

# Rotary



# LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East  
Edition 28-2019 - 13th August 2019

To view the club website : [click here](#)  
To view the Orwell Challenge Website: [click here](#)  
To view the club Facebook page: [click here](#)  
Charity Number: 1088961

## CLUB OFFICERS—2019/20

President: Liz Harsant  
President Elect: David Chittick  
Vice President: Jo Banthorpe  
Secretary: Tony Baker  
Asst Secretary: Martin Westlake  
Treasurer: Neil Hewitt



**August**

Neil Hewitt  
Toby Pound  
George Woodward  
**September**  
John Button  
Geoff Watson

*Lunchtime Meeting at Greshams bell rings at 12.55pm*

**Business Meeting  
no guest speaker**

*Duty Rotarians: Clifford Smith & Lucy Trenchard*

## *My Job—Lucinda Trenchard*

Lucy gave us a whistle-stop tour through her life in the world of work before setting out in more detail the major part of her career.

She told us how she had left school with a desire to go to Agricultural College but (after some parental guidance) went to Teacher Training College instead. The lack of teaching posts when she qualified meant that she had to work in hotels and even considered working on the offshore oil rigs before she decided that it all sounded too dangerous.

Lucy then went to 'Nexus', a company delivering cashpoints to small building societies. Her role focused around the introduction and maintenance of quality management systems ensuring that customers would receive the service they expected. Her role also included inspecting sites where the cassettes of money would be placed into the cashpoint machines.

It was at this time that Lucy became interested in Total Quality Management as expounded by the Japanese and she was instrumental in rolling out BS5750 and its successor, ISO 9001 at Nexus.

After her experience at Nexus, Lucinda went on to Internal Quality Audit at 'Misys Software', a large software developer with links to the financial services industry. In the fullness of time, 'AGILE' came along to replace ISO 9001 and Lucinda moved to the business 'Vocalink'. She explained how this company handles all the BACS and electronic payments that are now part and parcel of our everyday life.

President Liz gave the customary vote of thanks, commenting on the professional manner of Lucy's presentation and the interesting and vital role she had played in the business community.

*Steve Runnacles*



# A great day at Colchester Zoo!

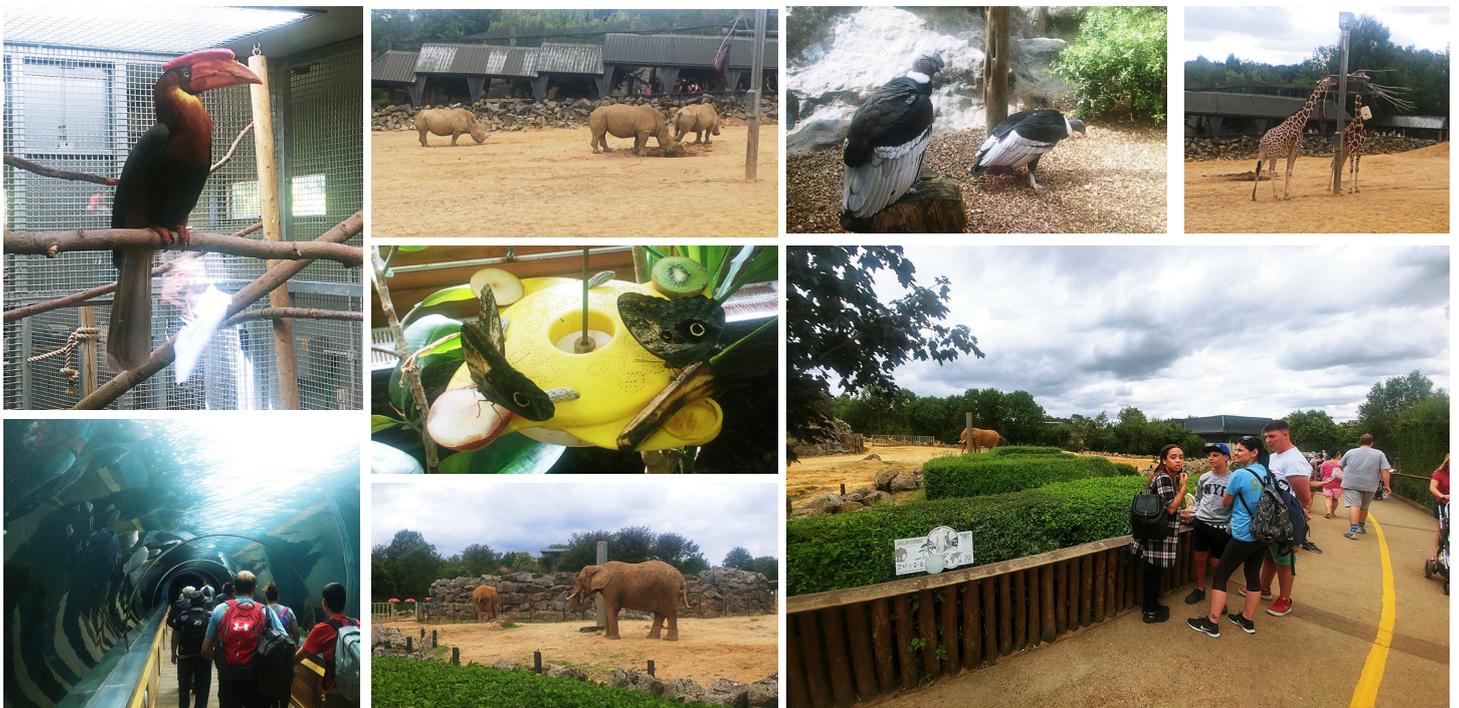
Last Wednesday (7th August), we had the annual trip to the zoo in Colchester with a few youngsters from 'Stars', part of the Ormiston Endeavour Academy. There were 8 youngsters who attended, plus their carers, as well as 8 members of our club.

Each child has very different special needs and challenges, but it was wonderful to see the excitement in their faces when they saw the many animals on display at the zoo (and I have to say, we all shared that excitement). The sea lions at feeding time were such an attraction, it was hard to get them away from there to have lunch! The disappointment from leaving them was quickly assuaged by a post-lunch ice-cream, though, so it was all good.

The weather was luckily on our side, as we had a nice breeze all day, and the threatened storm didn't catch us until the very end, when we were already heading for the bus to get back after a wonderful day out.

Special thanks to Jo Banthorpe for organising the whole event, and to the members of our club who gave up their time to take part in such a special day for these kids: our president Liz Harsant, Allan Gosling, Steve Jones, Peter Moss, Steve Runnacles, and Chris Banham.

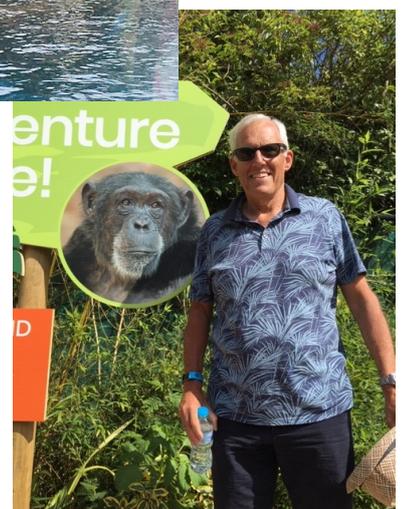
Let's hope we can have more children taking part in this activity next year! *Eva Alcerecca*



*Jo Banthorpe snapped these pics of Eva's zoo-themed earrings - definitely dressed for the occasion!*

*She added that sadly, the zoo dinosaurs were rather shy and didn't put in an appearance, but Mossy made up for it!*

*Mossy got his "own back" by posting this photo of Steve R suggesting we might like to do a spot-the-difference!*



# SAINSBURY'S FOOD COLLECTION FOR FIND

Friday 27th, Saturday 28th, Sunday 29th September  
Sainsbury's Warren Heath  
10am - 6pm (4pm on Sunday)

**Front of House :** A total of five 2-hour shifts, three volunteers per shift please.  
Engaging with the public; giving out leaflets; receiving donated goods.  
Please wear Rotary T-shirts/sweatshirts and hi-vis jackets (I can provide some)

**Shifts :** 10am—12noon; 12noon—2pm; 2pm—4pm; 4pm—6pm

**Sorting :** Volunteers needed to sort donations into boxes from 4pm Friday and Saturday (from 2pm Sunday) for temporary storage in Sainsbury's Click & Collect area.  
*Volunteers must be able to lift heavy boxes.*

**Transporting :** Volunteers needed on Friday and Saturday from 5pm (Sunday from 3pm) at Sainsbury's to load donations into FIND van and then travel to FIND HQ to unload van.  
*Volunteers must be able to lift heavy boxes.*



**CLICK HERE TO CONTACT**  
**JO BANTHORPE WITH YOUR OFFER**  
**BY EMAIL**  
**OR CALL HER ON 07918 145399**



## Rotary exchange visit from our link Club Bad Salzuflen

We are delighted to be hosting 18 Rotarian visitors from Germany from Friday 13th to Sunday 15th September.  
There are two main events which are open to club members.

**A Club BBQ** will be hosted by Bill and Monica Pipe on the evening of Friday 13th. A maximum of 80 participants can be accommodated. 52 places have been reserved for our German guests, their Ipswich East Rotarian hosts and members of the Ipswich East International Committee. Therefore, there are places for 28 club members and their partners. There will be a Rotary Club bar at the BBQ.

If you are not hosting or a member of the International Committee and would like to attend the BBQ, please contact David Atkins, ASAP, [BY CLICKING HERE](#) with "**German BBQ**" as the subject. David will keep club members informed regarding attendance.

**A Formal Dinner**, including a drink on arrival, will be held at the Ipswich and Suffolk Club on the evening of Saturday 14th. The cost of this event will be £30 per person and maximum numbers are limited to 66. Again, initially, 52 places will be reserved. Therefore, initially, 14 places can be offered to the wider club membership.

As above, if you wish to attend, please email David Atkins, ASAP, [BY CLICKING HERE](#) with "**German I&S Meal**" as the subject. David will keep club members informed regarding attendance.



# *Ipswich East Tuesday Rotary Meeting Programme*

*(lunchtime meetings start 12.55pm)*

*(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)*

*Widows of former members are welcome to all evening and additional events  
please book through the Hon Secretary Tony Baker*

<b>NEXT WEEK</b> <b>20th August</b>	<b>"Save Our Swifts" - Edward Jackson</b> <i>(John Barbour &amp; Ray Walters)</i>
<b>27th August</b>	<b>"Creative Computing Club" - BAFTA winner Matthew Applegate</b> <i>(Sarah Waterson &amp; Geoff Watson)</i>
<b>3rd September</b>	<b>Ipswich East Rotary Club 5-Year Plan Update—Jo Banthorpe</b> <i>(Martin Whitworth &amp; Russell Wiles)</i>
<b>10th September</b>	<b>Business Meeting—no guest speaker</b> <i>(Clifford Smith &amp; Lucy Trenchard)</i>
<b>17th September</b>	<b>tba</b> <i>(George Woodward &amp; Juliette Adams)</i>
<b>24th September</b>	<b>tba</b> <i>(Eva Alcerecca &amp; David Atkins)</i>
<b>1st October</b>	<b>tba</b> <i>(Alison Baldry &amp; Chris Banham)</i>
<b>8th October</b>	<b>Business Meeting—no guest speaker</b> <i>(Jo Banthorpe &amp; John Barbour)</i>
<b>15th October</b>	<b>tba</b> <i>(Eric Barnett &amp; Michelle Bevan-Margetts)</i>
<b>22nd October</b>	<b>tba</b> <i>(Graham Bickers &amp; John Button)</i>
<b>29th October</b>	<b>tba</b> <i>(fifth Tuesday)</i>
<b>5th November</b>	<b>tba</b> <i>(John Clements &amp; Stuart Cooper)</i>
<b>12th November</b>	<b>Business Meeting—no guest speaker</b> <i>(Des Cunningham &amp; Colin Davies)</i>
<b>19th November</b>	<b>tba</b> <i>(Janet Dillaway &amp; Robin Dillaway)</i>

## *Ipswich East Rotary Club Rolling Diary*

This table shows events other than regular weekly meetings.  
The name of the lead Rotarian for each event is shown in brackets.

*(Inner Wheel Events are shown in black italic type on a pale blue background)*

Wednesday 14th August	Club Pub Night—Thomas Wolsey PH 6pm <i>(see advertisement on p6)</i> <i>(Jo Banthorpe)</i>
Fri 13th—Sun 15th September	German Exchange Visitors are with our club <i>(organiser: Liz Harsant)</i>
Fri, Sat, Sun 27th, 28th, 29th September	Sainsbury's/FIND Collection <i>(organiser: Jo Banthorpe)</i>
Wednesday 25th September	Senior Citizens' Concert—Copleston School <i>(organiser: Andy Lewis)</i>
Wednesday 11th December	Pantomime at New Wolsey Theatre <i>(organiser: David Atkins)</i>



**Are you getting the most out of your computer / iPhone / iPad / tablet?**

**Would you like to know more about what you can do?**

**If so, why not join the Rotary Computer Club, which has Rotarians from both Ipswich East and Ipswich Wolsey Clubs.**

We meet on the first Thursday of each month, starting with coffee at 9.45 am until 1pm at Brundish Village Hall. Some of us then go to a local Pub for lunch but that's optional.

The Hall has a dedicated room set up with twelve computers. Our tutor is Ro Williams who can solve most of our queries.

We start the morning with a questions and answers session followed by coffee or tea and then she will go into greater detail of a suitable subject which may have arisen from the earlier session.

The cost for four meetings is just £40 : the new series of meeting starts on Thursday 5<sup>th</sup> September.

For further details please contact Richard Porter.

# Ipswich East RC wants your money!

No change there I hear you say (and apologies for the pun).



However, this time it will not cost you a penny - maybe a Euro or Dollar, or even an old Peseta - but not a penny (although see below regarding pre-decimal coins).

Like me I am sure that many of you have a quantity of foreign currency at home that you have brought back from holidays and do not know what to do with it. Some of it will still be legal tender, some will not. Either way it has a value, and if you would like to donate it to the Club it could help one of our deserving local charities, rather than it festering in a cupboard or drawer at home.

After a bit of research I came across a company called **Coins For Cash** and if you [click here](#) the link below will take you directly to their website and full details of how they operate.

You will see that amongst their clients are several large retailers (Boots, Sainsbury's, M&S), many banks, and a number of major charities including MacMillan, British Red Cross - and Rotary!

Your Club Council has granted approval to giving this a go, so over the next few months I am asking you to let me have any coins or notes that you no longer have a use for. You don't have to sort them, just bring them along to any Tuesday lunch meeting and I will start filling a bucket!

I mentioned pre-decimal British coins. Did you know we can still get 75% of their original value? If like me you still have any old £1 notes, we can get 75p for them and it will not take too many of those to build a reasonable sum of money. Old shillings, sixpences, thrupenny bits - if you don't want them bring them in. There is much more detail on the website, so please take a few minutes to read through it.

This is not going to raise a vast amount of money, and we probably won't be able to repeat the exercise every year, but if you are going abroad in the near future don't just surrender your spare currency to the airline cabin crew, donate it to Ipswich East. If we only hand over one cheque to a deserving local cause it will have been worthwhile.

So, in the immortal words of Delia Smith, "let's be having you" (and your friends, family and colleagues too)!

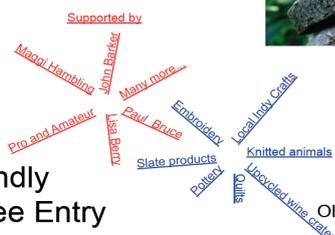
Many thanks, *Martin Westlake*



## Chillesford Art and Craft Fair

Saturday 24th August 2019 11am-4pm

- Paintings
- Sculpture Trail
- Crafts
- Plant sale
- Refreshments
- Wheelchair Friendly
- Free Parking Free Entry



Old School House  
Chillesford  
IP12 3PS  
for your satnav

All Proceeds for Alzheimer's Society

The Rotary Club of Ipswich Wolsey  
Walk through the beautiful scenic Fynn Valley, Suffolk

In aid of  
East Anglian Air Ambulance

Meet up between 10.00 am - 12 noon

**WOLSEY PUB WALK**

FAMILY FRIENDLY

Dogs on leads WELCOME

Cost: £10.00 includes T-shirt

Saturday 28th September 2019

An 8 mile circular walk (also 6 mile option), starting in Westerfield > Witesham > Tuddenham, then return to Westerfield.

Registration via our website: [www.wolseypubwalk.org.uk](http://www.wolseypubwalk.org.uk)  
Email: [wolseyrotary@btinternet.com](mailto:wolseyrotary@btinternet.com)  
for more information tel: 07545 854801 (Terry)

# PUB NIGHT!

Invitation to all Ipswich East Rotarians, partners and friends for informal early evening/ after work drinks.

**Wednesday 14th August, 6.00 pm onwards,**  
at the  
**Thomas Wolsey Pub**  
St Peter's Street, Ipswich

No agenda, no food - just chat and chill!  
Stay as long as you like.

**See you there!**

## Pub Night

In an attempt to ensure that all members have the opportunity to maintain connections and links with the Club, especially those who are unable to make it to the lunch meetings, the 5YDP Committee have decided to try this new initiative.

The intention is to hold these informal meet ups every 6-8 weeks, to vary the day, location and time of day and to intersperse with morning coffee or afternoon tea.

Hopefully this will mean that the tastes and needs of most members will be met at some point.

Ideas for venues and dates very welcome - please feel free to contact me directly.

I look forward to seeing you!

*Jo Banthorpe*



 **HEARING CARE CENTRE**

# Pudding Club CHARITY NIGHT

**Thursday 22<sup>nd</sup> August - 7pm**

*Fynn Valley Cafe Terrace, Ipswich*

A special evening dedicated to delicious desserts - what more could you ask for?

Round up some friends, be a bit naughty and treat yourselves to a night full of indulgence. All in aid of **Hearing Dogs for Deaf People!**

**£22**  
per person

Tickets include a selection of stone-baked pizzas followed by an array of tasty desserts.

Book your place early to avoid disappointment!

 **Hearing Dogs for Deaf People**

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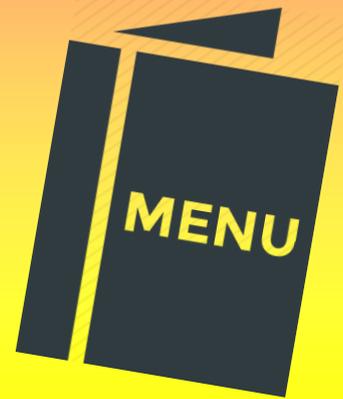
To purchase tickets call 01473 230330 or visit:  
**hearingcarecentre.co.uk/puddings**

## LUNCHTIME MENU (verified by Greshams)

13th August Chicken Caesar Salad

20th August Cod Mornay, sautéed potatoes and vegetables

27th August Chicken, Ham and Asparagus Pie,  
potatoes and vegetables



## ROTARY APOLOGIES

Send apologies by 2pm each Monday by email, to  
[tracey.clay@ews.co.uk](mailto:tracey.clay@ews.co.uk)

Alternatively, text 07990 573258—as a last resort,  
telephone 07990573258.

## Were you on welcome duty when we had a guest speaker?

If you didn't give the vote of thanks, it's your  
privilege to provide a short write-up of the  
speaker for this newsletter.

Copy for write-ups and anything else needs to  
be sent to Editor by the Saturday night  
preceding publication day (Monday).

Email preferred please, to  
[alan.forsdike@gmail.com](mailto:alan.forsdike@gmail.com)

## Clipboards in Circulation

***Make sure you've seen the current clipboards in  
circulation***

***so that you don't miss any events.***

**Christmas Pantomime** Wednesday 11th December at New  
Wolsey Theatre. Board will close on 31st August. (*Organiser:  
David Atkins*)



## CLUB EVENT PHOTOGRAPHS

You can view club photographs  
on-line by  
[clicking this link](#)

