

Rotary



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LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East
Edition 30-2019 - 27th August 2019

To view the club website : [click here](#)

To view the Orwell Challenge Website: [click here](#)

To view the club Facebook page: [click here](#)

Charity Number: 1088961

CLUB OFFICERS—2019/20

President: Liz Harsant

President Elect: David Chittick

Vice President: Jo Banthorpe

Secretary: Tony Baker

Asst Secretary: Martin Westlake

Treasurer: Neil Hewitt



September

John Button
Geoff Watson
Roger Gilles
Russell Wiles
Richard Porter
Mark Harrison
Dayle Bayliss
Chris Banham
Clifford Smith

Lunchtime Meeting at Greshams bell rings at 12.55pm

**“Creative Computing Club”
BAFTA winner Matthew Applegate**

Duty Rotarians: Sarah Waterson & Allan Gosling

Save our Swifts



Our Tuesday lunchtime speaker on August 20th was Edward Jackson a wildlife consultant, gave us a very informative talk on the life cycle of the swift*.

Edward pointed out that the Swift is a bird larger than a swallow that is undergoing a state of marked decline and has been listed as an “Endangered Species”.

The life-span of the swift is about eight years and for the first two years spends very little time on solid ground. It is a summer visitor from Africa and is a cavity nester; when a cavity is found it is remembered for generations. The British Trust for Ornithology (BTO) reckons that their number has reduced have gone down in 25 years by 50% between 1994 and 2018.

There are several reasons for this decline; the decline of small insects through changes in agriculture, the change in the weather patterns through global warming with gales in the paths of their migrations, the repairing of buildings with the sealing of earlier nesting spots.

Edward informed us that the swift is considered a Suffolk Priority Species and a system is in place recording nest sites so we should undertake a number of actions and these are to protect existing nest sites; place nesting boxes on the walls of houses, say three per house and at least 3.5 metres high. In such a position that the position does face the sun in our summertime. Put a sock in the hole to prevent the entry of other birds but remove it in May for the swifts to nest.

Further information is available from the Suffolk Wildlife Trust—[click here](#).

John Barbour



**apus apus - the swift is a medium-sized aerial bird, which is a superb flier; it evens sleeps on the wing. It is plain sooty brown, but in flight against the sky it appears black. It has long, scythe-like wings and a short, forked tail. It is a summer visitor, breeding across the UK, but most numerous in the south and east. It winters in Africa.*

Length: 16-17cm, Wingspan: 42-48cm, Weight: 36-50g

Read more at the RSPB website by [clicking here](#)

Ipswich East Tuesday Rotary Meeting Programme

(lunchtime meetings start 12.55pm)

(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)

*Widows of former members are welcome to all evening and additional events
please book through the Hon Secretary Tony Baker*

NEXT WEEK 3rd September	Ipswich East Rotary Club 5-Year Plan Update—Jo Banthorpe <i>(Martin Whitworth & Russell Wiles)</i>
10th September	Business Meeting—no guest speaker <i>(Clifford Smith & Lucy Trenchard)</i>
17th September	RYLA - Meet our Candidates <i>(George Woodward & Juliette Adams)</i>
24th September	Rotary “Crucial Crew” <i>(Eva Alcerecca & David Atkins)</i>
1st October	tba <i>(Alison Baldry & Chris Banham)</i>
8th October	Business Meeting—no guest speaker <i>(Jo Banthorpe & John Barbour)</i>
15th October	tba <i>(Eric Barnett & Michelle Bevan-Margetts)</i>
22nd October	tba <i>(Graham Bickers & John Button)</i>
29th October	tba <i>(fifth Tuesday)</i>
5th November	tba <i>(Ray Walters & Stuart Cooper)</i>
12th November	Business Meeting—no guest speaker <i>(Des Cunningham & Colin Davies)</i>
19th November	tba <i>(Janet Dillaway & Robin Dillaway)</i>



TAKING A BREAK

Looks East is taking a break from next week and will be back in your inbox on Tuesday 1st October

If you have anything for inclusion in the 27th August issue, please let the Editor know by 25th August.

Otherwise throughout September please continue to send emails with photographs, reports and details of things for publication in the 1st October issue.

Ipswich East Rotary Club Rolling Diary

This table shows events other than regular weekly meetings.
The name of the lead Rotarian for each event is shown in brackets.

(Inner Wheel Events are shown in black italic type on a pale blue background)

Wednesday 11th September	Morning Ramble—full details from John Clements <i>(John Clements)</i>
Fri 13th—Sun 15th September	German Exchange Visitors are with our club <i>(organiser: Liz Harsant)</i>
Wednesday 20th September	Club Pub Night—Thomas Wolsey PH 6pm <i>(see advertisement on p6)</i> <i>(Jo Banthorpe)</i>
Fri, Sat, Sun 27th, 28th, 29th September	Sainsbury's/FIND Collection <i>(organiser: Jo Banthorpe)</i>
Wednesday 25th September	Senior Citizens' Concert—Copleston School <i>(organiser: Andy Lewis)</i>
Thursday 17th October	Inner Wheel Club of Ipswich East Charity Bridge Drive <i>(full details on p7)</i>
Wednesday 11th December	Pantomime at New Wolsey Theatre <i>(organiser: David Atkins)</i>

Good Stewardship of Club Funds

Neil Hewitt, club treasurer, presented on two separate issues at lunch last week both of which may impact on the each other. Neil has been able to complete a thorough review of the club budget which dictates our monthly subs. The monthly subs are currently set at £47.

The budget indicates that in order to cover all club ongoing costs these should be £58. The club is therefore subsidising our lunches but is able to do so thanks to the healthy surplus balance in the members club bank account. Neil was not proposing these are to be increased but merely making all aware of his situation as at some point in the future the subs will need to be increased.

A suggested put forward has been that we as members donate this surplus (which is not really achieving anything) by moving part to the Benevolent Fund, to be grossed up with Gift Aid and so be put to a good cause.

Neil has completed a cashflow forecast of the account. This shows that, after covering the club's ongoing commitments, this surplus varies each month from £5,300 to £10,300. Therefore we could consider donating up to £5,300 to the Benevolent Fund without a negative impact on the club account. However this feels to much so Neil suggested that we perhaps consider donating 50% of this (approx. £2,662, £35 per member) which could be grossed up to £3,327. This action would still leave a healthy surplus in the account.

The impact of this course of action is that whilst the subsidy of lunches can continue, it will be for a shorter time and the need to increase monthly subs will arise sooner. Three suggestions were raised at the meeting by members:

- 1 We should increase subs and stop the subsidy with the increases phased in next July 2020 and in July 2021 with a £5 increase each time
- 2 That any donation to the Benevolent fund should be ring fenced for a special project
- 3 If it is to be for a special project it could be for buying further gazebos for Orwell Challenge and upgrading toilet tents etc.

It was agreed that this information should be forwarded to all members for consideration and a vote taken at the next business meeting.

Suggested proposals for voting may be

- 1 Monthly subs remain same subsidised by club or and phased increase implemented
- 2 Club funds be donated to benevolent funds. If so how much and should this be for general distribution or a special project.
- 3 If a special project, should this be perhaps for equipment for the Orwell Challenge (e.g. gazebos) or opened to members to put forward proposals and there be a later vote?

Rotary exchange visit from our link Club Bad Salzuflen

We are delighted to be hosting 18 Rotarian visitors from Germany from Friday 13th to Sunday 15th September.

There are two main events which are open to club members.

A Club BBQ will be hosted by Bill and Monica Pipe on the evening of Friday 13th. A maximum of 80 participants can be accommodated. 52 places have been reserved for our German guests, their Ipswich East Rotarian hosts and members of the Ipswich East International Committee. Therefore, there are places for 28 club members and their partners. There will be a Rotary Club bar at the BBQ.

If you are not hosting or a member of the International Committee and would like to attend the BBQ, please contact David Atkins, ASAP, [BY CLICKING HERE](#) with “**German BBQ**” as the subject. David will keep club members informed regarding attendance.

A Formal Dinner, including a drink on arrival, will be held at the Ipswich and Suffolk Club on the evening of Saturday 14th. The cost of this event will be £30 per person and maximum numbers are limited to 66.

Again, initially, 52 places will be reserved. Therefore, initially, 14 places can be offered to the wider club membership.

As above, if you wish to attend, please email David Atkins, ASAP, [BY CLICKING HERE](#) with “**German I&S Meal**” as the subject.

David will keep club members informed regarding attendance.

This is the menu for the Saturday night dinner with our friends from Germany.

It will include a vegetarian option (as yet not released).

If you've booked, please let David Atkins known asap if you require the vegetarian meal and also if you have any other dietary needs

[BY CLICKING HERE](#)



*Rotary Club of Ipswich East
&
Friends from Bad Salzuflen*

Saturday 14th September 2019

*Saddle of English Lamb topped with a Herb crust served with
Roasted Garlic and a Rosemary Jus*

Served with a seasonal selection of vegetables

Black Forest Gateau with crème Anglaise and fresh Raspberries

Coffee and Mints



SAINSBURY'S FOOD COLLECTION FOR FIND

Friday 27th, Saturday 28th, Sunday 29th September
Sainsbury's Warren Heath
10am - 6pm (4pm on Sunday)

- Front of House :** A total of five 2-hour shifts, three volunteers per shift please.
Engaging with the public; giving out leaflets; receiving donated goods.
Please wear Rotary T-shirts/sweatshirts and hi-vis jackets (I can provide some)
- Shifts :** 10am—12noon; 12noon—2pm; 2pm—4pm; 4pm—6pm
- Sorting :** Volunteers needed to sort donations into boxes from 4pm Friday and Saturday (from 2pm Sunday) for temporary storage in Sainsbury's Click & Collect area.
Volunteers must be able to lift heavy boxes.
- Transporting :** Volunteers needed on Friday and Saturday from 5pm (Sunday from 3pm) at Sainsbury's to load donations into FIND van and then travel to FIND HQ to unload van.
Volunteers must be able to lift heavy boxes.



[CLICK HERE](#) TO CONTACT
JO BANTHORPE WITH YOUR OFFER
BY EMAIL
OR CALL HER ON 07918 145399



Ipswich East RC wants your money!

No change there I hear you say (and apologies for the pun).



However, this time it will not cost you a penny - maybe a Euro or Dollar, or even an old Peseta - but not a penny (although see below regarding pre-decimal coins).

Like me I am sure that many of you have a quantity of foreign currency at home that you have brought back from holidays and do not know what to do with it. Some of it will still be legal tender, some will not. Either way it has a value, and if you would like to donate it to the Club it could help one of our deserving local charities, rather than it festering in a cupboard or drawer at home.

After a bit of research I came across a company called *Coins For Cash* and if you [click here](#) the link below will take you directly to their website and full details of how they operate.

You will see that amongst their clients are several large retailers (Boots, Sainsbury's, M&S), many banks, and a number of major charities including MacMillan, British Red Cross - and Rotary! So, over the next few months I am asking you to let me have any coins or notes that you no longer have a use for. You don't have to sort them, just bring them along to any Tuesday lunch meeting and I will start filling a bucket!

I mentioned pre-decimal British coins. Did you know we can still get 75% of their original value? If like me you still have any old £1 notes, we can get 75p for them and it will not take too many of those to build a reasonable sum of money. Old shillings, sixpences, thrupenny bits - if you don't want them bring them in. There is much more detail on the website, so please take a few minutes to read through it.

This is not going to raise a vast amount of money, and we probably won't be able to repeat the exercise every year, but if you are going abroad in the near future don't just surrender your spare currency to the airline cabin crew, donate it to Ipswich East. If we only hand over one cheque to a deserving local cause it will have been worthwhile.

Many thanks, *Martin Westlake*



PUB NIGHT!

Invitation to all Ipswich East Rotarians, partners and friends for informal early evening/ after work drinks.

**Friday 20th September, 6.00 pm onwards, at
The Dove (dog friendly)
St Helen's Street, Ipswich**

No agenda, no food, no sign up - just chat and chill!
Stay as long as you like.

See you there!

Pub Night

In an attempt to ensure that all members have the opportunity to maintain connections and links with the Club, especially those who are unable to make it to the lunch meetings, the 5YDP Committee have decided to try this new initiative.

The intention is to hold these informal meet ups every 6-8 weeks, to vary the day, location and time of day and to intersperse with morning coffee or afternoon tea.

Hopefully this will mean that the tastes and needs of most members will be met at some point.

Ideas for venues and dates very welcome - please feel free to contact me directly.

I look forward to seeing you! *Jo Banthorpe*

How much can you cover in 15 minutes?

Your Editor Alan occasionally "Reviews the Sunday Papers" with the lovely Lesley Dolphin on her "Breakfast" Programme on BBC Radio Suffolk. He was there 25th August and covered the following topics:

Life as a priest after leaving Westerfield, Tuddenham & Ipswich—being licensed to "Inspiring Ipswich" Archdeacon Rhiannon, training new ministers—reminiscing on doing a training placement at Christchurch Felixstowe.

3D scans at airports—Prue Leith and hospital food—Brexit (aargh!) and the divisive views—lead thefts from church roofs—Dad's Army, the lost episodes—Ed Sheeran and Alan's claim to fame in having the same singing teacher Claire Weston with the choir Suffolk Singers—G7 Summit and fires in the Amazon—

He even managed to get in a plug for Snape Maltings and the Snape Proms!





Inner Wheel Club of Ipswich East

Charity Bridge Drive



Thursday 17th October 2019
Playford Village Hall, 2-5pm

Tickets £10 per person, including delicious afternoon tea
To book, please email rosey.watson@sky.com or call Rosey on 01473 430404

All proceeds will be donated to the charity "Teenage Cancer trust & other Inner Wheel Charities"

Rotarian Alfred Reeves
President



Rotary Club of Ipswich

Lunch Meeting 12th September 2019

Speaker: Tim Passmore – Police & Crime Commissioner for Suffolk

You are invited to attend this lunch which will be held at:

The Holiday Inn, London Road, IP2 0UA

Please arrive anytime from 12.30 pm. Lunch will be served from 1pm.

The cost is GBP 11 for a one course meal plus Coffee and mints.

Partners are welcome.

Please contact David West, dwest35@mail.com 07710368690 so we can advise the Chef re numbers and any dietary requirements.

Cut off time for advice is 5pm Monday 9th September at the latest.

The Holiday Inn, London Road, Ipswich, IP2 0UA
email: rotary@ipswich@gmail.com



I'm appealing for your support to advertise this year's Free Concert for Senior Citizens.

We would love 350 guests on the night!

**The Concert is entirely free.
In the past everyone who has joined us has had a great evening.**

This poster has been emailed to everyone in the club. Please forward it any person or organisation that may be interested in attending, or print a few copies and put up on any noticeboards to which you have access to maximise publicity for our event.

The start has been brought forward by half an hour to 7.00pm in the hope this will attract a larger audience.

Thanking you in advance of your support.

**Best regards,
Andy Lewis**

FREE Concert

ROTARY CLUB OF IPSWICH EAST

ANNUAL CONCERT

WEDNESDAY 25TH SEPTEMBER 2019
7PM - 9.30PM
COPELSTON HIGH SCHOOL, IPSWICH

Featuring:
Live music from Ipswich over 50's Brass Band
Live comedy from Richard Whymark
Hot & cold refreshments, Raffle

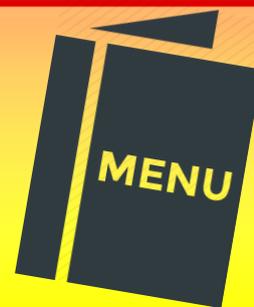
FREE tickets for over 60's - call 01473 298683 to reserve your place.

Supporting Suffolk **ageUK**

Sponsored by **HEARING CARE CENTRE**

LUNCHTIME MENU (verified by Greshams)

27th August Chicken, Ham and Asparagus Pie,
potatoes and vegetables



ROTARY APOLOGIES

Send apologies by 2pm each Monday by email, to
tracey.clay@ews.co.uk

Alternatively, text 07990 573258—as a last resort,
telephone 07990573258.

Were you on welcome duty when we had a guest speaker?

If you didn't give the vote of thanks, it's your
privilege to provide a short write-up of the speaker
for this newsletter.

Copy for write-ups and anything else needs to be
sent to Editor by the Saturday night preceding
publication day (Monday).

Email preferred please, to
alan.forsdike@gmail.com

Clipboards in Circulation

*Make sure you've seen the current clipboards in
circulation so that you don't miss any events.*

Christmas Pantomime Wednesday 11th December at New
Wolsey Theatre. Board will close on 31st August. (*Organiser:
David Atkins*)



CLUB EVENT PHOTOGRAPHS

You can view club photographs
on-line by
[clicking this link](#)

