

# LOOKS EAST

The Newsletter of The Rotary Club of Ipswich East  
Edition 06-2021 : 23<sup>rd</sup> March 2021

**Club Zoom Meeting with Guest Speakers  
Rubi Alcercca & Maria Luisa Gonzales  
“Helping people with disabilities  
in Colima Mexico”**

(Rubi is member Eva Alcercca’s sister. Her ‘boss’ is Maria Luisa Gonzales. They work for ‘Albatros’ which is an organisation that helps people with any kind of brain injury through different kinds of therapy.)

**Tuesday 23<sup>rd</sup> March starting at 7.30pm**

**Ian Lord (VofT) and Ross Lunney (Notes for magazine)**

CLUB OFFICERS—2020/21

President: David Chittick

Sen V. President: Jo Banthorpe

Jun V. President: Steve Runnacles

Secretary: Tony Baker

Asst Secretary: Bill Robinson

Treasurer: Neil Hewitt



**March**  
Allan Gosling

**April**  
Neill Keveren  
Bob Parker  
Janet Dillaway  
Michelle B-Margetts



**John Button gives us an update following the decision taken in a vote at our last zoom meeting to go ahead this year...**

I am sure you will all be excited to learn that actual Rotary events are beginning to be planned for later this year when Government restrictions allow. Clearly, we are fortunate that these are due to be relaxed from 21st of June the week before the original date for the Orwell Challenge.

There are many challenges to overcome to ensure we have a safe and successful event but having met with Daniel, the manager at Gainsborough Sports Centre, I believe we are able to hold the event and allow the continuing and uninterrupted operation of the NHS Vaccination Centre at Gainsborough. It was always key that we could use our traditional HQ and car parking if the event were to go ahead, we have too little time to sort another centre offering the facilities and parking that Gainsborough has and be on or, very close to, the existing route.

We simply do not have time to sort any major re-routing and obtain necessary permissions.

Essentially parking will be as usual, and participants will walk around the rear of the gymnastics centre to the area of green that we use for the start and finish point. Here we will erect (hopefully IBC will erect) gazebos to house welcome point / information desk, registration desks and timing point together with beverage and refreshment point.

We will have use of the new Changing Pavilion of power, toilets etc., but we will be effectively based outside at HQ this year - so we hope for good weather and will need to dress accordingly!

Registration for the event will, as for the last few years be though *Time My Race*, but as usual we rely on your help to promote the event and encourage people to take part.

The route will be as last year, although we have reports of problems between Bridgewood and Shore Lane that will need to be addressed.

The staging of the event is however subject to the date for the government relaxation of rules not being deferred! I have agreed a backstop date with Gainsborough of 12th July 2021 when tides are favourable. Please also save this date just in case. If the relaxation date is deferred beyond this date, then I am afraid we will have to cancel again as we will not be able to use the field for car parking.

There is a mountain of work to do now in a very short timeframe and as usual we will need to rely on your help and support to make this happen, if we adopt our usual Rotary can-do attitude, I am sure it will be its usual great success.

Those of you who are on the Fundraising Committee will have received an Action Plan showing what needs to be done and when - clearly almost all tasks this year need to be completed during March and April rather than being spread over 8-9 months. Everyone else will get the usual Duty Roster by the end of this month showing where you will be based for the Challenge.

I am excited and looking forward to being able to once again put on the major fundraising event and I welcome you continued help and support to make it a memorable year for The Orwell Challenge and the Rotary Club of Ipswich East.

Thanks, John

### Numbers to date

- |                         |     |
|-------------------------|-----|
| • Marathon runners      | 51  |
| • Half marathon runners | 40  |
| • Adult walkers         | 166 |
| • Child walker          | 1   |
| Total                   | 258 |



### Jo's still running...

My training so far this year has entailed more than another 250km of 'trotting', but I've realised that this level of exercise is beginning to take its toll physically and mentally.

Whilst the training has been a welcome diversion during lockdown, I am now starting to feel slightly stressed at the thought of running and have decided I need to bring things to a close sooner rather than later.

Having got this far however, I don't want to bail completely. As I can't face the prospect of another 6 month's training, I aim to run my own virtual marathon at the Easter weekend.

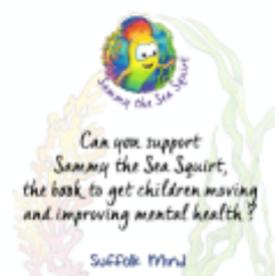
I've been training now for 14 months and it's been a really hard slog (especially as I don't like running!) so I'd be so very grateful for your support in helping to spread the word by sharing my Just Giving page on your social media platforms.

<https://www.justgiving.com/crowdfunding/jobanthorpe>

I have decided to split my fundraising 50:50 between Suffolk Mind's new 'Sammy the Sea Squirt' initiative

<https://www.ipswichstar.co.uk/news/education/suffolk-mind-sammy-sea-squirt-book-appeal-7803108> and our own Benevolent Fund, to hopefully boost our emptying coffers.

Every little helps - the pounds and pence will all add up! Thank you



## A word from the President...

As you will have seen, this week our speakers are Rubi Alcerreca and her boss Maria Luisa Gonzalez who will be 'Zooming in' from Mexico to tell us about their work at the Institute Albatros in the state of Colima on the west coast of Mexico.

According to Wikipedia, Colima has lovely beaches and the coast is famous for sail fish and Marlin. Albatros helps people with any kind of brain injury through different kinds of therapy. We look forward to welcoming Rubi and Maria.

With the prospect of spending our summer holidays in England, I have been thinking about the gems we have on our doorstep. There are gardens and stately homes, museums and parks to visit.

Memories of winning an 18-30 holiday to Bognor Regis and the fun I had as a child playing among the sand dunes with my cousins on the beach at Southwold do not hold quite the same attraction for me as they did, but going out on excursions with other Rotarians, perhaps taking a picnic, does.

We have the Golf day and Orwell Challenge to look forward to.

By Easter we will be able to play golf and even enjoy a cup of tea with friends in our gardens!

## Forward Programme of Meetings

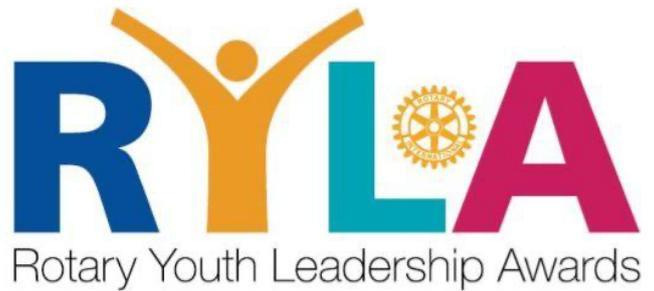
Tuesday 13th April	Zoom Club Meeting with guest speaker Dr Owen Thurtle <i>"Hidden Ipswich - sights you may have missed"</i> <i>Duty Rotarians: George McLellan (VoT), Ed Nicholls (notes)</i>
Tuesday 27th April	Zoom Club Meeting with guest speaker Lewis Tyler <i>'Keep Smiling - the Golden Days of BBC Wireless Humour'</i> <i>Duty Rotarians: Bob Parker (VoT), Bill Pipe (notes)</i>
Tuesday 11th May	Zoom Club Meeting with guest speaker (tba) <i>Duty Rotarians: Richard Porter (VoT), Toby Pound (notes)</i>

## Congratulations!

22<sup>nd</sup> March 2021 was the  
69<sup>th</sup> Anniversary of  
Peter and Ann's wedding.



**About a month ago Jo Banthorpe received an email from David Simpson (Robin Wraight's successor as 'Mr RYLA') asking about Ipswich East's intended support for RYLA 2021.**



**Jo writes:**

I asked the opinion of Club Council and the consensus was that the behaviour of the virus was still too unpredictable to guarantee that the event, due to be held in late August/early September, wouldn't be cancelled at the last minute.

Members agreed that youngsters have had a lot of disappointment already during the pandemic and it would be hugely demoralising for potential candidates to be let down once again in the event of a last minute cancellation.

It was therefore agreed that the Club would not support RYLA this year, but would definitely give it our full support in 2022.

I have just had confirmation from David Simpson saying that RYLA 2021 will now definitely not take place. They needed to have 30 - 35 candidates for the event to be viable, and sadly this number could not be attained.

Other limiting factors included the possible extension of any level of social distancing, which would mean that many of the RYLA activities would be very difficult/impossible to conduct safely.

A sad day indeed for RYLA and for the Club, although the decision is not at all surprising and in my mind very wise given the current climate.

Dates for RYLA 2022 are 27/08/22 - 03/09/22, with the launch at Club Level in October this year, when we will need to confirm our commitment.

I urge all members to keep an eye and ear out for potential candidates so that we can give RYLA and our candidates our maximum support in 2022.



**A good number of Ipswich East members continue to dress up warm and trundle up to Trinity Park (and Woodbridge) from 8am-8pm to meet and greet 'jabees'.**



**Despite the occasional bursts of sunshine it's still pretty cold up there as the wind sweeps across the open field but suitably dressed we enjoy the fresh air and reassuring those coming for their appointments.**

**The jabees have become noticeably younger since we started in January but in a week or so, the more elderly will be coming back for their second jab.**

**Bill Izzard is pictured here in what appears to be a rather exotic head-dress. In fact he just happened to be standing by a flowering cherry but the effect is rather fetching.**

# Photographic Memories of Ipswich East Rotary Club's Wine Tasting Evening 2013

*One could form the impression that the smiles became wider as the evening progressed!*





## Ipswich East / Ipswich Mass Twinning

The International Committee announce that the revised confirmed dates for **Ipswich East** to visit **Ipswich Mass** are **Wednesday 31<sup>st</sup> August to the 7<sup>th</sup> September 2022**.



Members are asked to email George McLellan with their 'expressions of interest' as soon as possible and those who are 'thinking about it', should make a diary note now.

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### Ipswich East Rotary Club *Benevolent Fund*

Preparations are underway for the next distribution from the Benevolent Fund in May.

The Hon Treasurer anticipates that £6,000 could be available.

As usual, tangible projects are sought.

In addition there is £3,000 available for immediate use for hardship caused by the Covid crisis and there is a further £500 available for hardship in our local area.

Please forward any applications to the club secretary.

Applications for hardship caused by the Covid crisis can be progressed very quickly.

*Email the Hon Sec Tony Baker) for a pro-forma to make an application.*

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### CCIS (Cancer Campaign in Suffolk) is offering everyone the chance to be the proud owner of a painting by Ed Sheeran.

CCIS are selling raffle tickets - so everyone stands the same chance and at the same time raise much needed funds for this small but important Charity serving the people of Suffolk.

The website and Ed's video can be viewed here on this CCIS website (a clickable link is provided in the covering email to this newsletter. ([www.ccisuffolk.org?raffle/1/ed-sheeran-painting](http://www.ccisuffolk.org?raffle/1/ed-sheeran-painting)) You are also able to purchase the raffle tickets via the website.

Thank you in anticipation of your support,  
John Button (Trustee of CCIS).





## Ipswich East Inner Wheel News

A really fun night was had by the ladies of Inner Wheel last Friday at the 'Virtual Dinner Party' held via Zoom. Karen (with her Social Committee hat on) asked the members to join for drink at 7pm.



We then all sat down to an easy dinner at 7.30pm and broke out into much smaller dinner party groups to chat and reminisce - the topics of the evening, funny holiday stories, dinner party and food stories and of course news topics of the day.

We spent time together again whilst we dished up our dessert and then moved to different member groups for more chat. We played games with rugby balls, drank good wine, laughed a lot and wowed at the 'top and bottom' attire of the members joining the party.

Guidance asked the attendees to dress up from the top and whatever you like on the bottom and we sure had some funny sights, ranging from black tie dinner suits and dicky-bow ties paired with pyjamas and our very own IW President stole the show with her wonderful dance tutu on the bottom with high heels - what a giggle we had!

Thanks to all the IW members for taking part.

As it was *Red Nose Day* we also raised some money along the way. *Karen*



**Lovely smiles from Members Claire and June with their family Mothering Sunday gifts.**

*Pictures copied from the Norwood Facebook page*

**STOP PRESS**

**Rosey Watson had a stroke at the weekend and is recovering at home. Calls to landline only please.**

