st February 12:15pm - Frugal Lunch at Hill House, 2 Henley Road

Friday 25th February - Trivia Quiz - Tuddenham Village Hall
PLEASE KEEP THE DATE!

Tuesday 1st March 7:15pm - Business Meeting at Ipswich & Suffolk Club

Wednesday 16th March - District Committee Meeting: Honington and Sapiston Village Hall

Tuesday 5th April 12:15 - Speaker Meeting (tba)

5th - 7th April - Inner Wheel Conference Bournemouth

Tuesday 3rd May 7:15pm - AGM and District Chairman's Visit

Wednesday 18th May - District International Rally - Ely

Tuesday 7th June 7:15pm - Speaker Meeting (tba)

Tuesday 21st June - District Committee Meeting and AGM - Brome Grange

Tuesday 5th July 7:15pm - Handover meeting - Prosecco and Strawberries