

# Rotary



ROTARY:  
MAKING A  
DIFFERENCE

## LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East  
Edition 11-2018 - 13th March 2018

Club website : [www.ipswicheastrotaryclub.co.uk](http://www.ipswicheastrotaryclub.co.uk)  
Orwell Walk Website: [www.orwellwalk.co.uk/orwell-walk-and-cycle.aspx](http://www.orwellwalk.co.uk/orwell-walk-and-cycle.aspx)  
Facebook page: [www.facebook.com/IpswichEastRotaryClub](https://www.facebook.com/IpswichEastRotaryClub)  
Charity Number: 1088961

### CLUB OFFICERS

President: Nigel Farthing  
President Elect: David Knights  
Vice President: Liz Harsant  
Secretary: Tony Baker  
Asst Secretary: Martin Westlake  
Treasurer: Neil Hewitt

### March Birthdays



Martin Westlake  
Ed Nicholls  
Steve Runnacles  
Allan Gosling  
Clare Richards

**Lunchtime Meeting at Greshams—bell rings at 12.55pm**

**Tuesday 13th March 2018**

**Business Meeting—no guest speaker**

**Duty Rotarians: John Goodship & John Hutton**

### Last Week's Speaker: Eva Alcerreca

The Club was privileged to have a 'My Job/My Life' talk from one of our most youthful members, Eva Alcerreca at the 6th March meeting.

Eva first outlined some key statistics of her home country - Mexico - which is over 8 times bigger than the UK and where there are (at least) 68 indigenous languages in addition to Spanish.

The importance of family life was lovingly described by Eva with parents, 2 sisters and extended relations, and she provided a timeline of the various towns and cities where she had grown up.

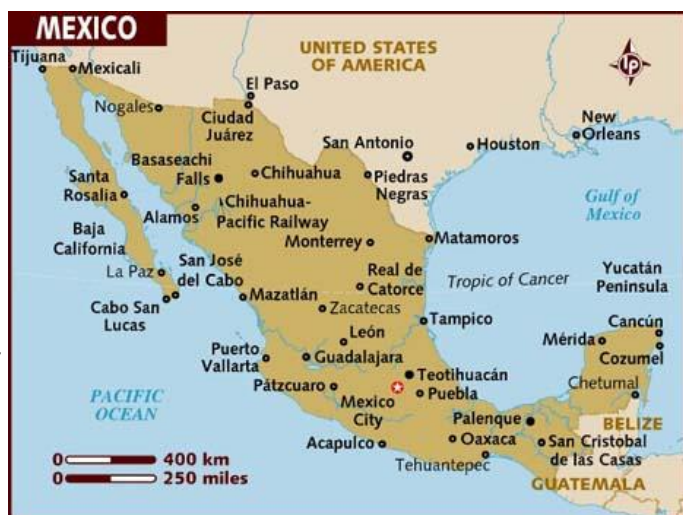
Eva focussed her talk on the principal pillars of her life... one of which was Interact / then Rotaract which led her to becoming a Rotarian like her parents before her... and talked of the friendships and fulfilment from community service that the Rotary movement had brought her.

Another life pillar (following on from BA's in Graphic Design and Anthropology) is her work as a Graphic Designer - now freelancing - with supplementary engagements as an interpreter and translator. The story would not be complete without mention of her recent marriage to Matthew Drown... surely a pillar for life.

A lively Q & A session ensued reflecting keen interest in Eva's talk, and Club members were delighted to hear that Eva is well on her way to securing a permanent residence visa in the UK.

Viva Eva !

Mark Harrison.



# Tuesday Rotary Meeting Programme

(lunchtime meetings start 12.55pm)

*Widows of former members are welcome to all evening and additional events.*

*(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)*

<b>NEXT WEEK</b> 20th March	<b>Norman Lloyd</b> — <i>“St Elizabeth Hospice Elephant Trail”</i> Duty Rotarians: Dick Jeffery & Steve Jones
27th March	<b>David Falk</b> — <i>SCC Green Access Officer “Suffolk Walking Festival”</i> Duty Rotarians: Matt Kennington & Satish Khanna
3rd April	<b>Peter Rowe</b> — <i>Artistic Director New Wolsley Theatre, on the forthcoming production “Our Blue Heaven”</i> Duty Rotarians: Andy Lewis & Ian Lord
10th April	<b>Business Meeting (no speaker)</b> Duty Rotarians: Ross Lunney & Stephanie Mackentyre
17th April	tba Duty Rotarians: George McLellan & Peter Moss
24th April	tba Duty Rotarians: Mark Murphy & Ed Nicholls
1st May	tba Duty Rotarians: Bob Parker & Stafford Patient
8th May	<b>Business Meeting (no speaker)</b> Duty Rotarians: Bill Pipe & Richard Porter
15th May	tba Duty Rotarians: Toby Pound & Geoff Ramsdale
22nd May	tba Duty Rotarians: John Riches & Clare Richards
29th May	<b>FIFTH TUESDAY MEETING (tba)</b> Duty Rotarians: (not required)

**NEW!**

## LUNCHTIME MENU

**NEW!**

13th March : Roast Chicken with Vegetables

20th March : Cajun Pork with BBQ Sauce & Parmentier Potatoes,

27th March : Chicken Curry with Rice and Naan Bread

# IPSWICH EAST ROTARY CLUB ROLLING DIARY

This table shows events other than regular weekly meetings.  
 The name of the lead Rotarian for each event is shown in brackets.  
 (Inner Wheel Events are shown in black italic type on a pale blue background)

<i>Inner Wheel</i> <b>Friday 16th March</b>	<b>Inaugural Dinner Anniversary—Hintlesham Golf Club</b> 7pm for 7.30pm sit down, Black tie event, Music by Stephanie Mackentyre and Steve Rhodes (vocal instrumental duo) <i>Book via Karen Finch</i>
<i>Inner Wheel</i> <b>Tuesday, 3rd April</b>	<b>Rachel Sloane—‘At Sea With Fred’ - Ipswich &amp; Suffolk Club</b>
<i>Inner Wheel</i> <b>Friday 6th April</b>	<b>Gin event with the 'Gin Lord' on Friday 6th April.</b> Limited tickets £20 per head to include five gins and pairing food. More details to follow all enquiries direct to Karen Finch
<b>Saturday 14th April</b>	<b>‘Know your Blood Pressure’ - Stroke Awareness, Waitrose Futura Park</b> <i>(Jo Banthorpe)</i>
<b>April/May</b>	<b>Senior Citizens’ Quiz</b> <i>(Sarah Waterson, Ian Lord, Norman Haines)</i>
<i>Inner Wheel</i> <b>Tuesday, 1st May</b>	<b>Wayne Burns—Leiston Film Theatre—Ipswich &amp; Suffolk Club</b>
<b>Wednesday 2nd May</b>	<b>Annual Charity Golf Day—Felixstowe Ferry Golf Club</b> <i>(Chris Harrall)</i>
<b>Wednesday 9th May</b>	<b>Visit to New Wolsey Theatre—“Our Blue Heaven”</b> <i>Dramatic celebration of 40th Anniversary of Ipswich Town winning the FA Cup</i> <i>(Clare Richards)</i>
<b>Sunday 20th May</b>	<b>Sports Taster Day (with Inspire Suffolk)</b> <i>(John Button)</i>
<i>Inner Wheel</i> <b>Tuesday, 5th June</b>	<b>Annual General Meeting—Ipswich &amp; Suffolk Club</b>
<b>Wednesday 6th June</b>	<b>BBQ for people with Learning Difficulties, Mencap</b> <i>(Jack Earwaker)</i>
<b>Sunday 17th June</b>	<b>The Orwell Challenge (Orwell Walk, Run &amp; Cycle)</b> <i>(John Button)</i>
<b>Tuesday 26th June</b>	<b>Presidential Handover—Sproughton Tithe Barn</b> <i>(David Chittick)</i>
<i>Inner Wheel</i> <b>Tuesday, 3rd July</b>	<b>Inner Wheel Presidential Handover</b>
<b>Friday 13th July</b>	<b>Annual Bowls Match versus Westerfield (at Westerfield)</b>
<b>Friday 20th July</b>	<b>President’s Barbeque—Waldringfield Sailing Club</b> <i>(David Chittick)</i>
<b>July/August (tba)</b>	<b>KidsOut; STARS</b> <i>(Jo Banthorpe, Chris Banham)</i>
<b>Wednesday 29th August— Wednesday 5th September</b>	<b>Twining Visit of our friends from RC Ipswich Mass</b> <i>—book the date: more information will be released nearer the time</i> <i>(International Committee)</i>
<b>Wednesday 26th September</b>	<b>Senior Citizens’ Concert</b> <i>(Andy Lewis, David Knights, Chris Banham)</i>



# The Rotary Club of Ipswich East



Registered Charity No. 1088961

## In aid of Fresh Start SPONSORED CHARITY GOLF TOURNAMENT

**WEDNESDAY 2<sup>nd</sup> MAY 2018—FELIXSTOWE FERRY GOLF CLUB**

The Rotary Club of Ipswich East is again holding its annual Sponsored Charity Golf Tournament at Felixstowe Ferry Golf Club.

In addition to providing a most enjoyable day for all of the participants, the Rotary Club will again be seeking to raise a considerable sum for charity. The chosen charity this year is **Fresh Start**.

As usual, there will be a number of prizes to be won, by teams and individuals including a sponsor's prize. We will also be continuing our ever popular tombola.

Sponsors will have the opportunity to sponsor one of the 18 holes and display their own advertising material around the relevant tee or green. There is also the opportunity to display items elsewhere in the golf club by prior arrangement. The cost of sponsoring a hole is £100.

Felixstowe Ferry Golf Club will provide all participants with an excellent fish and chip meal, served between 12noon and 7pm and this is included within the entry fee which also includes coffee and a bacon roll on arrival.

The entry fee for a team of three persons, including fish and chips, is **£195**. If you are unable to enter a team but would still like to support the event, please feel free to be a sponsor only, in the knowledge that your money is going to a very deserving cause.

To those of you who have supported this event in the past, we thank you for your support and look forward to seeing you again this year. If you have not attended before, you will be most welcome.

To confirm your team entry and/or sponsorship, please complete the enclosed application form as soon as possible.

Yours sincerely

**Chris Harrall**

Fundraising Committee

Tel 01473 726655 or 07967 976778

chrish@charrallassoc.com

14 Penshurst Road, Ipswich, Suffolk IP3 8QY



Charity Presentation Evening  
 Diss Corn Hall  
 May 1st 2018 at 7:30pm

**Rotary**   
 Club of Diss Waveney



# Today's Royal Navy

Diss Waveney Rotary offers all D1080 Rotarians a unique opportunity to get "up close and personal" with Royal Navy personnel and hear about the changing role of that service in the modern world as it combats piracy off the coast of East Africa and people smuggling in the Mediterranean. The Royal Navy Presentation Team will be giving a special audio-visual display on their work as well as providing stories from those with personal experience of active service. There will be a Q&A session to follow. This programme is not usually available to the general public. Order your tickets immediately as numbers are limited.

Tickets at £10 each can be ordered via:  
[info@disswaveneyrotary.org.uk](mailto:info@disswaveneyrotary.org.uk)  
 or 01379 643482

Because of some disturbing content, nobody under the age of 18 will be admitted



**Rotary Club of Felixstowe**  
*(in conjunction with ENGLAND BOXING)*  
 is pleased to present their fifth

# CHARITY BOXING DINNER

*in support of community charities*



Venue:  
 Brackenbury Sports Centre,  
 Felixstowe  
 on Friday 18th May 2018



£500 for a table of 10  
 Individual seats are available at £50 per person  
 Bout Sponsorship and Programme Sponsorship also available

Price includes a splendid three course meal and  
 A MINIMUM OF 10 QUALITY AMATEUR BOXING BOUTS  
 AND SUBJECT TO SUCCESSFUL COMPLETION OF  
 NATIONAL QUALIFYING WILL ALSO FEATURE

## THE UNDER 18 NATIONAL CHAMPIONSHIP BELT

SPONSORED BY THE ROTARY CLUB OF FELIXSTOWE

ALL BOUTS LICENCED AND ADMINISTERED BY ENGLAND BOXING UNDER OFFICIAL AIBA RULES  
 Fully Licenced bar with waiter service



For reservations please contact  
 Mandy Tyler - [mandy@beatons.co.uk](mailto:mandy@beatons.co.uk) Phone: 01473 659777  
 Andy Miller - [andy.miller98@yahoo.co.uk](mailto:andy.miller98@yahoo.co.uk) Mobile: 07736564110  
 or contact us through our website  
<http://www.felixstowerotaryclub.org/charity-boxing-dinner>