

Rotary



ROTARY
CONNECTS
THE WORLD

LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East
Edition 31-2019 - 3rd September 2019

To view the club website : [click here](#)

To view the Orwell Challenge Website: [click here](#)

To view the club Facebook page: [click here](#)

Charity Number: 1088961

Lunchtime Meeting at Greshams bell rings at 12.55pm

Jo Banthorpe—5 year plan update

Duty Rotarians: Martin Whitworth & Russell Wiles

CLUB OFFICERS—2019/20

President: Liz Harsant

President Elect: David Chittick

Vice President: Jo Banthorpe

Secretary: Tony Baker

Asst Secretary: Martin Westlake

Treasurer: Neil Hewitt



September

John Button

Geoff Watson

Roger Gilles

Russell Wiles

Richard Porter

Mark Harrison

Dayle Bayliss

Chris Banham

Clifford Smith

Creative Computing Club

a talk given by Matthew Applegate

Matthew Applegate from Creative Computing gave us a most inspiring talk about the truly wonderful ways his humanistic approach through teaching computing can quite literally change the lives of young people who are experiencing difficulties and struggling with school.

Matthew, who received a BAFTA for reaching out to young people through creative computing, is a technologist who was born in Ipswich and is passionate about his home town and the surrounding area of Suffolk. As a school boy, having penetrated the network of the local American Air Force base, rather than penalise him, they recognised his amazing potential.

Though at sixteen Matthew was told by the school he was at (Copleston) he would not get on in life, Apple, Microsoft, Samsung and others understood his potential and offered him work in technology.

Since then, Matthew has worked for many high profile organisations, including the Cabinet Office, the Foreign Office, Sony and Google to name a few, but Matthew is particularly proud of his work on the Apple iPhone. He is currently working for Walt Disney as an imagineer in parallel with his work at Creative Computing.

Matthew's amazing not-for-profit organisation started in 2012, as an after school club that helped students with computing and with improving their grades. From helping 320 students a week, this has risen to 720 per week, and during this time, Matthew and his organisation have improved students GCSEs results, transformed the way students see themselves, improved OFSTED school reports, and quite literally guided students from a place of no hope and low self esteem to positive paths to great success. There are many great stories of pupils transforming their path in life.

It is Matthew's approach that is very significant. He will work with no more than 10 students at a time, so that he can properly interact and make eye contact with them. This enables him to gauge how a student is feeling and how they are. Students are often dealing with challenging situations such as being bullied and being isolated; many are quiet with limited social skills and they may be struggling with grades.

Students are given the space, the time and the attention they need to work and play with computers.

Over the years, prominent organisations have recognised the work that Matthew does with young people. Students are often snapped up by Microsoft and offered a 3 year internship.

The significant questions that Matthew encourages his students to consider are: what kind of person do you want to be? What sort of life do you want? What sort of impact do you want to have?



Matthew lives his philosophy and says that he loves what he does, that this is his life's work and he is clearly so passionate about this.

His vision encompasses both his students and Suffolk. He wants Suffolk to be the place where students are seen as being very well looked after. This includes building a technically focussed school, too.

Creative Computing is expanding to meet growing demands: 2 other teachers are being taken on, the first in September and the second in December.

The organisation, that has a substantial location off the London road, has a wonderful and growing alumni, where successful and aspiring ex-students often come back to help and support at Creative Computing.

Even students that have been involved in knife crime have turned their lives around, and due to their transformation through Creative Computing, they have avoided getting a criminal record and follow much more positive paths through life.

Creative Computing does charge £60 for 7 - 8 sessions, or £360 per year, but if a student is from a low income background, then the organisation will talk to businesses to obtain sponsorship for the student. Students can be doing their GCSE in Computer Science at 13!

Any surplus funds go towards purchasing computers for those students whose parents cannot afford them.

Matthew says that 48% of his students are girls. He went on to say that boys and girls do take different approaches. Girls like to focus on solving problems, whereas boys like anything that is cool!

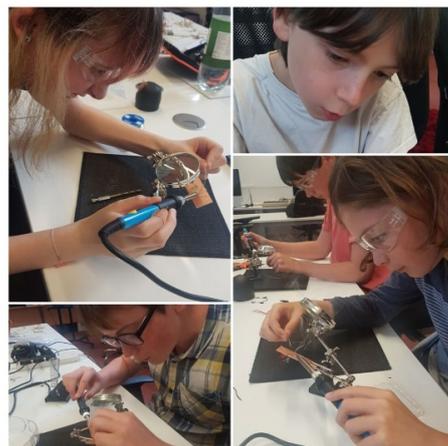
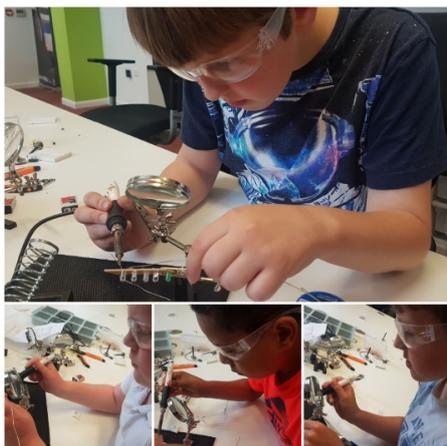
Soon there will be strong female coders coming into the job market as a result of their engagement in computing when young.

Creative Computing is also starting to work with adults who want to take a completely different career path. These adults, with a great collection of transferable skills, can then transfer into a different sector with confidence after spending time with the organisation.

There is currently a skills gap in digital technology in Suffolk, but with the evolution and expansion of Creative Computing and an innovative strategy for students and adults alike, Matthew is very sure to have a long lasting and transformative effect on both individuals and Suffolk, both now and in the future.

For more information [click here](#)

Sarah Waterson



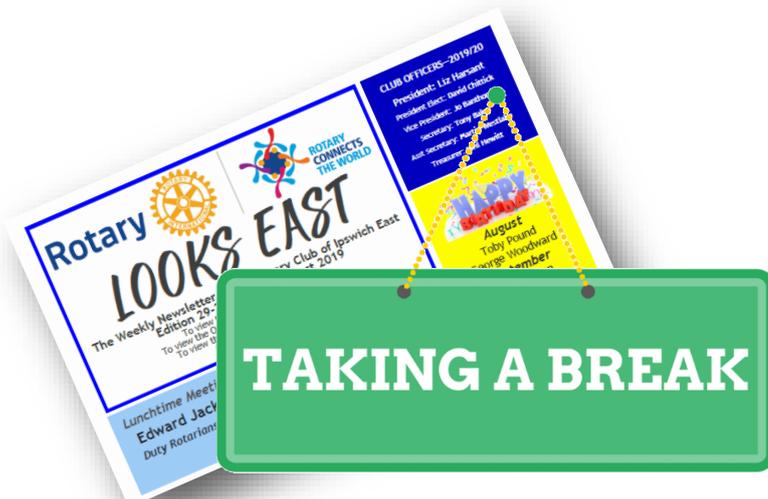
Ipswich East Tuesday Rotary Meeting Programme

(lunchtime meetings start 12.55pm)

(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)

*Widows of former members are welcome to all evening and additional events
please book through the Hon Secretary Tony Baker*

NEXT WEEK 10th September	Business Meeting—no guest speaker <i>(Clifford Smith & Lucy Trenchard)</i>
17th September	RYLA - Meet our Candidates <i>(George Woodward & Juliette Adams)</i>
24th September	Rotary “Crucial Crew” <i>(Eva Alcerecca & David Atkins)</i>
1st October	Clifford Smith—“The last thirty years” - Clifford’s Birthday Talk <i>(Alison Baldry & Chris Banham)</i>
8th October	Business Meeting—no guest speaker <i>(Jo Banthorpe & John Barbour)</i>
15th October	tba <i>(Eric Barnett & Michelle Bevan-Margetts)</i>
22nd October	tba <i>(Graham Bickers & John Button)</i>
29th October	tba <i>(fifth Tuesday)</i>
5th November	tba <i>(Ray Walters & Stuart Cooper)</i>
12th November	Business Meeting—no guest speaker <i>(Des Cunningham & Colin Davies)</i>
19th November	tba <i>(Janet Dillaway & Robin Dillaway)</i>



‘Looks East’ is taking a break from this week and will be back in your inbox on Tuesday 1st October

Throughout September please continue to send emails to the Editor with photographs, reports and details of things for publication in the 1st October issue.

Email: alan.forsdike@gmail.com

Ipswich East Rotary Club Rolling Diary

This table shows events other than regular weekly meetings.
The name of the lead Rotarian for each event is shown in brackets.

(Inner Wheel Events are shown in black italic type on a pale blue background)

Wednesday 11th September	Morning Ramble—full details from John Clements <i>(John Clements)</i>
Fri 13th—Sun 15th September	German Exchange Visitors are with our club <i>(organiser: Liz Harsant)</i>
Wednesday 20th September	Club Pub Night—Thomas Wolsey PH 6pm <i>(see advertisement on p6)</i> <i>(Jo Banthorpe)</i>
Fri, Sat, Sun 27th, 28th, 29th September	Sainsbury's/FIND Collection <i>(organiser: Jo Banthorpe)</i>
Wednesday 25th September	Senior Citizens' Concert—Copleston School <i>(organiser: Andy Lewis)</i>
Thursday 17th October	Inner Wheel Club of Ipswich East Charity Bridge Drive <i>(full details on p7)</i>
Wednesday 11th December	Pantomime at New Wolsey Theatre <i>(organiser: David Atkins)</i>

Good Stewardship of Club Funds

Neil Hewitt, club treasurer, presented on two separate issues at lunch last week both of which may impact on the each other. Neil has been able to complete a thorough review of the club budget which dictates our monthly subs. The monthly subs are currently set at £47.

The budget indicates that in order to cover al club ongoing costs these should be £58. The club is therefore subsidising our lunches but is able to do so thanks to the healthy surplus balance in the members club bank account. Neil was not proposing these are to be increased but merely making all aware of his situation as at some point in the future the subs will need to be increased.

A suggested put forward has been that we as members donate this surplus (which is not really achieving anything) by moving part to the Benevolent Fund, to be grossed up with Gift Aid and so be put to a good cause.

Neil has completed a cashflow forecast of the account. This shows that, after covering the club's ongoing commitments. this surplus varies each month from £5,300 to £10,300. Therefore we could consider donating up to £5,300 to the Benevolent Fund without a negative impact on the club account. However this feels to much so Neil suggested that we perhaps consider donating 50% of this (approx. £2,662, £35 per member) which could be grossed up to £3,327. This action would still leave a healthy surplus in the account.

The impact of this course of action is that whilst the subsidy of lunches can continue, it will be for a shorter time and the need to increase monthly subs will arise sooner. Three suggestions were raised at the meeting by members:

- 1 We should increase subs and stop the subsidy with the increases phased in next July 2020 and in July 2021 with a £5 increase each time
- 2 That any donation to the Benevolent fund should be ring fenced for a special project
- 3 If it is to be for a special project it could be for buying further gazebos for Orwell Challenge and upgrading toilet tents etc.

It was agreed that this information should be forwarded to all members for consideration and a vote taken at the next business meeting.

Suggested proposals for voting may be

- 1 Monthly subs remain same subsidised by club or and phased increase implemented
- 2 Club funds be donated to benevolent funds. If so how much and should this be for general distribution or a special project.
- 3 If a special project, should this be perhaps for equipment for the Orwell Challenge (e.g. gazebos) or opened to members to put forward proposals and there be a later vote?

Rotary exchange visit from our link Club Bad Salzuflen

We are delighted to be hosting 18 Rotarian visitors from Germany from Friday 13th to Sunday 15th September.

There are two main events which are open to club members.

A Club BBQ will be hosted by Bill and Monica Pipe on the evening of Friday 13th. A maximum of 80 participants can be accommodated. 52 places have been reserved for our German guests, their Ipswich East Rotarian hosts and members of the Ipswich East International Committee. Therefore, there are places for 28 club members and their partners. There will be a Rotary Club bar at the BBQ.

If you are not hosting or a member of the International Committee and would like to attend the BBQ, please contact David Atkins, ASAP, [BY CLICKING HERE](#) with “**German BBQ**” as the subject. David will keep club members informed regarding attendance.

A Formal Dinner, including a drink on arrival, will be held at the Ipswich and Suffolk Club on the evening of Saturday 14th. The cost of this event will be £30 per person and maximum numbers are limited to 66.

Again, initially, 52 places will be reserved. Therefore, initially, 14 places can be offered to the wider club membership.

As above, if you wish to attend, please email David Atkins, ASAP, [BY CLICKING HERE](#) with “**German I&S Meal**” as the subject.

David will keep club members informed regarding attendance.

This is the menu for the Saturday night dinner with our friends from Germany.

It will include a vegetarian option (as yet not released).

If you've booked, please let David Atkins known asap if you require the vegetarian meal and also if you have any other dietary needs

[BY CLICKING HERE](#)



*Rotary Club of Ipswich East
&
Friends from Bad Salzuflen*

Saturday 14th September 2019

*Saddle of English Lamb topped with a Herb crust served with
Roasted Garlic and a Rosemary Jus*

Served with a seasonal selection of vegetables

Black Forest Gateau with crème Anglaise and fresh Raspberries

Coffee and Mints



SAINSBURY'S FOOD COLLECTION FOR FIND

Friday 27th, Saturday 28th, Sunday 29th September
Sainsbury's Warren Heath
10am - 6pm (4pm on Sunday)

- Front of House :** A total of five 2-hour shifts, three volunteers per shift please.
Engaging with the public; giving out leaflets; receiving donated goods.
Please wear Rotary T-shirts/sweatshirts and hi-vis jackets (I can provide some)
- Shifts :** 10am—12noon; 12noon—2pm; 2pm—4pm; 4pm—6pm
- Sorting :** Volunteers needed to sort donations into boxes from 4pm Friday and Saturday (from 2pm Sunday) for temporary storage in Sainsbury's Click & Collect area.
Volunteers must be able to lift heavy boxes.
- Transporting :** Volunteers needed on Friday and Saturday from 5pm (Sunday from 3pm) at Sainsbury's to load donations into FIND van and then travel to FIND HQ to unload van.
Volunteers must be able to lift heavy boxes.



[CLICK HERE](#) TO CONTACT
JO BANTHORPE WITH YOUR OFFER
BY EMAIL
OR CALL HER ON 07918 145399



Ipswich East RC wants your money!

No change there I hear you say (and apologies for the pun).



However, this time it will not cost you a penny - maybe a Euro or Dollar, or even an old Peseta - but not a penny (although see below regarding pre-decimal coins).

Like me I am sure that many of you have a quantity of foreign currency at home that you have brought back from holidays and do not know what to do with it. Some of it will still be legal tender, some will not. Either way it has a value, and if you would like to donate it to the Club it could help one of our deserving local charities, rather than it festering in a cupboard or drawer at home.

After a bit of research I came across a company called *Coins For Cash* and if you [click here](#) the link below will take you directly to their website and full details of how they operate.

You will see that amongst their clients are several large retailers (Boots, Sainsbury's, M&S), many banks, and a number of major charities including MacMillan, British Red Cross - and Rotary! So, over the next few months I am asking you to let me have any coins or notes that you no longer have a use for. You don't have to sort them, just bring them along to any Tuesday lunch meeting and I will start filling a bucket!

I mentioned pre-decimal British coins. Did you know we can still get 75% of their original value? If like me you still have any old £1 notes, we can get 75p for them and it will not take too many of those to build a reasonable sum of money. Old shillings, sixpences, thrupenny bits - if you don't want them bring them in. There is much more detail on the website, so please take a few minutes to read through it.

This is not going to raise a vast amount of money, and we probably won't be able to repeat the exercise every year, but if you are going abroad in the near future don't just surrender your spare currency to the airline cabin crew, donate it to Ipswich East. If we only hand over one cheque to a deserving local cause it will have been worthwhile.

Many thanks, *Martin Westlake*



PUB NIGHT!

Invitation to all Ipswich East Rotarians, partners and friends for informal early evening/ after work drinks.

Friday 20th September, 6.00 pm onwards, at
The Dove (dog friendly)
St Helen's Street, Ipswich

No agenda, no food, no sign up - just chat and chill!
Stay as long as you like.

See you there!

Pub Night

In an attempt to ensure that all members have the opportunity to maintain connections and links with the Club, especially those who are unable to make it to the lunch meetings, the 5YDP Committee have decided to try this new initiative.

The intention is to hold these informal meet ups every 6-8 weeks, to vary the day, location and time of day and to intersperse with morning coffee or afternoon tea.

Hopefully this will mean that the tastes and needs of most members will be met at some point. Ideas for venues and dates very welcome - please feel free to contact me directly.

I look forward to seeing you! *Jo Banthorpe*

Rtn John Button is collecting used postage stamps for the RNIB.

Please sort them into UK and "foreign"
and pop them in an envelope
to give to John at Rotary Lunches.





Inner Wheel Club of Ipswich East

Charity Bridge Drive



Thursday 17th October 2019
Playford Village Hall, 2-5pm

Tickets £10 per person, including delicious afternoon tea
To book, please email rosey.watson@sky.com or call Rosey on 01473 430404

All proceeds will be donated to the charity "Teenage Cancer trust & other Inner Wheel Charities"

Rotarian Alfred Reeves
President



Rotary Club of Ipswich

Lunch Meeting 12th September 2019

Speaker: Tim Passmore – Police & Crime Commissioner for Suffolk

You are invited to attend this lunch which will be held at:

The Holiday Inn, London Road, IP2 0UA

Please arrive anytime from 12.30 pm. Lunch will be served from 1pm.

The cost is GBP 11 for a one course meal plus Coffee and mints.

Partners are welcome.

Please contact David West, dwest35@mail.com 07710368690 so we can advise the Chef re numbers and any dietary requirements.

Cut off time for advice is 5pm Monday 9th September at the latest.

The Holiday Inn, London Road, Ipswich, IP2 0UA
email: rotary@ipswich@gmail.com



I'm appealing for your support to advertise this year's Free Concert for Senior Citizens.

We would love 350 guests on the night!

**The Concert is entirely free.
In the past everyone who has joined us has had a great evening.**

This poster has been emailed to everyone in the club. Please forward it any person or organisation that may be interested in attending, or print a few copies and put up on any noticeboards to which you have access to maximise publicity for our event.

The start has been brought forward by half an hour to 7.00pm in the hope this will attract a larger audience.

Thanking you in advance of your support.

**Best regards,
Andy Lewis**

FREE Concert

ROTARY CLUB OF IPSWICH EAST

ANNUAL CONCERT

WEDNESDAY 25TH SEPTEMBER 2019
7PM - 9.30PM
COPELSTON HIGH SCHOOL, IPSWICH

Featuring:
Live music from Ipswich over 50's Brass Band
Live comedy from Richard Whymark
Hot & cold refreshments, Raffle

FREE tickets for over 60's - call 01473 298683 to reserve your place.

Supporting Suffolk **ageUK**

Sponsored by **HEARING CARE CENTRE**

LUNCHTIME MENU (verified by Greshsams)



- 3rd Sept Breaded cod fillet served with chunky chips and a drizzled pea puree
- 10th Sept Roasted pork fillet stuffed with apple stuffing and wrapped in streaky bacon on braised red cabbage with mashed potato and a cider jus
- 17th Sept Roast chicken with a sausage meat stuffing, with a chicken jus
- 24th Sept Traditional Fish Pie (salmon, cod, mussels) topped with breadcrumbs
- 1st Oct Trio of Suffolk sausages on a root vegetable mash topped with crispy onions
- 8th Oct Beef and Ale pie infused with root vegetables and herbs

[Then back to week 1—i.e. as 3rd Sept]

Vegetarian options (served alternate weeks)

Butternut Squash and zucchini risotto with tarragon and parsley vinaigrette

Roasted vegetable gateau with mozzarella and basil

All dishes are served with fresh vegetables and potatoes

ROTARY APOLOGIES

Send apologies by 2pm each Monday by email, to
tracey.clay@ews.co.uk

Alternatively, text 07990 573258—as a last resort, telephone
07990573258.

Tracey should also be contacted directly if members, speakers or guests have dietary requirements and/or would prefer the vegetarian option/salad routinely, or as a one off.

Were you on welcome duty when we had a guest speaker?

If you didn't give the vote of thanks, it's your privilege to provide a short write-up of the speaker for this newsletter.

Copy for write-ups and anything else needs to be sent to Editor by the Saturday night preceding publication day (Monday).

Email preferred please, to alan.forsdike@gmail.com

The Rotary Club of Ipswich Wolsey

Walk through the beautiful scenic Fynn Valley, Suffolk

In aid of
East Anglian Air Ambulance

Meet up between 10.00 am - 12 noon

Cost: £10.00 includes T-shirt

FAMILY FRIENDLY

Dogs on leads WELCOME

WOLSEY PUB WALK

Saturday 28th September 2019

An 8 mile circular walk (also 6 mile option), starting in Westerfield > Winesham > Tuddenham, then return to Westerfield.

Registration via our website: www.wolseypubwalk.org.uk
Email: wolseyrotary@btinternet.com
for more information tel: 07545 854801 (Terry)

CLUB EVENT PHOTOGRAPHS

You can view club photographs on-line by [clicking this link](#)

