

LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East
Edition 20-2021 : 9th November 2021

CLUB OFFICERS 2021/22
President: Jo Banthorpe
Sen V. President: Steve Runnacles
Jun V President: George Woodward
Secretary: Tony Baker
Asst Secretary: Bill Robinson
Treasurer: Neil Hewitt



November
Geoff Ramsdale
Steve Flory
Bill Robinson
Liz Harsant
Alison Baldry
George McLellan
Eric Barnett

Club Lunchtime Meeting at 'Venue 16' Tuesday 9th November at 12.55pm

**Guest Speaker: Jonathan King
'Rotary Foundation'**

Duty Rotarians: John Clements and Stuart Cooper

Suzanne Couszins, Business Connector Youth Pledge for Employers Project

Suzanne gave a fluent talk about her role engaging with employers to attract young people into working for small and medium sized Enterprises (SMEs) in East Suffolk.

The Youth Pledge was started in June of this year and is being funded by the European Union until December 2023. Suffolk County Council employs two Business Connectors. Over 100 SMEs have already signed up; the target is 420 businesses.

The main employers are in the hospitality sector, manufacturing and construction. Through registering with The Mason Trust, SMEs can advertise opportunities for site visits, give a talk to inspire young people to work in their field or hold a taster morning or afternoon.

Jobs can also be advertised on the website. The Mason Trust is focused on providing opportunities to young people between the age of 12 and 25.

The Youth Pledge works with Northgate and Copleston Schools providing provide careers advice. It is hoped that other schools will follow their example. Young people can sign up through <https://www.icanbea.org.uk/>.

Graham Bickers enquired how young people who are looking for office-based work are going to have the opportunity of getting work experience face to face. Suzanne acknowledged the challenge as meetings are now largely held online with infrequent opportunities to converse with teams in the workplace.

John Button gave the vote of thanks and commended Suzanne for emphasising that the success of The Pledge depends on the ability of the scheme to provide a commercial benefit for the employers that get involved.

David Chittick



Youth Pledge for Employers

Suzanne sent us some more information on the project to share with our members. It was emailed but you might like to read it here.

Do pass it on to friends and colleagues who might be interested.

This project is being undertaken by The Mason Trust with co-investment from Suffolk County Council, Mid-Suffolk District Council, Babergh District Council, Ipswich Borough Council and West Suffolk Councils.

Should you have any questions or queries please do not hesitate to contact either Richard or Carole by email or telephone at:

richard.finn@themasontrust.org
carole.opie-baker@themasontrust.org

01379650041

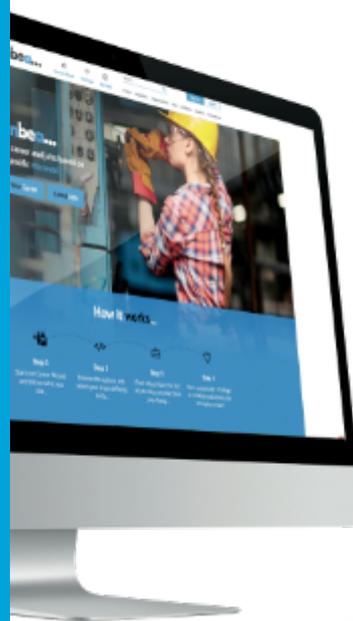
icanbea...
icanbea.org.uk

Employers from all sectors are invited onto the platform. Please note profile pages are free to employers. If any changes are made to this arrangement in the future all employers profiled on the platform will be notified in advance in order to allow them to make a decision on their involvement.



icanbea...

icanbea... is the online platform that showcases career opportunities directly to young people in Norfolk, Suffolk and beyond



See inside for details,
then go to:
icanbea.org.uk



Take the Youth Pledge

Guide and shape the next generation of workers

Pledge to support young people into work

- **Got an hour?**
Give a talk to school leavers
- **More time to give?**
Offer a site visit, taster day or online tour
- **Could you do more?**
Offer work experience, set up an apprenticeship or employ a young person

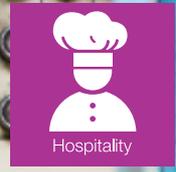
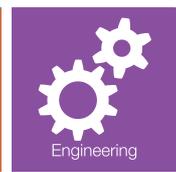
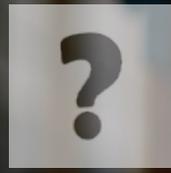
Contact your local BusinessConnector for more details today: youthpledgeforemployers@norfolk.gov.uk

www.norfolk.gov.uk/youthpledge



icanbea...





icanbea... What can you be?

- Play the careerswizd and seejob ideas based onyour skillsand interests!
- Explore your resultsand seewhich local industriesand employerscould help you
- Talk throughthe 'My Page' with your teacher,careerslead,parent or guardian
- Watch videosand employervirtual tours!
- When you're ready,searchfor work experience,volunteering apprenticeships jobs and more!
- Sign-up to save your progresspreferences and to receive updates

Important Message from Club President Jo Banthorpe

In view of the worrying reporting of increased infection rates by the BBC and ZOE app, myself and Club Council feel it would be wise at this point to review our current lunch arrangements.

With your personal safety in mind and also that of our more vulnerable members, please would members strongly consider wearing a mask on entering V16 and whilst standing at the bar. Please then proceed to your seats as soon as you have purchased your drinks. Please also consider wearing a mask when moving around the venue and on leaving the building.

I am personally very concerned about the risk of infection at our 'large' lunch gatherings, and as such will be withdrawing from such events for at least the next three meetings.

I cannot risk the possibility of bringing infection into my house due to my caring responsibilities, not only for my elderly father-in-law but also for my sister-in-law who is due to have spinal surgery in early November and will be convalescing at my house.

I don't wish to shirk on my duties as President but I feel we have a duty of care to ourselves, our families and especially our members, many of whom will be classed as 'vulnerable'.

I would like to thank SVP Steve and JVP George for being willing to step in on my behalf for the foreseeable future. I will of course chair any meetings on Zoom as usual.

Although I won't be visible in person, I will be keeping a watchful eye on proceedings and will fulfil my presidential duties remotely.



9th November - Shepherd's pie topped with cheesy mash

23rd November - Fresh Salmon infused with soya sauce and honey, served with a lime and coriander crab cake and an Asian slaw

7th December - Minted Lamb steak served with ratatouille, fat chips and a rocket and mozzarella salad

21st December - Christmas Lunch (see next page)

Alternatives are available but must be notified in advance unless you have a 'standing order'.

Christmas Lunch, Tuesday 21st December 2021

**Venue16's Restaurant can seat a maximum of 60 people
(the bigger 'VenYew' room isn't available.)**

The event is open to members only until the 30th November then any remaining places can be booked for family and friends. David Atkins will advise how many are available.

Both booking sequences will be open on a first-come first-served basis.

YOU MUST OPT-IN

Bookings in both instances should be made via email to me at rcieattendance@gmail.com clearly stating in the message header that it is a Christmas meal request please.

Venue16 are offering individual choices from the menu below, so when you book Dave needs to know your preference.

***1 - Turkey escalope with a cranberry and sausage meat stuffing,
served with roasted potatoes, a vegetable parcel,
thyme roasted Brussel sprouts and a turkey jus
(can be adapted for GF - please order now)***

***2 - Roasted fillet of haddock topped with a creamy mussel
and prawn sauce served with roasted potatoes
and a vegetable parcel (GF)***

***3 - Traditional vegetable moussaka
served with a Greek salad and tzatziki dip
(GF, V and can be adapted for Vegan - please order now)***

followed by

***Traditional Christmas pudding
with brandy sauce
(vegan version available - please order now)***

and coffee

The meal will be the normal cost for two courses, £15.50

PLEASE REMEMBER TO OPT-IN



Notifying non-attendance [or extra meals] at Lunchtime Meetings

You must opt out of lunch (in-person) meetings.
The club will assume you will attend when placing their order for lunch.

If you cannot attend, you must give your apologies via email to Dave Atkins by the Sunday midnight before the physical lunch meeting.

Email: rcieattendance@gmail.com

If you don't opt out, **you will be charged** the full cost of the meal.
The Club pays for all lunches ordered regardless of the number who attend.

If you need an additional places at lunch (for a guest or a speaker) the same rules apply: you must notify Dave using this email address by midnight of the Sunday ahead of the meeting.

Dinner at Vintners Hall 28th October 2021

For those with a taste for wine, a dinner at Vintner's Hall promises a unique experience of wine married to the food that is served. I was privileged to be sitting next to Mimi Avery, who is 5th generation of the Avery Family who have a Wine Merchants in Bristol. The Livery Company draws people from all walks of life, amongst the guests were the Masters of the Worshipful Company of Stationers and Newspaper Makers, Glass Sellers of London, International Bankers, and the Master of Tax Advisers. A Major from the Royal Tank Regiment and Brigadier from G Company, The London Regiment were also present as well as a naval officer from HMS Tamar.



The Master of the Vintners is Mrs Ann Hill, the first woman to be installed in the 458 year history of the Vintners. She and her husband welcomed us at the reception where we were served Pol Roger Reserve Champagne, much favoured by Winston Churchill. To accompany our first course of Scottish Salmon, we were served 2012 Meursault Premier Cru. 2006 Chateau Grand-Puy-Lacoste Grand Cru Classe was chosen to accompany Lake District Lamb Rump and the next course, Welsh Rarebit. The Raspberry & White Chocolate Mousse accompanied with 2011 Chateau Doisy Daene was my favourite experience. To end we had a glass of Graham's port with Coffee and Swan Chocolates.

After toasts to the Queen, The Royal Family, The Guests and The Vintner's Company, we were entertained by a Jazz Trio and an after-dinner speaker Ed Parker, who told us about how he prepared for and completed the challenge of walking 200 miles to the South Pole with Prince Harry and 12 injured servicemen. One of his team had an amputated leg and another an amputated arm, adding to the challenge of combatting the extreme temperature, high altitude and huge ridges of ice in their path.

Sadly, I was not able to stay on to enjoy the 1976 Hine Grande Champagne to round off the evening in the Drawing Room, as I had a train to catch back to Ipswich. However, with the sound of the Vintners Song that we all sang with gusto still ringing in my ears, I was at one with their motto that Wine Cheers the Spirit!

David Chittick

Can you Pop-Out to a Pop-Up?

COVID-19 has curtailed most of our club's community service activities but the need for those of us who have more to be willing to help those who have less is greater than it ever was as the effects of the pandemic have disproportionately affected the poor and vulnerable in society.

Eight churches in deprived areas of Ipswich are currently running weekly pop-up shops where folk can purchase a bag of groceries, toiletries, etc for £1 or £2. Three of those - All Hallows on Landseer Road (Tuesday mornings), St Helens on St Helens St (Thursday afternoons) and St Francis on Hawthorn Drive (Saturday mornings) - have concerns about their ability to continue providing what is clearly a real need.

I helped at the St Francis 'shop' last Saturday and saw that need at first hand) because of "volunteer fatigue" and would really appreciate some extra help and I hope this is something that we as a club would be willing to provide.

What is needed:

(1) collecting produce from supermarkets before the pop-up shop opens

(2) setting up the shop (ie putting out the merchandise on tables) and

(3) being on hand to help whilst the shop is open.

None of these activities is particularly time-consuming - an hour or two at the most - and volunteers can select which 'activity' they're willing to undertake. A rota system that is place at each church enables folk to do a shift as often as they wish i.e. there is no pressure at all for this to become a weekly commitment unless you wish. There is also the potential for the volunteering slots to be filled by pairs of Rotarians or husbands & wives.

Could I therefore make an appeal for volunteers from Ipswich East for what I hope you would agree is a much-needed community service in our town t such a time as this.

Please let me know by email preferably - georgefwoodward@gmail.com - or phone on 07990 573258 if you'd be willing to assist (and how often) and I will then put you in direct touch with the coordinators at each of these churches where this help is needed.

Thank you. *George Woodward*



Twinning visit to Rotary Club of Ipswich, Massachusetts

While the above twinning is still quite a few months off, both Martha, the US side organiser, and I have started putting some thoughts down and of course this requires us to firstly know who and how many are committed to take part, and joining the exchange this time round.

We don't really want to put a time limit on it but please let me know as soon as possible if you would like to go. We currently have 14 signed up and it would be nice to be nearer 20.

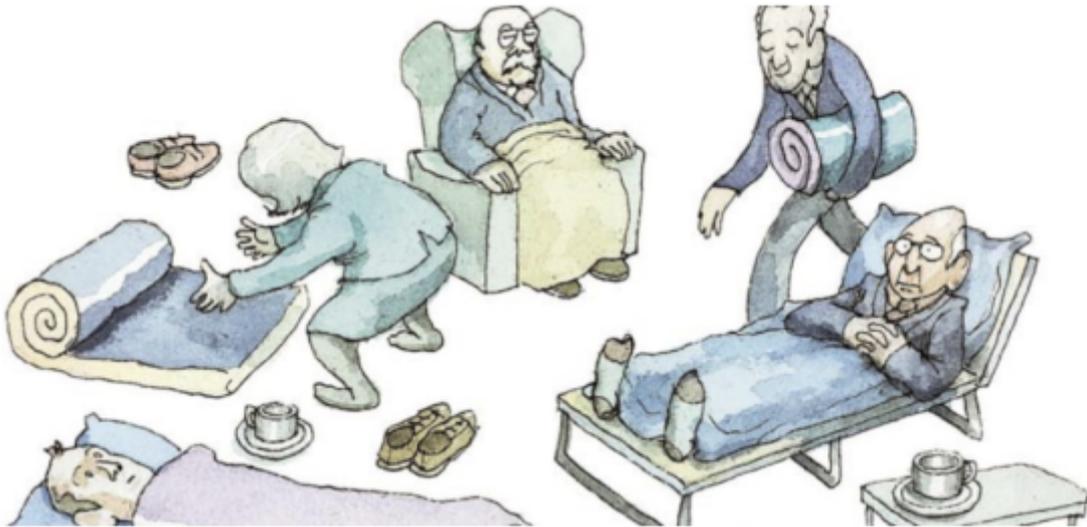
For those who have never participated in the US twinning, in theory it happens every two years so we host every four years. The event itself lasts for a week and we are accommodated in individual Rotarians homes, and vice versa. This arrangement works well and keeps the cost down when your visiting but it does imply that one would reciprocate in two years time. Usually hosts and guests form good relationships which develop as in our case, where we have become extremely good friends with our hosts, Bob and Kathy Gravino. Sometimes of course the pairings don't quite work out so we change it for next time. No problem.

In times where we, Ipswich East, travel to Ipswich Massachusetts most of us tag on an additional holiday having committed to airfares etc and in 2022, I understand that some Rotarians are traveling to the US on the Queen Mary.

We do hope you will consider joining and I look forward to answering and questions you may have in the meantime.

George McLellan

Twenty Minutes



As the newest member of RC Bröckedde, Friend Wasserlos was rather astonished as he entered the famous Salon Hindenburg to see some of his fellow Rotarians unrolling sleeping bags and others plumping up pillows in comfortable chairs. “What’s going on?” he asked President Pröpke quietly. The answer came with a sigh, “Today’s speaker is Friend Schlunzbach and he always drones on for more than 2 hours.

“But what about the 20 minute rule?” countered Wasserlos.

“Friend Schlunzbach and a couple of other members feel it does not apply to them” replied Pröpke with another sigh.

This time Schlunzbach’s talk on “The Free City State of Bröckedde as a constitutional element of the Holy Roman Empire and German nation” lasted almost 3 hours. The audience, whether in sleeping bags or comfy chairs, looked completely punch drunk.

President Pröpke decided he had to take action. Thereafter he rang the Club bell after 21 minutes, after 30 minutes a siren would sound. Each further minute would cancel out 5 attendance records and get a negative critique in the Club’s newsletter. The results were dramatic; the club intellectual, Professor Dr. Krümelein compressed his talk on rhetorical masterpieces into 10 minutes.

Another presentation on President Abraham Lincoln’s Gettysburg Address lasted a mere 2 minutes and the next on Martin Luther King’s “I have a dream” came in under 7 minutes. Friend Wasserlos’ first talk on President Obama broke the record; he raised his fist and quoted (loudly) “Yes we can”, before returning to his seat, enjoying the applause.

After a while President Pröpke rather agreed with the Professor that not much value was being added to their meetings and that a minimum of 15 minutes would be a sensible guide. I agree, piped up Friend Schlunzbach, to everyone’s amazement. His next talk on “How Charlemagne’s Holy Roman Empire lives on in Bröckedde” lasted exactly 15 minutes. However, he did add that Parts 2 to 10 of his presentation would follow over the next nine meetings.

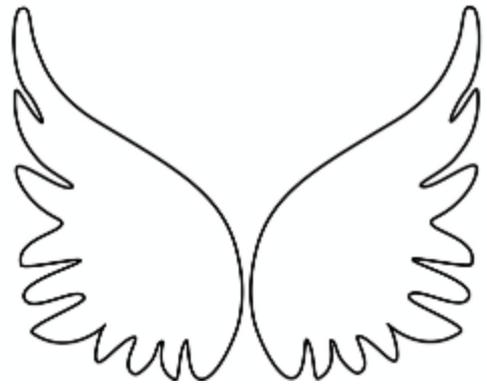
**Bröckedde is located in the heart of Germany - where the Rhine and Danube flow into the beautiful Bröckeddesee. This is where RC Bröckedde meets in the Bröckedder Hof - every Wednesday at 1 pm in the Salon Hindenburg.
Alexander Hoffmann 01.11.2021**



Appearing somewhere near you soon!

Ipswich is going to 'angel bombed' this year with angels everywhere and anywhere! Large wings (on the right above) will be appearing on churches and buildings around Ipswich to get people to engage with what Christmas is about. The challenge has been thrown down to everyone to do their bit too. They can be made out of anything- paper, wood, metal or material.

Scan the QR code to find out more.



Click here for details of Carol services throughout Ipswich this Christmas so you too can hear the angels' message of good news and great joy.

Bring joy to Ipswich this Christmas!
www.inspiringangels.org.uk



John Stroud RIP

John was a frequent visitor to Ipswich East for many years whilst a member of Woodbridge Rotary Club.

He transferred to us a while back after losing his wife and appreciating a shorter drive to join in with our club's activities.

John passed away peacefully on 31st October.

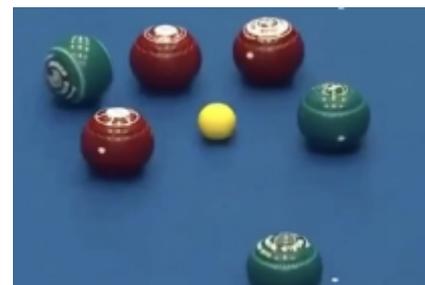
Nephew, Steve Runnacles, says that arrangements are still being finalised for his funeral service and will be advised separately.

IPSWICH EAST ROTARY SPORTS

Interested in winter time indoor bowling at the Rushmere Road, Ipswich Club?

Once a week 2-hour slot, time and day to suit majority, I think we need a minimum of four participants to get started.

**Replies direct back to Allan Gosling please.
a@allangosling.com**



St Mary le Tower Christmas Tree Festival 1st - 8th December 2021

Member Ian Lord writes:

Our Rotary Club has voted to place a Christmas Tree in this year's event.

It's two years since the event was last held and the organising team are keen to hold this year's festival which is part of the town Christmas scene.

I wondered if there are any Rotarians or their companies or professional organisations who would like to sponsor a tree.

If you would like to get in touch with me I will send you further details.

It is a wonderful opportunity for the whole town to see what a wide variety of organisations are in the town.



November Ipswich East Rotary Club Meetings

**Tuesday, 23rd November - Business Meeting and SGM
12.55pm at 'Venue 16'**

Duty Rotarians: Des Cunningham and Janet Dillaway

**Tuesday 7th December - Guest Speaker
Brian Tobin - Ipswich ICENI Project
12.55pm at 'Venue 16'**

Duty Rotarians: Ewan Dodds & Nigel Farthing

**Tuesday 21st December - Christmas Lunch
12.55pm at 'Venue 16'**

Duty Rotarians: Karen Finch & John Goodship

(Duty Rotarians, please confirm to the Hon Sec and Editor that you are going to be available.)



Inner Wheel Club of Ipswich East

President: Catherine Forsdike

Secretary: Margaret Woodward

Treasurer: Rosey Watson

Club Correspondent: Anne Riches

International Service Organiser: Monica Pipe

Membership and Welfare: Ruth Goodship

Social: Karen Finch

Fund Raising: Judi Walters

Community Service: Anne NG

PROGRAMME

Tuesday 7th December 7:15pm - Christmas Music Quiz - Ipswich & Suffolk Club

Tuesday 4th January 2022 12:15pm - New Year Social Pub Lunch (*at a venue to be arranged*)

Sunday 9th January - Walk and Tea - Hill Farm Tuddenham

Tuesday 1st February 12:15pm - Frugal Lunch at Hill House, 2 Henley Road

Friday 25th February - Trivia Quiz - Tuddenham Village Hall

Tuesday 1st March 7:15pm - Business Meeting at Ipswich & Suffolk Club

Wednesday 16th March - District Committee Meeting : Honington and Sapiston Village Hall

Tuesday 5th April 12:15 - Speaker Meeting (tba)

5th - 7th April - Inner Wheel Conference Bournemouth

Tuesday 3rd May 7:15pm - AGM and District Chairman's Visit

Wednesday 18th May - District International Rally - Ely

Tuesday 7th June 7:15pm - Speaker Meeting (tba)

Tuesday 21st June - District Committee Meeting and AGM - Brome Grange



President Catherine attended the recent D8 Rally at Hunstanton.

The next day, there was a charity walk out towards the sea and back.

Here we see Catherine with Association President Betty striding forth on the coastal path.

The sun was out but that Norfolk wind was very cold!