

Rotary



ROTARY:
MAKING A
DIFFERENCE

LOOKS EAST

The Weekly Newsletter of The Rotary Club of Ipswich East
Edition 10-2018 - 6th March 2018

Club website : www.ipswicheastrotyclub.co.uk
Orwell Walk Website: www.orwellwalk.co.uk/orwell-walk-and-cycle.aspx
Facebook page: www.facebook.com/IpswichEastRotaryClub
Charity Number: 1088961

CLUB OFFICERS

President: Nigel Farthing
President Elect: David Knights
Vice President: Liz Harsant
Secretary: Tony Baker
Asst Secretary: Martin Westlake
Treasurer: Neil Hewitt

March Birthdays



Martin Westlake
Ed Nicholls
Steve Runnacles
Allan Gosling
Clare Richards

Lunchtime Meeting at Greshams—bell rings at 12.55pm

Tuesday 6th March 2018

Eve Alcerrecca “My Job”

Duty Rotarians: Norman Haines & Mark Harrison

Last Week's Speaker: Norma Howell—Medical Detection Dogs

Norma was an excellent speaker who told us that the charity was founded in 2008 and is now based in Milton Keynes.

They train two types of dogs all based on the powerful scenting ability of dogs, the first type is to be able to detect minute odours associated with many types of cancers and other disease this is done with patients sample urine.

The second area of training is for alert assistance dogs who live with individuals with complex health conditions mainly type 1 diabetes the dogs are trained to identify minute odour changes emitted prior to an emergency and alert the person to take preventative action.

The second type of dog is of enormous help with young children as the dog is on duty 24/7. At present there are about 100 dogs trained in the UK.

Allan Gosling

More information on Medical Detections Dogs at: <https://www.medicaldetectiondogs.org.uk/>

(photo: Liz Harsant)



Medical
Detection Dogs

Tuesday Rotary Meeting Programme

(lunchtime meetings start 12.55pm)

Widows of former members are welcome to all evening and additional events.

(Duty Rotarians are requested to make their own swaps and inform the Secretary and Newsletter Editor)

NEXT WEEK	Business Meeting (no speaker)	<i>Duty Rotarians: John Goodship & John Hutton</i>
13th March		
20th March	Norman Lloyd—“St Elizabeth Hospice Elephant Trail”	<i>Duty Rotarians: Dick Jeffery & Steve Jones</i>
27th March	David Falk—SCC Green Access Officer “Suffolk Walking Festival”	<i>Duty Rotarians: Matt Kennington & Satish Khanna</i>
3rd April	Peter Rowe—Artistic Director New Wolsey Theatre, on the forthcoming production “Our Blue Heaven”	<i>Duty Rotarians: Andy Lewis & Ian Lord</i>
10th April	Business Meeting (no speaker)	<i>Duty Rotarians: Ross Lunney & Stephanie Mackentyre</i>
17th April	tba	<i>Duty Rotarians: George McLellan & Peter Moss</i>
24th April	tba	<i>Duty Rotarians: Mark Murphy & Ed Nicholls</i>
1st May	tba	<i>Duty Rotarians: Bob Parker & Stafford Patient</i>
8th May	Business Meeting (no speaker)	<i>Duty Rotarians: Bill Pipe & Richard Porter</i>
15th May	tba	<i>Duty Rotarians: Toby Pound & Geoff Ramsdale</i>
22nd May	tba	<i>Duty Rotarians: John Riches & Clare Richards</i>
29th May	FIFTH TUESDAY MEETING (tba)	<i>Duty Rotarians: (not required)</i>

NEW!

LUNCHTIME MENU

NEW!

6th March : Cumberland Sausage with New Potatoes and Vegetables

13th March : Roast Chicken with Vegetables

20th March : Cajun Pork with BBQ Sauce & Parmentier Potatoes,

IPSWICH EAST ROTARY CLUB ROLLING DIARY

This table shows events other than regular weekly meetings.
 The name of the lead Rotarian for each event is shown in brackets.
 (Inner Wheel Events are shown in black italic type on a pale blue background)

<i>Inner Wheel</i> Tuesday, 6th March	Gillian Smith—District 8 Chairman—Ipswich & Suffolk Club
<i>Inner Wheel</i> Friday 16th March	Inaugural Dinner Anniversary—Hintlesham Golf Club 7pm for 7.30pm sit down, <i>Black tie event, Music by Stephanie Mackentyre and Steve Rhodes (vocal instrumental duo)</i> <i>Book via Karen Finch</i>
<i>Inner Wheel</i> Tuesday, 3rd April	Rachel Sloane—‘At Sea With Fred’ - Ipswich & Suffolk Club
<i>Inner Wheel</i> Friday 6th April	Gin event with the 'Gin Lord' on Friday 6th April. Limited tickets £20 per head to include five gins and pairing food. More details to follow all enquiries direct to Karen Finch
Saturday 14th April	‘Know your Blood Pressure’ - Stroke Awareness, Waitrose Futura Park (Jo Banthorpe)
April/May	Senior Citizens’ Quiz (Sarah Waterson, Ian Lord, Norman Haines)
<i>Inner Wheel</i> Tuesday, 1st May	Wayne Burns—Leiston Film Theatre—Ipswich & Suffolk Club
Wednesday 2nd May	Annual Charity Golf Day—Felixstowe Ferry Golf Club (Chris Harrall)
Wednesday 9th May	Visit to New Wolsey Theatre—“Our Blue Heaven” <i>Dramatic celebration of 40th Anniversary of Ipswich Town winning the FA Cup</i> (Clare Richards)
Sunday 20th May	Sports Taster Day (with Inspire Suffolk) (John Button)
<i>Inner Wheel</i> Tuesday, 5th June	Annual General Meeting—Ipswich & Suffolk Club
Wednesday 6th June	BBQ for people with Learning Difficulties, Mencap (Jack Earwaker)
Sunday 17th June	The Orwell Challenge (Orwell Walk, Run & Cycle) (John Button)
Tuesday 26th June	Presidential Handover—Sproughton Tithe Barn (David Chittick)
<i>Inner Wheel</i> Tuesday, 3rd July	Inner Wheel Presidential Handover
Friday 13th July	Annual Bowls Match versus Westerfield (at Westerfield)
Tuesday 20th July	President’s Barbeque—Waldringfield Sailing Club (David Chittick)
July/August (tba)	KidsOut; STARS (Jo Banthorpe, Chris Banham)
Wednesday 29th August— Wednesday 5th September	Twinning Visit of our friends from RC Ipswich Mass <i>—book the date: more information will be released nearer the time</i> (International Committee)
Wednesday 26th September	Senior Citizens’ Concert (Andy Lewis, David Knights, Chris Banham)



The Rotary Club of Ipswich East



Registered Charity No. 1088961

In aid of Fresh Start SPONSORED CHARITY GOLF TOURNAMENT

WEDNESDAY 2nd MAY 2018—FELIXSTOWE FERRY GOLF CLUB

The Rotary Club of Ipswich East is again holding its annual Sponsored Charity Golf Tournament at Felixstowe Ferry Golf Club.

In addition to providing a most enjoyable day for all of the participants, the Rotary Club will again be seeking to raise a considerable sum for charity. The chosen charity this year is **Fresh Start**.

As usual, there will be a number of prizes to be won, by teams and individuals including a sponsor's prize. We will also be continuing our ever popular tombola.

Sponsors will have the opportunity to sponsor one of the 18 holes and display their own advertising material around the relevant tee or green. There is also the opportunity to display items elsewhere in the golf club by prior arrangement. The cost of sponsoring a hole is £100.

Felixstowe Ferry Golf Club will provide all participants with an excellent fish and chip meal, served between 12noon and 7pm and this is included within the entry fee which also includes coffee and a bacon roll on arrival.

The entry fee for a team of three persons, including fish and chips, is **£195**. If you are unable to enter a team but would still like to support the event, please feel free to be a sponsor only, in the knowledge that your money is going to a very deserving cause.

To those of you who have supported this event in the past, we thank you for your support and look forward to seeing you again this year. If you have not attended before, you will be most welcome.

To confirm your team entry and/or sponsorship, please complete the enclosed application form as soon as possible.

Yours sincerely

Chris Harrall

Fundraising Committee

Tel 01473 726655 or 07967 976778

chrish@charrallassoc.com

14 Penshurst Road, Ipswich, Suffolk IP3 8QY



Charity Presentation Evening
Diss Corn Hall
May 1st 2018 at 7:30pm

Rotary 
Club of Diss Waveney



Today's Royal Navy

Diss Waveney Rotary offers all D1080 Rotarians a unique opportunity to get "up close and personal" with Royal Navy personnel and hear about the changing role of that service in the modern world as it combats piracy off the coast of East Africa and people smuggling in the Mediterranean. The Royal Navy Presentation Team will be giving a special audio-visual display on their work as well as providing stories from those with personal experience of active service. There will be a Q&A session to follow. This programme is not usually available to the general public. Order your tickets immediately as numbers are limited.

Tickets at £10 each can be ordered via:
info@disswaveneyrotary.org.uk
or 01379 643482

Because of some disturbing content, nobody under the age of 18 will be admitted



Rotary Club of Felixstowe
(in conjunction with ENGLAND BOXING)
is pleased to present their fifth



CHARITY BOXING DINNER

in support of community charities



Venue:
Brackenbury Sports Centre,
Felixstowe
on Friday 18th May 2018



£500 for a table of 10
Individual seats are available at £50 per person
Bout Sponsorship and Programme Sponsorship also available

Price includes a splendid three course meal and
A MINIMUM OF 10 QUALITY AMATEUR BOXING BOUTS
AND SUBJECT TO SUCCESSFUL COMPLETION OF
NATIONAL QUALIFYING WILL ALSO FEATURE

THE UNDER 18 NATIONAL CHAMPIONSHIP BELT

SPONSORED BY THE ROTARY CLUB OF FELIXSTOWE

ALL BOUTS LICENCED AND ADMINISTERED BY ENGLAND BOXING UNDER OFFICIAL AIBA RULES
Fully Licenced bar with waiter service



For reservations please contact
Mandy Tyler - mandy@beatons.co.uk Phone: 01473 659777
Andy Miller - andy.miller98@yahoo.co.uk Mobile: 07736564110
or contact us through our website
<http://www.felixstowerotaryclub.org/charity-boxing-dinner>