

# Rotary



ROTARY:  
MAKING A  
DIFFERENCE

## LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East  
Edition 07-2018 - 13th February 2018

Club website : [www.ipswicheastrotaryclub.co.uk](http://www.ipswicheastrotaryclub.co.uk)  
Orwell Walk Website: [www.orwellwalk.co.uk/orwell-walk-and-cycle.aspx](http://www.orwellwalk.co.uk/orwell-walk-and-cycle.aspx)  
Facebook page: [www.facebook.com/IpswichEastRotaryClub](https://www.facebook.com/IpswichEastRotaryClub)  
Charity Number: 1088961

### CLUB OFFICERS

President: Nigel Farthing  
President Elect: David Knights  
Vice President: Liz Harsant  
Secretary: Tony Baker  
Asst Secretary: Martin Westlake  
Treasurer: Neil Hewitt



### February Birthdays

Lewis Tyler  
Mike Stewart  
Stafford Patient  
John Barbour  
Nigel Farthing  
Steph Mackentyre  
Frances Fobbie  
Des Cunningham  
Martin Whitworth  
John Stroud

**Lunchtime Meeting at Greshams—bell rings at 12.55pm**

**Tuesday 13th February 2018**

**Business Meeting—no guest speaker**

**Duty Rotarians: Karen Finch and Roger Gilles**

*“The children are willing and hungry to learn, with total respect to our staff members, they hold-on to every word we say.”* So said Simon Milton, in his address to the Ipswich East Rotary Club last week.

Simon is the Director of a Corporate Social Responsibility sponsored initiative known as Futurestars. The initiative is backed by oil and shipping companies (OMA GHANA and YINSON PRODUCTION WA) operating in four West African countries - Ghana, Togo, Benin and Senegal. Mr Milton is a seasoned football professional with over 30 years experience at Ipswich Town Football Club as a player and non-player.

With that wealth of knowledge and experiences, directing the Futurestars , teaching/coaching sports (football, netball and athletics) in middle and high schools, is being a life-changing and profound experience for him.

During his presentation and talk, he clearly expressed his passion for teaching and coaching willing, committed and respectful children and his ardent desire to expand the program to other cities in Ghana and Togo. He further explained that, since there are so many children participating in their sessions, they do not give away the sporting materials. They loan the kits to the children and after every session, they return the items. This approach is to ensure that every student participating in their programmes have an opportunity to use a quality sporting item.

Their methods of coaching is so attractive that Futurestars organisation is offering Physical Education lessons in the five schools that are using their service in Ghana. They are currently running the programme in Tema city, a population of 350,000 and there 400 schools. They want to expand to Accra, the main city in Ghana with 3 million people and over 4,000 schools. Futurestars activities in Togo is far more advanced and more details can be found at their website: [www.futurestarscharity.org.uk](http://www.futurestarscharity.org.uk).

Currently, there are operating in five schools, a total of 2,500 students, two full-time coaches and 100 coaching hours a week. Futurestars charity was officially launched in the UK in January, 2018 see their website below for more details.

*Francis Fobbie*

Simon Milton's contact details: email: [simon.milton@futurestarscharity.org.uk](mailto:simon.milton@futurestarscharity.org.uk)  
Mobile: 07860 941194

Website: [www.futurestarscharity.org.uk](http://www.futurestarscharity.org.uk)



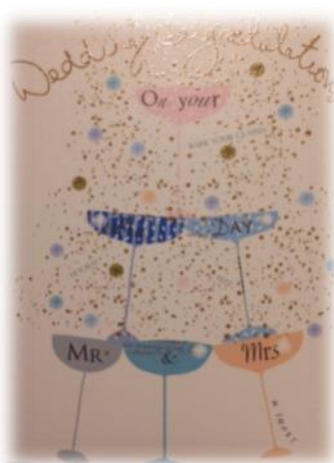
# Tuesday Rotary Meeting Programme

(lunchtime meetings start 12.55pm)

*Widows of former members are welcome to all evening and additional events.*

*(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)*

<b>NEXT WEEK</b>	<b>Terry Hunt Chairman of the Ipswich Vision board who will outline future plans for Ipswich town centre.</b>	
20th February		<i>Duty Rotarians: Alan Forsdike &amp; Catherine Forsdike</i>
27th February	tba	<i>Duty Rotarians: John Goodship &amp; Allan Gosling</i>
6th March	tba	<i>Duty Rotarians: Norman Haines &amp; Mark Harrison</i>
13th March	<b>Business Meeting (no speaker)</b>	<i>Duty Rotarians: Liz Harsant &amp; John Hutton</i>
20th March	tba	<i>Duty Rotarians: Dick Jeffery &amp; Steve Jones</i>
27th March	tba	<i>Duty Rotarians: Matt Kennington &amp; Satish Khanna</i>
3rd April	tba	<i>Duty Rotarians: Andy Lewis &amp; Ian Lord</i>
10th April	<b>Business Meeting (no speaker)</b>	<i>Duty Rotarians: tba</i>
17th April	tba	<i>Duty Rotarians: tba</i>
24th April	tba	<i>Duty Rotarians: tba</i>
1st May	tba	<i>Duty Rotarians: tba</i>



*Eva Alcerreca writes...*

*Matthew and I are officially a (happily) married couple indeed, and now that friends and family have gone back home, we just wanted to take this opportunity to thank you all for your good wishes, the lovely card, and the very generous gift enclosed.*

*We are very lucky to have such wonderful and thoughtful people as yourselves as friends, and as we settle into this new life we're building together, we look forward to reciprocating all the attentions and the friendship you've bestowed upon us. Eva & Matthew*

# IPSWICH EAST ROTARY CLUB ROLLING DIARY

This table shows events other than regular weekly meetings.  
*The name of the lead Rotarian for each event is shown in brackets.*  
*(Inner Wheel Events are shown in black italic type on a pale blue background)*

Saturday 24th February	Past President's Dinner <i>(for Past Presidents)</i> venue Ipswich Golf Club Purdis Heath <span style="float: right;"><i>(John Button)</i></span>
Saturday 14th April	'Know your Blood Pressure' - Stroke Awareness, Waitrose Futura Park <span style="float: right;"><i>(Jo Banthorpe)</i></span>
<i>Inner Wheel</i> Tuesday, 6th March	<i>Gillian Smith—District 8 Chairman—Ipswich &amp; Suffolk Club</i>
<i>Inner Wheel</i> Friday 16th March	<i>Inaugural Dinner Anniversary—Hintlesham Golf Club</i> 7pm for 7.30pm sit down, <i>Black tie event, Music by Stephanie Mackentyre and Steve Rhodes (vocal instrumental duo)</i> <i>Book via Karen Finch</i>
<i>Inner Wheel</i> Tuesday, 3rd April	<i>Rachel Sloane—'At Sea With Fred' - Ipswich &amp; Suffolk Club</i>
<i>Inner Wheel</i> Friday 6th April	<i>Gin event with the 'Gin Lord' on Friday 6th April.</i> Limited tickets £20 per head to include five gins and pairing food. More details to follow all enquiries direct to Karen Finch
April/May	Senior Citizens' Quiz <span style="float: right;"><i>(Sarah Waterson, Ian Lord, Norman Haines)</i></span>
<i>Inner Wheel</i> Tuesday, 1st May	<i>Wayne Burns—Leiston Film Theatre—Ipswich &amp; Suffolk Club</i>
Wednesday 2nd May	Annual Charity Golf Day—Felixstowe Ferry Golf Club <span style="float: right;"><i>(Chris Harrall)</i></span>
Wednesday 9th May	Visit to New Wolsey Theatre—"Our Blue Heaven" <i>Dramatic celebration of 40th Anniversary of Ipswich Town winning the FA Cup</i> <span style="float: right;"><i>(Clare Richards)</i></span>
Sunday 20th May	Sports Taster Day <i>(with Inspire Suffolk)</i> <span style="float: right;"><i>(John Button)</i></span>
<i>Inner Wheel</i> Tuesday, 5th June	<i>Annual General Meeting—Ipswich &amp; Suffolk Club</i>
Wednesday 6th June	BBQ for people with Learning Difficulties, Mencap <span style="float: right;"><i>(Jack Earwaker)</i></span>
Sunday 17th June	The Orwell Challenge <i>(Orwell Walk, Run &amp; Cycle)</i> <span style="float: right;"><i>(John Button)</i></span>
Tuesday 26th June	Presidential Handover—Sproughton Tithe Barn <span style="float: right;"><i>(David Chittick)</i></span>
<i>Inner Wheel</i> Tuesday, 3rd July	<i>Inner Wheel Presidential Handover</i>
Friday 13th July	Annual Bowls Match versus Westerfield <i>(at Westerfield)</i>
Tuesday 31st July	River Trip on The Victor barge <i>(tbc)</i> <span style="float: right;"><i>(David Chittick)</i></span>
July/August <i>(tba)</i>	KidsOut; STARS <span style="float: right;"><i>(Jo Banthorpe, Chris Banham)</i></span>
Wednesday 29th August— Wednesday 5th September	Twinning Visit of our friends from RC Ipswich Mass —book the date: more information will be released nearer the time <span style="float: right;"><i>(International Committee)</i></span>
Wednesday 26th September	Senior Citizens' Concert

# 2018 Annual Fund Raising Metal Detecting Rally

## *Sunday 11th February at Ham's Farm, Falkenham*

This was the 4th year we have held a metal detecting day and again this took place at Hams Farm House. It was a dry day but with a very cold wind but this did not deter over 110 people looking for the elusive bar of gold. The finds made were mostly of coinage with some interesting other items such as brass buttons, bits of implements and even a very rusted up tank shell although it was so rusted we did not feel it necessary to call the bomb squad!

The finder who was interested in military items informed us that the area had been used during the war for target practice. With these events we are now building up an interesting history on what has taken place over the years in this area such as the Dutch invasion via Landguard Fort, Roman pottery, Anglo Saxon remains to mention just a few.

Thanks to the help from Jo Banthope and David Chittick who braved the cold wind especially after we had had to abandon any ideas of putting up and holding down in the wind a Gazebo, we will have to re think this next year, and last of all thanks to John Barbour our metal detecting expert for advertising the event and getting the people to the event.

*The proceeds from the event are being shared between Ipswich East Rotary Club and Repairs to Falkenham Church Hall. At the time of going to press, the amount raised was not known. Grateful thanks go to Rotarian Bob Parker for the use of his land.*



## LUNCHTIME MENU

13th February : Sausage, Mash & Peas

20th February : Beef Lasagne & Salad



## Orwell Challenge

Walkers 95 (106)

Runners 33 (31)

Cyclists 13 (12)

Marathon 40

Total 181 (149)

*(figures for this week last year in brackets)*



We were blown away by the generosity of the Ipswich public during last Friday's food collection at Sainsbury's Warren Heath in aid of FIND. Some members of the public were amazingly generous and donated whole bags full of goods.



A dozen or so of our most resilient members donned their thermals and braved the wind-chill whilst handing out leaflets, engaging with shoppers and collecting in what amounted to 43 boxes full of produce. This was all transferred to FIND HQ the next morning swiftly and smoothly by an equally intrepid cohort of 'Easters'.

Huge thanks to all who gave up their time to make this event such a huge success. Particular thanks go to Karen's Melvin, Liz Gilles and Steve Banthorpe for coming to the aid of their spouses. The only small drama was a certain *Hearing Care Centre* van which fancied a Saturday lie in and refused to spring into action despite Melvin's best efforts with jump leads. In true Rotary form, a crisis was averted and plan B was quickly formulated and implemented, with mission accomplished in double quick time!

Sainsbury's were extremely helpful and are keen to accommodate us again.

*Jo Banthorpe*



## **2018 Rotary Club of Ipswich East Sports Diary**

**April—Snooker evening at Ipswich & Suffolk Club.**

**April—Hackers' Golf Purdis 9-hole course**

**2nd May—Golf Day at Felixstowe**

**20th May—Sports Taster Day.**

**26th June—Clay pigeon shoot & walk  
(before Presidential handover)**

**July—Golf Day at Purdis Golf Club  
(incl. food)**

**Frid 13th July—Bowls vs Westerfield**

**Oct—Hackers' Golf Purdis 9-hole course**

**Oct—Snooker V Ipswich & Suffolk Club.**

**Nov—Snooker V Ipswich Rotary Club  
for the 'Loving Cup'**

*plus...*

**Golf knockout for the 'Dick Jeffery Cup'**

**District & National Rotary Golf.**



The Rotary Club of Ipswich East

Registered Charity No. 1088961



In aid of Cancer Campaign in Suffolk

**SPONSORED CHARITY GOLF TOURNAMENT**

**WEDNESDAY 3<sup>rd</sup> MAY 2017**

**FELIXSTOWE FERRY GOLF CLUB**

The Rotary Club of Ipswich East is again holding its annual Sponsored Charity Golf Tournament at Felixstowe Ferry Golf Club.

In addition to providing a most enjoyable day for all of the participants, the Rotary Club will again be seeking to raise a considerable sum for charity. The chosen charity this year is [The Cancer Campaign in Suffolk](#).

As usual, there will be a number of prizes to be won, by teams and individuals including a sponsor's prize. We will also be continuing our ever popular tombola.

Sponsors will have the opportunity to sponsor one of the 18 holes and display their own advertising material around the relevant tee or green. There is also the opportunity to display items elsewhere in the golf club by prior arrangement. The cost of sponsoring a hole is £100.

Felixstowe Ferry Golf Club will provide all participants with an excellent fish and chip meal, served between 12.00 and 7.00, and this is **included within the entry fee** which also includes coffee and a bacon roll on arrival.

The entry fee for a team of three persons, including fish and chips, is **£185.00** If you are unable to enter a team but would still like to support the event, please feel free to be a sponsor only, in the knowledge that your money is going to a very deserving cause.

To those of you who have supported this event in the past, we thank you for your support and look forward to seeing you again this year. If you have not attended before, you will be most welcome. To confirm your team entry and/or sponsorship, please complete the enclosed application form as soon as possible.

Yours sincerely

**Chris Harrall**

Fundraising Committee

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