

Rotary  |  **BE THE INSPIRATION**

# LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East  
Edition 37-2018 - 6th November 2018

To view the club website : [click here](#)  
To view the Orwell Challenge Website: [click here](#)  
To view the club Facebook page: [click here](#)  
Charity Number: 1088961

**CLUB OFFICERS—2018/19**

**President:** David Knights  
**President Elect:** Liz Harsant  
**Vice President:** David Chittick  
**Secretary:** Tony Baker  
**Asst Secretary:** Martin Westlake  
**Treasurer:** Neil Hewitt



**November Birthdays**

Geoff Ramsdale  
Steve Flory  
Bill Robinson  
Liz Harsant  
Alison Baldry  
Sarah Waterson  
George McLellan  
Eric Barnett

**Lunchtime Meeting at Greshams bell rings at 12.55pm**

**Tuesday 6th November 2018**  
**Tom Boother, an on-line coach**

Tom is the 'running man' who is training entrants for the Orwell run. He is coming along to talk to the club about what he will do for entrants and to share some of his running experiences. Learn more about him by [clicking here](#)

**Duty Rotarians: George McLellan & Peter Moss**

**Launch of the Orwell Challenge 2019**



To view the full gallery of photographs from last week's Launch of the Orwell Challenge, [click here](#)



**Orwell Challenge on Sunday 23rd June 2019**

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**20% OFF**  
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# Tuesday Rotary Meeting Programme

(lunchtime meetings start 12.55pm)

*Widows of former members are welcome to all evening and additional events  
please book through the Hon Secretary Tony Baker*

*(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)*

<b>NEXT WEEK</b> 13th November	<b>Business Meeting—no guest speaker</b> <i>Duty Rotarians: Mark Murphy &amp; Ed Nicholls</i>
20th November	tba <i>Duty Rotarians: Bob Parker &amp; Bill Pipe</i>
27th November	tba <i>Duty Rotarians: Ian Lord &amp; Toby Pound</i>
4th December	tba <i>Duty Rotarians: John Riches &amp; Clare Richards</i>
11th December	<b>Business Meeting—no guest speaker</b> <i>Duty Rotarians: Bill Robinson &amp; Steve Runnacles</i>
18th December	<b>Rotary Christmas Lunch</b> <i>Duty Rotarians: tba</i>
25th December	<b>Happy Christmas Day!</b>
1st January 2019	<b>Happy New Year!</b>
8th January	<b>Business Meeting—no guest speaker</b> <i>Duty Rotarians: tba</i>
15th January	tba <i>Duty Rotarians: tba</i>
22nd January	tba <i>Duty Rotarians: tba</i>
29th January	<b>Fifth Tuesday Evening Meeting at “The Noodle Bar” Fore Street Ipswich</b> <i>Duty Rotarians: n/a</i>

## LUNCHTIME MENU

- 6th November : Roast Chicken with Vegetables  
 13th November : Cajun Pork with BBQ Sauce & Parmentier Potatoes  
 20th November : Chicken Curry with Rice and Naan Bread  
 27th November : Steak & Ale Stew with Herb Dumpling, Mash and Peas

# IPSWICH EAST ROTARY CLUB ROLLING DIARY

This table shows events other than regular weekly meetings.  
The name of the lead Rotarian for each event is shown in brackets.

*(Inner Wheel Events are shown in black italic type on a pale blue background)*

<b>Tuesday 6th November</b> 7.15pm	<i>Inner Wheel monthly meeting at Ipswich &amp; Suffolk Club —guest speaker on “The Blossom Appeal”</i>
<b>Tuesday 4th December</b> 7.15pm	<i>Inner Wheel monthly meeting at Ipswich &amp; Suffolk Club —guest speaker on “Fifty Years in a Kitchen”</i>
<b>Wednesday 12th December</b>	<b>Rock &amp; Roll Pantomime—New Walsey Theatre</b> <i>(Clare Richards)</i>
<b>2019</b>	
<b>Tues 8th January</b> 7.15pm	<i>Inner Wheel monthly meeting at Ipswich &amp; Suffolk Club—social evening</i>
<b>Sunday 13th January</b>	<i>Inner Wheel Annual “Walk and Tea”—Hill Farm, Tuddenham St Martin</i>
<b>Friday 1st February</b>	<i>Inner Wheel Trivia Quiz—Tuddenham St Martin Village Hall</i>
<b>Tuesday 5th February</b> 7.15pm	<i>Inner Wheel monthly meeting at Ipswich &amp; Suffolk Club —guest speaker: Judy Gowan on “Aldeburgh Carnival”</i>
<b>Tuesday 5th February</b> 7.15pm	<i>Inner Wheel monthly meeting at Ipswich &amp; Suffolk Club —guest speaker: District Chairman, Linda Fellas</i>
<b>Friday 15<sup>th</sup> March</b> 7pm	<i>IW Inaugural dinner at Hintlesham Golf Club with entertainment from our very own Stephanie Mackentyre &amp; Steve Rhodes</i>
<b>Tuesday 11th June</b>	<b>Club Assembly—venue tba</b> <i>(David Chittick &amp; Liz Harsant)</i>
<b>Sunday 23rd June</b>	<b>2019 Orwell Challenge Day</b> <i>(John Button)</i>
<b>Tuesday 25th June</b>	<b>Presidential Handover—venue tba</b> <i>(David Chittick &amp; Liz Harsant)</i>

**On behalf of Headway Suffolk,**  
I would like to thank Ipswich Rotary Club for the donation you sent to us. We will be put this towards our funding campaign to build the Professor Stephen Hawking Neuro Centre on Ravenswood Estate in Ipswich.

**Thank you for our support**

Yours sincerely,  
Helen Fairweather,  
Chief Executive Officer



**Thank you for the wonderful donation of £250 from the Rotary Club of Ipswich East Benevolent Fund. It is a very kind gesture and we will ensure the funds go to supporting the weekly groups in the Ipswich area.**

In 2017 we completed training over 300 staff and volunteers in the UK to deliver sporting memories activities with older people in the community, in care homes and in hospitals. They were supplied with an array of materials, including mobile tablets with digital resources, image cards and copies of our reminiscence newspaper, the ‘Sporting Pink’. The training and resources are all delivered free of charge to the organisations involved. To receive such a generous donation will help us to support more people living with dementia, supports carers and alleviate loneliness in the Ipswich area.

On behalf of all the Trustees and beneficiaries of The Sporting Memories Foundation, our heartfelt thanks. Best wishes, Tony Jameson-Allen, *Co-founder and Director*



# WOODBIDGE DEBEN ROTARY CLUB CHARTER NIGHT

**MONDAY 26th NOVEMBER  
2018 6.30pm for 7pm  
UFFORD PARK HOTEL**

President Tom Griffin  
invite you and your  
partner  
to join us for our 29th  
Annual Charter Night  
Dinner 6.30 for 7.00pm.

Dress Code: Black Tie :  
£30 per head.

Speaker Dr. Sarah Hills "Coventry  
Cathedral and its work of Reconciliation"

Responses by Monday November 12th please  
to Martin Kenyon:

[captainmjk@btinternet.com](mailto:captainmjk@btinternet.com)  
109 Thoroughfare, Woodbridge IP12 1AS,  
01394 386933—Payment on the night or by  
BACS.

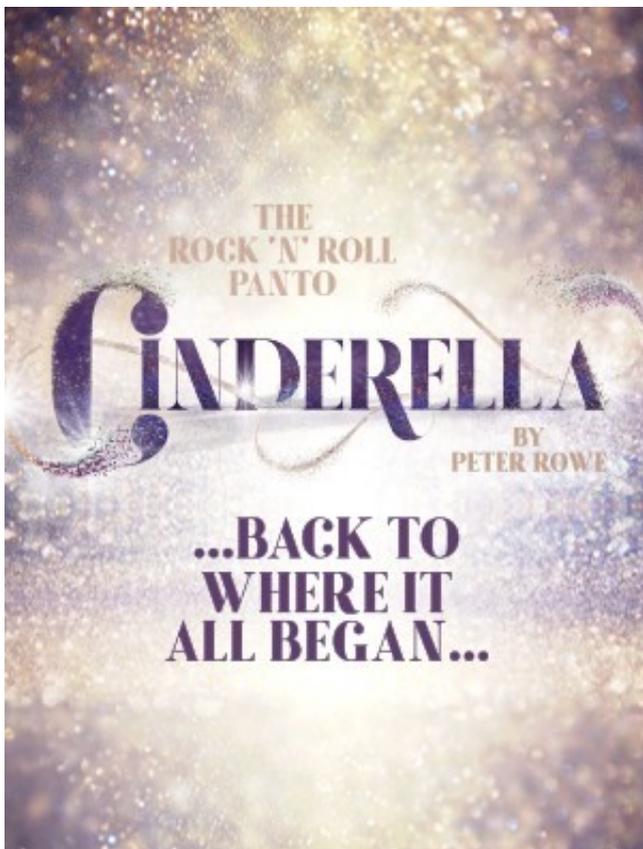


## WEDDING CONGRATULATIONS

Des and Mandy Cunningham's daughter Elizabeth  
who was married to Aaron on Saturday 27th  
October at Wherstead Park.



Rotary Club visit—Wednesday 12th December



Board circulating—Clare Richards organising

HEARING  
CARE CENTRE

# Christmas Quiz Night

**Sunday 25<sup>th</sup> November 2018**

7pm - Kesgrave Community Centre

£200 in cash prizes to be won!

Teams of 4 to 6 people | £5pp

Festive nibbles | Big screen | Cash bar

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To book tickets call 01473 230330 or  
visit [hearingcarecentre.co.uk/quiz](http://hearingcarecentre.co.uk/quiz)

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## The Tomb of the Unknown Warrior

**At the west end of the Nave of Westminster Abbey is the grave of the Unknown Warrior, whose body was brought from France to be buried here on 11th November 1920. The grave, which contains soil from France, is covered by a slab of black Belgian marble from a quarry near Namur.**

The idea of such a burial seems first to have come to a chaplain at the Front, the Rev'd David Railton (1884-1955), when he noticed in 1916 in a back garden at Armentières, a grave with a rough cross on which were pencilled the words "An Unknown British Soldier". In August 1920 he wrote to the Dean of Westminster, Herbert Ryle, through whom the memorial was carried out. The body was chosen from unknown British servicemen exhumed from four battle areas, the Aisne, the Somme, Arras and Ypres.

The remains were brought to the chapel at St. Pol on the night of 7th November 1920. The General Officer in charge of troops in France and Flanders, Brigadier General Wyatt, with Colonel Gell, went into the chapel alone, where the bodies on stretchers were covered by Union Flags. They had no idea from which area the bodies had come. General Wyatt selected one and the two officers placed it in a plain coffin and sealed it. The other three bodies were reburied.

In the morning Chaplains of the Church of England, the Roman Catholic Church and Non-Conformist churches held a service in the chapel before the body was escorted to Boulogne to rest overnight. The next day the coffin was placed inside another which had been sent over specially from England made of oak from a tree which had grown in Hampton Court Palace garden, lined with zinc. It was covered with the flag that Rev'd Railton had used as an altar cloth during the War.

Within the wrought iron bands of this coffin had been placed a 16th century crusader's sword from the Tower of London collection. The coffin plate bore the inscription: *A British Warrior who fell in the Great War 1914-1918 for King and Country.*

The destroyer HMS Verdun, transported the coffin to Dover and it was then taken by train to Victoria station in London where it rested overnight. On the morning of 11th November the coffin was placed on a gun carriage drawn by six black horses and began its journey through the crowd-lined streets, making its first stop in Whitehall where the Cenotaph was unveiled by King George V.

Then the carriage, with pall bearers made its way to the north door of Westminster Abbey.

The coffin was borne to the west end of the nave through the congregation of around 1,000 mourners and a guard of honour. The King stepped forward and dropped a handful of French earth onto the coffin as it was lowered into the grave. The grave was then covered by a silk funeral pall.

Servicemen kept watch at each corner of the grave while thousands of mourners filed past.

The Abbey organ was played while the church remained open to the public. After the Abbey had closed for the night some of the choristers went back into the nave and one later wrote "The Abbey was empty save for the guard of honour stiffly to attention, arms (rifles) reversed, heads bowed and quite still - the whole scene illuminated by just four candles".

On 18th November the grave was filled in, using 100 sandbags of earth from the battlefields then covered by a temporary stone with a gilded inscription on it:

**A BRITISH WARRIOR  
WHO FELL IN THE GREAT WAR 1914-1918  
FOR KING AND COUNTRY.  
GREATER LOVE HATH NO MAN THAN THIS.**

*Edited from the Westminster Abbey website. Full text <https://www.westminster-abbey.org/abbey-commemorations/commemorations/unknown-warrior/>*

[If reading on-line, [click here](#)]

Rev'd David Railton's intention was that all of the relatives of the 517,773 combatants whose bodies had not been identified could believe that the Unknown Warrior could very well be their lost husband, father, brother or son...

This is a reason we wear poppies. We do not glorify war.

We remember - with humility - the great and the ultimate sacrifices that were made, not just in this war, but in every war and conflict where our service personnel have fought - to ensure the liberty and freedoms that we now take for granted.

*"At the going down of the sun,  
and in the morning,  
we will remember them."*



Coffin of the Unknown Warrior Westminster Abbey 2010

 **The Masque Players**  
Kesgrave

Our next production will be....

### How The Other Half Loves

A comedy by Alan Ayckbourn

Frank employs both Bob and William, and is considering promoting the latter. Bob is having an affair with Frank's wife, Fiona, and is in constant conflict with his own wife, Teresa. To cover their tracks, Fiona tells Frank that she has been comforting Mary, William's wife, who believes her husband is having an affair. Bob tells Teresa a similar story about comforting William. Confused, intrigued? There's more. When William and Mary, who are both completely innocent and totally oblivious to being implicated, are invited to dinner at both homes on different evenings, both dinner parties take place on stage at the same time. Confused, intrigued even more? How are they going to achieve that on stage I hear you say. Only one way to find out. Come and see The Masque Players latest production.

**Performed at Kesgrave Community Centre,**  
Twelve Acre Approach, Kesgrave  
**21st—24th November at 7.30pm**  
TICKET PRICES £9

Reserve tickets by phone: 01473 725633, purchase on the door, 2nd stop shop nr Tesco or email [masqueplayers@hotmail.co.uk](mailto:masqueplayers@hotmail.co.uk)

**Claim your Free Hot drink at the interval  
upon production of this flyer**

This production is starring Mandy Cunningham